

CURRICULUM VITAE

Name: Moksnes, Unni Karin
Date of birth: 23.06.1981
Nationality: Norwegian
Address: Department of Public Health and Nursing, NTNU, Mauritz Hansens gt 2 N-7030, Trondheim, Norway
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EDUCATION

2018 Course in quantitative methods/statistics, NTNU
2016 Course in Professional development (Høgskolepedagogikk) NTNU
2007-2011 Ph.D. Health Science, Department of Social Work and Health Sciences, NTNU
2004-2006 Master Health Science, Department of Social Work and Health Sciences (ISH), NTNU
2001-2004 Bachelor Nursing, Faculty of Nursing, Sør-Trøndelag University College
2000-2001 Elementary course in psychology, NTNU

Current Position

2020 – 2021 Professor Department of Public Health and Nursing, NTNU

Previous positions held

2018 - 2021 Professor 20% at Nord University
2011-2020 Associate professor Department of Public Health and Nursing, NTNU / Sør-Trøndelag University College
2006-2007 Trondheim municipality, Nidarvoll nursing home, RN
2004-2006 St.Olavs Hospital Medical unit (nursing student and RN, summer work position)
2000-2005 Frosta municipality, nursing home (assistant)

MOBILITY

2009/2012 Australian National University, School of Psychology; PhD-candidate and academic visitor

PROJECT MANAGEMENT EXPERIENCE

2024 –2027 Partaking as a co-researcher with advise in Horizon EU-project Augmented Social Play Belong. The projects focus on implementing a full-scale Augmented Social Play intervention, to the point of readiness for widescale deployment in schools. The team comprises 11 partner organizations across 6 countries, including universities and both technology and creative industries.

2021-> PhD project Quality of life and mental health in adolescents – loneliness, personal and contextual factors – funding from NTNU

2015-2020 Norwegian Research Council: Health Promotion Worthwhile- Reorienting community health care services project 238331: Project leader for work-package focussing on

universal health promotion work in upper secondary school, main supervisor for 2 PhD-candidates.

2012-2015 Project grant from Sør-Trøndelag University College – project leader

SUPERVISION OF GRADUATE STUDENTS AND RESEARCH FELLOWS

2021 ----	1	PhD-candidate	Quality of life and mental health in adolescents – loneliness, personal and contextual factors – funding from NTNU – project leader
2016-2019	2	Ph.D-candidates (main supervisor)	Norwegian University of Science and Technology, Department of Public Health and Nursing /NTNU Centre for Health Promotion Research
2015-2019	1	Ph.D.-candidate (co-supervisor)	Norwegian University of Science and Technology, Department of Public Health and Nursing /NTNU Centre for Health Promotion Research
2019-2021	1	Postdoc (co-supervisor, part of project group)	Norwegian University of Science and Technology, Department of Public Health and Nursing
2012-2021	20	Master`s	Norwegian University of Science and Technology, Department of Public Health and Nursing / Department of Health Sciences
2011-2021	100	Bachelor`s	Norwegian University of Science and Technology, Department of Public Health and Nursing

INSTITUTIONAL RESPONSIBILITIES

2022	Evaluation committee for promotion to full professor
2020-2021	Administrator of evaluation committees PhD-thesis NTNU
2019	External examiner PhD-thesis, Faculty of Sport and Health Sciences, University of Jyväskylä
2011-2021	Examinator of Master theses and Bachelor theses, Norwegian University of Science and Technology

COMMISSIONS OF TRUST IN ACADEMIC, PUBLIC OR PRIVATE ORGANISATIONS

2023	Member of The Royal Norwegian Society of Sciences and Letters
2023	Member of scientific advisory board: Hjerter og Smerte: Barn og unge med langvarig primær smerte (Fysioterapifondet)
2021	National Norwegian Representative of the UNESCO Chair Global Health & Education
2020/21	Member of reference group for the Norwegian Directorate of Health regarding guidelines for public mental health in adolescents 2020
2009-2014	Leader of the research area “Health promotion in the life course” in NTNU Centre for Health Promotion Research
2015-2016	Medical University of Warsaw (MUW) – Board member and part of an expert group for the project ` Cultural adaptation and psychosocial support for international student project`

2012-2018 Member of the scientific board and conference committee on the research conference
IUHPE European Conference and International Forum for Health Promotion Research,
Trondheim

Research area

My research area is mainly mental health and wellbeing/quality of life in adolescents and the role of personal and social factors such as stress, self-esteem, resilience, self-efficacy and sense of coherence. Research is placed within public health and health promotion, where the salutogenic perspective is relevant. I have also worked on psychometric validation.

Scientific articles

Strand LB; Eilertsen ME; Moksnes UK; André B. Nursing Students' Experiences on Psychosocial Learning Environment, Personal and Social Challenges and Communication in Periods of Social Isolation: A Qualitative Study. *INQUIRY (INQ)* 2024 ;Volum 61.

Moksnes UK; Innstrand ST; Lazarewicz MA; Espnes GA. The Role of Stress Experience and Demographic Factors for Satisfaction with Life in Norwegian Adolescents: Cross-Sectional Trends over a Ten-Year Period. *International Journal of Environmental Research and Public Health (IJERPH)* 2023 ; Volum 20.

Parlikar ND; Kvaløy K; Strand LB Espnes GA; Moksnes UK. Loneliness in the Norwegian adolescent population: prevalence trends and relations to mental and self-rated health. *BMC Psychiatry* 2023; Volum 23.(1)

Moksnes UK, Bjørnsen HN, Ringdal R, Eilertsen MB, Espnes GA. Association between loneliness, self-esteem and outcome of life satisfaction in Norwegian adolescents aged 15-21. *Scand J Public Health*. 2022 Dec;50(8):1089-1096. doi: 10.1177/14034948221081287.

Moksnes UK, Bjørnsen HN, B Eilertsen ME, Espnes GA. The role of perceived loneliness and sociodemographic factors in association with subjective mental and physical health and well-being in Norwegian adolescents. *Scand J Public Health*. 2022 Jun;50(4):432-439. doi: 10.1177/1403494821997219.

Moksnes UK, Espnes GA. Sense of Coherence in Association with Stress Experience and Health in Adolescents. *Int J Environ Res Public Health*. 2020 Apr 26;17(9):3003. doi: 10.3390/ijerph17093003.

Ringdal, Regine; Bjørnsen, Hanne Nissen; Espnes, Geir Arild; Eilertsen, Mary-Elizabeth B; Moksnes, Unni Karin. Bullying, social support and adolescents' mental health: Results from a follow-up study. *Scandinavian Journal of Public Health* 2020

Ringdal, Regine; Espnes, Geir Arild; Eilertsen, Mary-Elizabeth B; Bjørnsen, Hanne Nissen; Moksnes, Unni Karin. Social Support, Bullying, School-related Stress and Mental Health in Adolescence. *Nordic Psychology* 2020 ;Volum 72.(4) s. 313-330

Moksnes, U.K.; Reidunsdatter, R.J. Self-esteem and mental health in adolescents - level and stability during a school year. *Norsk Epidemiologi* 2019 ;Volum 28.(1-2) s. 59-67

Vegsund, Hilde Kristin; Reinfjell, Trude; Moksnes, Unni Karin; Wallin, A. E.; Hjemdal, Odin; Eilertsen, Mary-Elizabeth B. Resilience as a predictive factor towards a healthy adjustment to grief after the loss of a child to cancer. *PLOS ONE* 2019; Volum 14.(3) NTNU

Bjørnsen, Hanne Nissen; Ringdal, Regine; Espnes, Geir Arild; Eilertsen, Mary-Elizabeth B; Moksnes, Unni Karin. Exploring MEST: a new universal teaching strategy for school health services to promote positive

mental health literacy and mental wellbeing among Norwegian adolescents. BMC Health Services Research 2018; Volum 18. NTNU

Moksnes, Unni Karin; Eilertsen, Mary-Elizabeth B; Ringdal, Regine; Bjørnsen, Hanne Nissen; Rannestad, Toril. Life satisfaction in association with self-efficacy and stressor experience in adolescents – self-efficacy as a potential moderator. Scandinavian Journal of Caring Sciences 2018 s. 1-9. NTNU

Vegsund, Hilde Kristin; Rannestad, Toril; Reinfjell, Trude; Moksnes, Unni Karin; Wallin, Alexandra Eilegård; Eilertsen, Mary-Elizabeth B. Translation and linguistic validation of a swedish study-specific questionnaire for use among Norwegian parents who lost a child to cancer. Social Sciences 2018; Volum 7:187.(10) s. 1-18

Bjørnsen, Hanne Nissen; Eilertsen, Mary-Elizabeth B; Ringdal, Regine; Espnes, Geir Arild; Moksnes, Unni Karin. Positive mental health literacy: development and validation of a measure among Norwegian adolescents. BMC Public Health 2017; Volum 17(1) NTNU

Bjørnsen, Hanne Nissen; Espnes, Geir Arild; Eilertsen, Mary-Elizabeth B; Ringdal, Regine; Moksnes, Unni Karin. The Relationship Between Positive Mental Health Literacy and Mental Well-Being Among Adolescents: Implications for School Health Services. Journal of School Nursing 2017; Volum 35.(2) s. 107-116 NTNU

Moksnes, Unni Karin; Espnes, Geir Arild. Stress, sense of coherence and subjective health in adolescents aged 13-18 years. Scandinavian Journal of Public Health 2017; Volum 45.(4) s. 397-403

Moksnes, Unni Karin; Haugan, Gørill. Validation of the Resilience Scale for Adolescents in Norwegian adolescents 13 - 18 years. Scandinavian Journal of Caring Sciences 2017; Volum 32.(1) s. 430-440, NTNU

Moksnes, Unni Karin; Lazarewicz, Magdalena Anna. The association between stress, resilience, and emotional symptoms in Norwegian adolescents from 13 to 18 years old. Journal of Health Psychology 2017; Volum 24.(8) s. 1093-1102 NTNU

Ringdal, Regine; Eilertsen, Mary-Elizabeth B; Bjørnsen, Hanne Nissen; Espnes, Geir Arild; Moksnes, Unni Karin. Validations of two versions of the Warwick-Edinburgh Mental Well-Being Scale among Norwegian adolescents. Scandinavian Journal of Public Health 2017; Volum 46.(7) s. 718-725 NTNU

Haugan, Gørill; Moksnes, Unni Karin; Løhre, Audhild. Intrapersonal self-transcendence, meaning-in-life and nurse–patient interaction: powerful assets for quality of life in cognitively intact nursing-home patients. Scandinavian Journal of Caring Sciences 2016; Volum 30.(4) s. 790-801 NTNU

Moksnes, Unni Karin; Eilertsen, Mary-Elizabeth Bradley; Lazarewicz, Magdalena Anna. The association between stress, self-esteem and depressive symptoms in adolescents. Scandinavian Journal of Psychology 2016; Volum 57.(1) s. 22-29 NTNU

Moksnes, Unni Karin; Lazarewicz, Magdalena Anna. The association between self-esteem and sense of coherence in adolescents aged 13–18 years—The role of sex and age differences. Personality and Individual Differences 2016; Volum 90. s. 150-154 NTNU

Kvande, Marianne Nilsen; Kløckner, Christian; Moksnes, Unni Karin; Espnes, Geir Arild. Do Optimism and Pessimism Mediate the Relationship between Religious Coping and Existential Well-Being? Examining Mechanisms in a Norwegian Population Sample. The international journal for the psychology of religion 2015; Volum 25.(2) s. 130-151 NTNU

Moksnes, Unni Karin; Haugan, Gørill. Stressor experience negatively affects life satisfaction in adolescents - the positive role of sense of coherence. Quality of Life Research 2015 ;Volum 24.(10) s. 2473-2481 NTNU

Kvande, M. N., Klöckner, C.A., Moksnes, U.K., & Espnes, G. A. (2014). Do Optimism and Pessimism Mediate the Relationship between Religious Coping and Existential Well-Being? Examining Mechanisms in a

Norwegian Population Sample. *International Journal for the Psychology of Religion*, 25, 130-151.
<https://doi.org/10.1080/10508619.2014.892350>

Moljord, I.E.O., Moksnes, U.K., Espnes, G.A., Hjemdal, O., & Eriksen, L. (2014). Physical activity, resilience, and depressive symptoms in adolescence. *Mental Health & Physical Activity*, 7, 79-85.
<https://doi.org/10.1016/j.mhpa.2014.04.001>

Moksnes, U.K. & Espnes, G.A., & Haugan, G. (2014). Stress, sense of coherence and emotional symptoms in adolescents. *Psychology & Health*, 29, 32-49. doi: 10.1080/08870446.2013.822868

Moksnes, U.K. & Haugan, G. (2014). Validation of the Orientation to Life Questionnaire in Norwegian Adolescents. Construct Validity Across Samples. *Social Indicators Research*, 119, 1105-1120. DOI 10.1007/s11205-013-0536-z

Moksnes, U.K., Løhre, A. Byrne, D.G., & Haugan, G. (2014). Satisfaction with life in adolescents: Evaluation of the factor structure in a Norwegian sample. *Social Indicators Research*. 118, 657-671.
<https://doi.org/10.1007/s11205-013-0451-3>

Moksnes, U.K. & Espnes, G.A. (2013). Self-esteem and life satisfaction in adolescents-gender and age as potential moderators. *Quality of Life Research*, 22, 2921-2928. DOI 0.1007/s11136-013-0427-4

Moksnes, U.K., Løhre, A., & Espnes, G.A. (2013). The association between sense of coherence and life satisfaction in adolescents. *Quality of Life Research*, 22, 1331-1338. doi: 10.1007/s11136-012-0249-9

Haugan, G., Utvær, B.K. & Moksnes, U.K. (2013). The Herth Hope Index - a psychometric study among cognitively intact nursing home patients. *Journal of Nursing Measurement*, 21, 378-400. DOI: 10.1891/1061-3749.21.3.378

Haugan, G., Moksnes, U.K., & Espnes, G.A. (2013). Nurse-patient-interaction: A resource for hope in cognitively intact nursing-home patients. *Journal of Holistic Nursing*, 31, 152-163. doi: 10.1177/0898010113491460

Haugan, G. & Moksnes, U.K. (2013). Meaning in life in nursing home patients: A validation study of the Purpose-in-Life test. *Journal of Nursing Measurement*, 21, 296-319. DOI: 10.1891/1061-3749.21.2.1

Haugan, G., Innstrand, S.T., Moksnes, U.K. (2013). The effect of nurse-patient-interaction on anxiety and depression in cognitively intact nursing home patients. *Journal of Clinical Nursing*, 22, 2192-2205. doi: 10.1111/jocn.12072

Løhre, A., Moksnes, U.K. & Lillefjell, M. (2013) Gender differences in predictors of school wellbeing. *Health Education Journal*. DOI: 10.1177/0017896912470822

Moksnes, U.K. & Espnes, G.A. (2012). Self-esteem and emotional health in adolescents - gender and age as a potential moderators. *Scandinavian Journal of Psychology*, 53, 483-489. doi: 10.1111/sjop.12021

Moksnes, U. K., Espnes, G.A., Lillefjell, M. (2012). Sense of coherence and emotional health in adolescents. *Journal of Adolescence*, 35, 433-441. <https://doi.org/10.1016/j.adolescence.2011.07.013>

Haugan, G., Hanssen, B., Moksnes, U.K. (2012). Self-Transcendence, Nurse-Patient-Interaction, and multidimensional well-being in cognitively intact nursing-home patients. *Scandinavian Journal of Caring Sciences*. doi: 10.1111/scs.12000. doi: 10.1111/scs.12000

Moksnes, U.K. & Espnes, G.A. (2011). Evaluation of the Norwegian version of the Adolescent Stress Questionnaire (ASQ-N): Factorial validity across samples. *Scandinavian Journal of Psychology*, 52, 601-608. doi: 10.1111/j.1467-9450.2011.00907

Moljord, I.E.O., Moksnes, U.K., Eriksen, L., & Espnes, G.A. (2011). Stress and happiness among adolescents with varying frequency of physical activity. *Perceptual and Motor Skills*, 113, 631-646.
10.2466/02.06.10.13.PMS.113.5.631-646

Moksnes, U.K. (2011). Stress and health in adolescents: The role of potential protective factors. PhD-Thesis, NTNU

Moksnes, U.K.; Byrne, D.; Mazanov, J.; Espnes, G.A. (2010) Adolescent stress: Evaluation of the factor structure of the Adolescent Stress Questionnaire (ASQ-N). *Scandinavian Journal of Psychology*; 51, 203-209.

Moksnes, U.K.; Moljord, I.E.Opheim; Espnes, G.A.; Byrne, D. (2010). Leisure time physical activity does not moderate the relationship between stress and psychological functioning in Norwegian adolescents. *Mental Health and Physical Activity* 3, 17-22

Moksnes, U.K.; Moljord, I.E.O; Espnes, G.A.; Byrne, D.G. (2010). The association between stress and emotional states in adolescents: The role of gender and self-esteem. *Personality and Individual Differences* 49, 430-435

Moksnes, U.K. Rannestad, T. Byrne, D. Espnes, G.A. (2011). The association between stress, sense of coherence and subjective health complaints in adolescents: Sense of coherence as a potential moderator. *Stress and Health*, 27, e157-e165

Scientific book chapters

Moksnes U.K. (2021). Psykisk helse og velvære hos ungdom – betydning av «opplevelse av sammenheng. I: God helse: kunnskap for framtidens kommunehelsetjeneste. Universitetsforlaget 2021 ISBN 978-82-15-04297-8. s. 226-244 NTNU

Moksnes, Unni Karin. Sense of Coherence. I: Health Promotion in Health Care - Vital Theories and Research. Springer Nature 2021 (In press).

Espnes, Geir Arild; Moksnes, Unni Karin; Haugan, Gørill. The overarching concept of salutogenesis in the context of health care. I: Health Promotion in Health Care - Vital Theories and Research. Springer Nature 2021 ISBN 978-3-030-63134-5. NORD NTNU

Espnes, G.A., Moksnes, U.K. & Byrne, D.G. (2017). The Type A Behavior Pattern. In: Cary L. Cooper & James Campbell Quick (Eds). *Handbook of Stress and Health: A Guide to Research and Practice*. John Wiley & Sons, Ltd.

Moksnes, U.K. & Espnes, G.A. Stress – Concepts, models and measures. (2016). In: M.A. Alvarenga & D.G. Byrne (Eds). *Handbook of Psychocardiology*. Springer Reference Ltd.

Moksnes, U.K. & Eilertsen, M.E.B. (2016). Resiliens. In: G. Haugan & T. Rannestad (Eds). *Helsefremming i spesialisthelsetjenesten*. Cappelen Damm Akademisk.

Moksnes, U.K. (2014). Opplevelse av sammenheng. In: G. Haugan & T. Rannestad (Eds). *Helsefremming i kommunehelsetjenesten*. Cappelen Damm Akademisk.

Non-scientific articles / popular-scientific articles, reports / presentations

Moksnes, Unni Karin. Helsedirektoratets Veiviser for psykisk helse og livskvalitet. Webinar lansering av veiviser; 2021-04-08 NTNU

Moksnes, Unni Karin; Holmen, Nina. Målretta helsefremmende folkehelsearbeid for å styrke elevenes helsekompetanse (MEST). Fra ung til voksen. Hvordan bidra til gode overganger?; 2019-10-30 - 2019-10-30 NTNU

Bjørnsen H.N., Ringdal R., Eilertsen M.E.B., Espnes G.A., Holmen, N.S., & Moksnes, U.K. (2018). Kunnskap kan gi ungdom bedre psykisk helse. Tidsskrift for helsesøstre. <https://doi.org/10.4220/Sykepleiens.2018.65075>

Moksnes, U.K. (2017). Self-esteem and mental health in adolescents. Tidsskrift for helsesøstre, 3, 16-21.

Bjørnsen, Hanne Nissen; Ringdal, Regine; Moksnes, Unni Karin. «Psykisk helse hos ungdom: Implementering og evaluering av en helsefremmende intervensjon utført av helsesøster i skolen. Fagdag om helsefremmende arbeid i skolen; 2015-09-18 NTNU

Moksnes, Unni Karin. Oppvekst og utdanning: «Psykisk helse hos ungdom: Implementering og evaluering av en helsefremmende intervensjon utført av helsesøster i skolen. Boardmøte senter for helsefremmende forskning; 2015-05-19 NTNU

Moksnes, Unni Karin. Psykisk helse hos ungdom. Debatt i biblioteket: "Bullshitfilteret"; 2015-11-10 NTNU

Moksnes, Unni Karin. Psykisk helse hos ungdom - betydning av mestringsressurser. Debatt i biblioteket: "Bullshitfilteret"; 2015-10-27 - 2015-10-27 NTNU

Moksnes, U.K. (2012). The role of resources and protective factors in relation to stress and health outcomes in adolescence. I: S.T. Innstrand (Ed). Health Promotion - Theory and Practise. Research Centre for Health Promotion and Resources HiST/NTNU. Norway: NTNU Print.

Research conferences

Krokstad, S.; Kvistad, K.; Sagmo, H.V.; Moksnes, U.K.; Bjørnsen, H.N.; Ytterhus, B. ABC for god psykisk helse kan heve befolkningens helsekompetanse.. Folkehelsekonferansen 2023. Sesjon: C2 Psykisk helse 2; 2023-09-20 - 2023-09-22

Moksnes, U.K. Stressorer i unges hverdagsliv med betydning for psykisk helse og livskvalitet - betydningen av personlige og sosiale mestringsressurser. Helsefremmende lokalsamfunn og bærekraftige helsetjenester for barn og unges psykiske helse; 2023-03-27 - 2023-03-27 NTNU

Parlikar, N.D.; Kvaløy, K.; Strand, L.B Espnes, G.A. Moksnes, U.K. Prevalence trends and the associations of loneliness in a Norwegian adolescent population over a 24-year period-The HUNT Study. World Congress of Public Health; 2023-05-02 - 2023-05-06 NTNU UiT

Moksnes, U.K. Ensomhet og helse hos ungdom. Verdensdagen for psykisk helse ved NTNU og St. Olavs hospital; 2022-10-18 NTNU

Moksnes, Unni Karin; Espnes, Geir Arild. The relations between sense of coherence (SOC), stress, socio-demographic factors and wellbeing in Norwegian adolescents 13-19 years. 6th International Conference on Salutogenesis; 2021-06-17 - 2021-06-18 NTNU

Moksnes, Unni Karin; Eilertsen, Mary-Elizabeth B; Ringdal, Regine; Bjørnsen, Hanne Nissen; Rannestad, Toril; Espnes, Geir Arild. Life satisfaction in association with self-efficacy and stressor experience in adolescents. Livskvalitet og psykisk helse. Nye perspektiver å folkehelse? Folkehelsekonferansen 2019; 2019-10-15 - 2019-10-16 NTNU

Haugan, Gørill; Moksnes, Unni Karin; Løhre, Audhild. Quality of life in cognitively intact nursing home patients. 5th Nursing Home Research - LONG-TERM CARE RESEARCH; 2018-09-13 - 2018-09-14 NTNU

Moksnes, Unni Karin. Stressor experience, self-esteem and mental health in adolescents. 7th European Conference on Mental Health; 2018-09-19 - 2018-09-21 NTNU

Espnes, Geir Arild; Moksnes, Unni Karin. COPE for youth - Universal mental health promoting action in school. Annual convention for inclusive growth; 2017-04-24 - 2017-04-24 NTNU

Espnes, Geir Arild; Moksnes, Unni Karin. Theoretical and methodological basis of Health promotion Research: The way forward. The costs and fragmentation of HP-Research seen from a young HP-researchers`view.. European Public Health Conference; 2017-10-31 - 2017-11-02 NTNU

Moksnes, Unni Karin; Espnes, Geir Arild. European Network for Health Promotion Research. Now? Why and how? EPH Conference; 2017-11-01 - 2017-11-03 NTNU

Bauer, Georg F.; Moksnes, Unni Karin; Pelikan, Jurgen M.; Espnes, Geir Arild. Workshop of the future of salutogenesis as theory for health promotion – 30 years after the Ottawa Charter (on behalf of the seven Editors of the Handbook on Salutogenesis: M Mittelmark, G Bauer, G Espnes, M Eriksson, B Lindstrom, J Pelikan, S Sagy. 22nd IUHPE World Conference on Health Promotion; 2016-05-22 - 2016-05-26 NTNU

Bjørnsen, Hanne Nissen; Eilertsen, Mary Elizabeth; Espnes, Geir Arild; Moksnes, Unni Karin. Mental Health Literacy in Health Promotion. 8th Nordic Health Promotion Research Conference; 2016-06-20 - 2016-06-22 NTNU

Bjørnsen, Hanne Nissen; Ringdal, Regine; Espnes, Geir Arild; Moksnes, Unni Karin. Assessing Adolescents' Knowledge of Factors Promoting Mental Health. International Forum; 2016-09-28 - 2016-09-30 NTNU

Espnes, Geir Arild; Eilertsen, Mary-Elizabeth B; Moksnes, Unni Karin; Vegsund, Hilde Kristin; Bjørnsen, Hanne Nissen; Ringdal, Regine; Grønning, Kjersti; Bratås, Ola; Sagsveen, Espen; Nøst, Torunn Hatlen; Andre, Beate; Haugan, Gørill; Grødal, Karoline; Rinnan, Eva; Rannestad, Toril. Health Promotion –Worthwhile?. Fusjonseminar; 2016-11-10 - 2016-11-11 NTNU

Espnes, Geir Arild; Moksnes, Unni Karin. Happiness as a value and principle of health promotion. 22nd IUHPE World Conference on Health Promotion; 2016-05-22 - 2016-05-26 NTNU

Moksnes, Unni Karin; Bjørnsen, Hanne Nissen; Ringdal, Regine; Espnes, Geir Arild. Satisfaction with life in adolescents in secondary high school. The role of stress and resilience. Health Promotion Research- An International Forum; 2016-09-28 - 2016-09-30 NTNU

Moksnes, Unni Karin; Espnes, Geir Arild. Stress, resilience and depressive symptoms in adolescents. 8th Nordic Health Promotion Research Conference; 2016-06-20 - 2016-06-22 NTNU

Moksnes, Unni Karin; Ringdal, Regine; Bjørnsen, Hanne Nissen; Vegsund, Hilde Kristin; Eilertsen, Mary-Elizabeth Bradley; Espnes, Geir Arild. Mental Health promotion: Reorienting school health care services - Focus on adolescents and families. Work-shop. 8th Nordic Health Promotion Research Conference; 2016-06-20 - 2016-06-22 NTNU

Ringdal, Regine; Bjørnsen, Hanne Nissen; Moksnes, Unni Karin; Espnes, Geir Arild. Social support and mental wellbeing among adolescents in Norwegian upper secondary school. Health Promotion Research - an International Forum Next Society; 2016-09-29 - 2016-09-29 NTNU

Bjørnsen, Hanne Nissen; Espnes, Geir Arild; Eilertsen, Mary Elizabeth; Moksnes, Unni Karin. Promoting adolescent mental health in Norway. Development of a universal intervention led by school nurse. The 29th conference of the European Health Psychology Society; 2015-09-01 - 2015-09-05 NTNU

Moksnes, Unni Karin. Health promotion in everyday settings: The Nordic way. The School as a setting: Health promotion in schools. 8th European Public Health Conference. Health in Europe- from global to local policies, methods and practices; 2015-10-14 - 2015-10-17 NTNU

Moksnes, Unni Karin; Eilertsen, Mary-Elizabeth Bradley. Gender and age differences on resilience in Norwegian adolescents 13-18 years. 29th Conference of the European Health Psychology Society; 2015-09-01 - 2015-09-05 NTNU

Moksnes, Unni Karin; Eilertsen, Mary-Elizabeth Bradley. The impact of resilience on adolescents' self-esteem in Norwegian adolescents. 29th Conference of the European Health Psychology Society; 2015-09-01 - 2015-09-05 NTNU

Haugan, Gørill; Moksnes, Unni Karin; Løhre, Audhild. Nurse-patient-interaction and meaning-in-life: powerful predictors of Quality of life in cognitively intact nursing-home patients. 8th ICN INP/APNN Advanced Nursing Practice: Expanding access and improving health care outcomes; 2014-08-18 - 2014-08-20 NTNU

Moksnes, Unni Karin. Presentation of the research area. Mental health in adolescents - the role of sense of coherence in health promotion. Health Promotion Research-An International Forum. Next Health; 2014-08-25 - 2014-08-27 NTNU

Løhre, Audhild; Lillefjell, Monica; Haugan, Gørill; Moksnes, Unni Karin. What characterize school experiences among adolescent girls and boys with emotional symptoms? The 7th Nordic Research Conference in Health Promotion; 2013-06-17 - 2013-06-19 NTNU

Løhre, Audhild; Lillefjell, Monica; Haugan, Gørill; Moksnes, Unni Karin. What frightens in the mirror: Gender differences in students' perceptions of their school setting. The 21st IUHPE World Conference on Health Promotion; 2013-08-25 - 2013-08-29 NTNU

Moksnes, Unni Karin. How to promote emotional health and wellbeing in adolescents as a strategy to prevent future NCDs. Focusing on people's resources and competencies: to reduce NCDs through a salutogenic approach. The 21st IUHPE World Conference on Health Promotion; 2013-08-25 - 2013-08-29 NTNU

Moksnes, Unni Karin; Løhre, Audhild; Haugan, Gørill. The role of sense of coherence in association with depressive symptoms in Norwegian adolescents. The 21st IUHPE World Conference on Health Promotion; 2013-08-25 - 2013-08-29 NTNU

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