



JOSIEN WESTENDORP MEDICAL DOCTOR

Born in Oostburg, 21st of November 1981

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Address: Hofstedering 92
3763 XL Soest

Living together with Bart-jan, Rikke and Ruben Metz

PROFILE

- Obstetrics & Gynaecology
- PhD Candidate Global Surgery NTNU, Trondheim, Norway
- Emergency Obstetrics & Acute Medicine
- Teaching & Training

EXPERIENCE

RESIDENT IN OBSTETRICS & GYNAECOLOGY

University Medical Center Utrecht, The Netherlands

Sep '21 - current & February 2015 - November 2018

Benign Gynaecology, Oncology, Fertility: Academic Hospital Utrecht. 2018 - present

Obstetrics; Wilhelmina Children's Hospital, Utrecht. 2016 - 2018

Gynaecology & Obstetrics; Meander Medical Center, Amersfoort. 2015 - 2016

Trainer in Capacare's Surgical Training Program

PHD FELLOW GLOBAL HEALTH

Norwegian University of Science and Technology; Institute of Clinical and Molecular Medicine, Trondheim, Norway

January 2019 - April 2022

PhD Scholarship in Global Health

Member Norwegian Research School of Global Health

MOET TRAINER

MOET Foundation, Tilburg, The Netherlands

Selected as Candidate MOET Trainer in 2016

MOET Trainer 2018 - present

Training of registrars in obstetrics, obstetricians, anesthesiologists and midwives
in Managing Obstetric Emergencies and Trauma

SENIOR MEDICAL OFFICER

Manguzi Hospital, Manguzi, Africa

Winter 2013 - Spring 2015

In charge of Gynaecology and Obstetrics Department

Elective and emergency surgery

Certified ESMOE Trainer (Essential Steps in Managing Obstetric Emergencies)

EMONC TRAINER

University of North Carolina, Lilongwe, Malawi

Autumn 2013

Trainer in Emergency Obstetric and Neonatal Care (EmONC)

MEDICAL OFFICER & SURGICAL TRAINER

Masanga Hospital, Sierra Leone

2012 - summer 2013

One of two Medical Officers in a 120 beds hospital (serving as district referral hospital)

All-round tropical medicine clinician; emergency and elective surgery, obstetrics &
gynaecology, paediatrics, internal medicine

Trainer in Capacare's Surgical Training Program

EDUCATION

POSTGRADUATE DEGREE IN TROPICAL MEDICINE & INTERNATIONAL HEALTH

Dutch association of Tropical Medicine and International Health, Amsterdam, the Netherlands

2008-Autumn 2011

Medical Doctor Degree in Tropical Medicine and International Health. Program content:

- Tropical Medicine and Hygiene Course, Royal Tropical Institute; Amsterdam. 3 months
- Obstetric & Gynaecology residency, Saint Antonius Hospital, Nieuwegein. 1 year
- Paediatric residency, Tergooi Hospital, Blaricum. 1 year
- Surgery residency, Slingeland hospital, Doetinchem. 1 year

MEDICAL DOCTOR DEGREE

Faculty of Medicine; Radboud University Nijmegen, the Netherlands

2000-2007

Research Clerkship Radboud University Hospital, Center for Infectious Diseases. 2007

Internship, Holy Family Hospital, Techiman, Ghana. Winter 2006 - spring 2007

FMSA Internship, Obstetrics and Gynaecology Department, Catholic University of Santos, Santos, Brasil. Autumn 2004

QUALITIES

Enthusiastic & Positive
Curious & Eager to learn
Genuine interest in others
Cooperative & Emphatic
Calm in emergency situations
Highly motivated to deliver quality of care

LANGUAGES

- Dutch: C2 (mother tongue)
- English: C2 (proficient user)
- Spanish & French: A2 (basic user)

SPIRITED MEMORIES

- Traveled The Amazon from Iquitos to Belem. 2 weeks by boat, slept in a hammock
- Rowed on National Level in a women's eight. We won a national race because of real trust in each-other
- Living in rural Sierra Leone; without running water and sporadic electricity

REFERENCES

- **Dr. Håkon Bolkan**; Main Supervisor of PhD. MD, General Surgeon at St. Olavs Hospital, Norway. Co-founder of CapaCare. PhD in exploring surgical capacity in Sierra Leone
Contact: hakon.bolkan@capacare.org / +4799150768

- **Dr. K.W.M. (Kitty) Bloemenkamp**; Professor in Obstetrics & Maternal Health in Wilhelmina Children's Hospital, Utrecht, the Netherlands
Contact: k.w.m.bloemenkamp@umcutrecht.nl / +31-654234350

- **Dr. Peter Bo Jørgensen**; Surgeon; Chairman Masanga Hospital Rehabilitation Project, Denmark. Contact: pbj@saganordic.dk / +4539903339

RESEARCH

BIBLIOGRAPHY
LAST 3 YEARS

Catastrophic expenditure and impoverishment after caesarean section in Sierra Leone: An evaluation of the free health care initiative; Oct 2021; PLoS One 16(10) e0258532. Alex J. van Duinen; **Josien Westendorp**; Thomas Ashley; Lars Hagander; Hampus Holmer; Alimamy P. Koroma; Andrew J. M. Leather; Mark G. Shrimme; Arne Wibe; Håkon A. Bolkan

Evaluating the cascade of care for hypertension in Sierra Leone; Aug 2021; Tropical Medicine & International Health 26(6); DOI:10.1111/tmi.13664; co-author

Perinatal outcomes of caesarean sections in Sierra Leone: A prospective multi-centre observational study; April 2020; IJOG; 150(2) Alex J van Duinen, **Josien Westendorp**, Michael M Kamara, Fatu Forna, Lars Hagander, Marcus J Rijken, Andy Leather, Arne Wibe, Håkon A Bolkan

BJOG REVIEWER

British Journal of Obstetrics and Gynaecology, Impact Factor 5.051 in 2017; 2015-SR-16914 & 2016-OG-17602 & 2017-OG-20143 2015-present

RESEARCH PHYSICIAN

University Center for Infectious Diseases Nijmegen Autumn 2007 - Spring 2008
Fundamental research in Thrombocytes, Malaria and Toll like receptor expression

OTHER PUBLICATIONS

Case Report; Westendorp, J et al. "Consult online; Renal failure in early pregnancy" Medicus Tropicus. 2011 Sep;49(3); 7-8

Thrombocytopenia in early malaria is associated with GP1b shedding in absence of systemic platelet activation and consumptive coagulopathy
British Journal of Hematology 2010, Dec; 151(5):495-503. Co-author of Q.de Mast et al.