

Curriculum vitae

Ragna Stalsberg

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Personal

information:

- Common-law husband: Arve Vorland Pedersen
- 2 children born 1994 and 1996
- Norwegian
- Birthdate: 18th November 1968
- Position: Associate Professor

Employment:

- 2000-2004: Executive/Higher Executive Officer, Department of social work and health Sciences/ Department of Social Anthropology/Department of Sport Sciences. Faculty of Social Sciences, Norwegian University of Science and Technology (NTNU)
- 2000/2001 and 2004: Research assistant, Department of social work and health Sciences, NTNU
- 2004 Higher Executive Officer / Temporary Lecturer Sør-Trøndelag University College (HiST).
- 2004-2005: Assistant Professor Social Sciences, Queen Maad Univerity College of Early Childhood Education, Norway
- 2005-2006: Temporary lecturer Queen Maad University College/research assistant, Department of Social Sciences NTNU
- 2006-2011: Assistant Professor Sør-Trøndelag University College (HiST)
- 2011-2016: Senior Lecturer (Associate professor without PhD) Sør-Trøndelag University College (HiST)
- 2016-2019: PhD position, Faculty of medicine, NTNU
- 2019- today Associate professor, Faculty of medicine, NTNU (PhD from 2021)
- 2026 – 2028: Section/Unit leader

Education:

- 2001: MSc in Sociology, Faculty of Social Sciences, NTNU
- 2021: PhD in medicine (Public health), Faculty of medicine (ICOM) NTNU

Teaching activities:

- 2004: Causal teacher, - Perspectives in sociology of health, dept. of physiotherapy, Sør-Trøndelag University College
- 2004-2005: Assistant professor (temporary, full-time) – Social Sciences, Queen Maud University College of Early Childhood Education
- 2015-2017: Assistant professor - Social inequalities in physical activity (Master's in Human Movement and Occupational Science), NTNU
- 2006-today: Assistant/Associate professor – Social sciences/Bachelor's thesis/Science and Research Methodogy,

Supervision:

- Approx. 50 Bachelor students (mainly Radiography, but also Physiotherapy)
 - Master's students: MSc in physical activity and Health, MSc in Human movement and Occupational Sciences, MSc in Public Health, and MSc in Global Health. MSc Medisinsk bildeteknologi
 - 3 Applicants for Senior Lecturer/Assistant professor advancement
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Project experience:

- 2000/2001: «Utviklingshemmedes levekår 10 år etter HVPU-reformen», NTNU, research assistant
 - 2005-2006: «Fysisk form og fysisk aktivitet blant elever i videregående skole», NTNU, research assistant
 - 2013-2014: Identitetsdannelse i radiografprofesjonen» HiST. Shared PI, Funded by the Norwegian society of radiographers
 - 2016-2019: Breast cancer studies and social validity” PI (PHD-project): Funded by the DAM foundation
 - 2021-2028: “Professional identity in health- and social care students”. Leader (PI). Operating resources founded by the Department of Circulation and Medical imaging, NTNU
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Other academic experience:

- 2008-2013: External programme supervisor, Buskerud University College, Norway
 - 2015: Member of expert committee, Assistant professor/Senior lecturer application, Nord-Trøndelag University College, Norway
 - 2017 Leader of expert committee: Assistant professor/Senior lecturer application, Queen Maus University College of Early Childhood Education, Norway
 - External grading: Master theses, Master's in Human movement and Occupational Sciences, NTNU. Bachelor theses in radiography, Oslo and Akershus University college, and bachelor subjects and bachelor theses in radiography at Bergen University college. Bachelor subjects and Bachelor theses in Physiotherapy, Sør Trøndelag University College (HiST)
 - Referee, international journals: PlosOne, The Breast, IJERPH, PEERJ, Radiography Open, British Journal of Clinical Pharmacology, Public Health Reports, SJMSS
 - Review Editor on the Editorial Board of Movement Science and Sport Psychology (specialty section of Frontiers in Psychology and Frontiers in Sports and Active Living)
 - Head of Radiography Unit/ISB/NTNU
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List of publications

Scientific journals:

1. Stalsberg & Pedersen (2010): Effects of socioeconomic status on the physical activity in adolescents: a systematic review of the evidence. *Scandinavian Journal of Medicine and Science in Sports* 2010: 20: 368-383.
2. Thingnes & Stalsberg (2010): Kvalitative aspekter ved innføring av mobile røntgentjenester til sykehjem – en studie av tre faggruppers forventninger. *Nordisk tidsskrift for helseforskning* 2-2010: 14-28.
3. Birkeland, Marsfjell and Stalsberg (2011): Ung voksen med Revmatoid Artritt – en kvalitativ studie om mestringsstrategier. *Nordisk tidsskrift for helseforskning*, 1. 17-31.
4. Thingnes ER, Stalsberg R og Sitter B (2015): Er forelesninga effektiv, interessant og meningsfull? - Oppfatninger om og betydningen av forelesninger som undervisningsform. *UNIPED*. vol. 38 (4) 390-397 ISSN online 1893-8981
5. Stalsberg R & Thingnes ER. Who are they? Identities in the Norwegian radiographer profession as presented in the Norwegian printed press. *Radiography* 2016; Vol. 22(4) s. e239-e244
6. Brattheim, B. J., Sand, K., Gilstad, H., Stalsberg, R., Lundgren, S., & Reidunsdatter, R. J. (2017). Breast cancer patients' experiences with information and communication in cancer disease trajectories. *CEUR Workshop Proceedings*. [Breast+Cancer+Patients%27+Experiences+with+Information+and+Communication+in+Cancer+Disease+Trajectories.pdf](https://www.researchgate.net/publication/317111111_Breast+Cancer+Patients%27+Experiences+with+Information+and+Communication+in+Cancer+Disease+Trajectories.pdf) (ntnu.no)
7. Stalsberg, Ragna; Pedersen, Arve Vorland (2018): Are Differences in Physical Activity across Socioeconomic Groups Associated with Choice of Physical Activity Variables to Report?. *International Journal of Environmental Research and Public Health* 2018; Volume 15.(5) 922. s. 1-23
8. Pedersen, A. V., Aksdal, I. M., & Stalsberg, R. (2019). Scaling demands of soccer according to anthropometric and physiological sex differences: a fairer comparison of men's and women's soccer. *Frontiers in psychology*, 10, 762
9. Pedersen, A. V., & Stalsberg, R. (2019). Differences in soccer heading injuries between male and female soccer players may be due to equal ball weight causing differences in relative impacts. *Radiology*, 290(2), 579-580.
10. Stalsberg, R., Eikemo, T. A., Lundgren, S., & Reidunsdatter, R. J. (2019). Physical activity in long-term breast cancer survivors—A mixed-methods approach. *The Breast*, 46, 126-135.
11. Nilsen, M., Stalsberg, R., Sand, K., Haugan, G., & Reidunsdatter, R. J. (2021). Meaning Making for Psychological Adjustment and Quality of Life in Older Long-Term Breast Cancer Survivors. *Frontiers in Psychology*, 4301.
12. Stalsberg, R., Bertheussen G.F., Børset H., Thomsen S.N., Husøy A., Flote V.G., Thune I., Lundgren S. (2022). Do breast cancer patients manage to participate in an outdoor tailored physical activity program during adjuvant breast cancer treatment, independent of Health and Socio-Demographic Characteristics? *J. Clin. Med.* **2022**, 11, 843. <https://doi.org/10.3390/jcm11030843>.
13. Baadsvik A.M. & Stalsberg, R (2023). Er forutsetningene for kompetanseutvikling blant radiografer og stråleterapeuter tilfredsstillende? *Hold Pusten*, 4/2023
14. Ragna Stalsberg, Monica Dahle Darvik. After all, do findings from clinical physical activity interventions among breast cancer patients apply to all socioeconomic groups? A systematic review of representativeness, 11 December 2023, **PREPRINT** (Version 1) available at Research Square <https://doi.org/10.21203/rs.3.rs-3716097/v1>

15. Stalsberg, R. and Darvik, M.D., 2024. Social representativeness and intervention adherence - a systematic review of clinical physical activity trials among breast cancer patients. *Int J Public Health*. Volume 69 - 2024 | doi: 10.3389/ijph.2024.1607002
16. Hanger, N., Johnsen, L., Thomsen, R. S., & Stalsberg, R. (2024). Optimizing Real-Time Advanced Ultrasound Supervision in a University Setting: A technical feasibility study. *Radiography Open*, 10(1), 31–44. <https://doi.org/10.7577/radopen.570>
17. Gravdal, Tonje; Storås, Kine; Rusandu, Albertina; Stalsberg, Ragna. (2024) [The role of CT in prognosis prediction in COVID-19 patients](https://doi.org/10.7577/radopen.6092). *Radiography Open* <https://doi.org/10.7577/radopen.6092>
18. Ragna Stalsberg, Cathinka Thyness, Hilde Grimstad et al. Does professional and interprofessional identity increase during professional education? A cross-sectional study of Norwegian health- and social care students, 13 November 2024, **PREPRINT** (Version 1) available at Research Square <https://doi.org/10.21203/rs.3.rs-5389892/v1>
19. Nabila Hossain, Arve Vorland Pedersen, Ragna Stalsberg et al. Physical Activity in Socially Less-advantaged Bangladeshi Manual Workers – A Qualitative Study, 15 October 2024, **PREPRINT** (Version 1) available at Research Square <https://doi.org/10.21203/rs.3.rs-5260444/v1>
20. Beathe Sitter & Ragna Stalsberg. Praktisk øving laget av student eller underviser: studenters refleksjoner over effekt på læring. Bidrag i artikkelsamling for MNT-konferansen 2025. *Nordic Journal of STEM Education*, Vol. 9(2). DOI: 10.5324/njsteme.v9i2.6403. <https://www.ntnu.no/ojs/index.php/njse/article/view/6403>
21. Oterhals, G, Stalsberg, R, Lorås, H, Pedersen, AV, 2026. Average age at peak individual soccer performance among world class women soccer players. **Submitted** to *Frontiers in psychology*, May 2026
22. Pedersen, AV, Stalsberg, R 2026. Fairly comparing men's and women's athletic performances: A natural experiment involving sex-based performance ratios in scaled and nonscaled sporting events. **Submitted** to *PlosOne* May 2026
23. Aslak Steinsbekk, Cathinka Thyness, Hilde Grimstad, Ragna Stalsberg (2026). *Measuring Professional Identity in Health and Social Care Students: Single-item Question versus the Macleod Clark Professional Identity Scale (MCPIS-9)*. **Submitted** to *Frontiers in Psychology - Educational Psychology*, May 2026
24. Stalsberg R. *The dominance of leisure-time physical activity in research: Implications for on health inequalities*. **Submitted** to *International Journal of Public Health* may, 2026.

Other:

1. Pedersen, Stalsberg, Sigmundsson (2006): Fysisk aktivitet, fysisk form og motoriske ferdigheter hos barn
Bokkappittel I: Størksen, Granbo, Kolsrud og Østerås (red.): *Bevegelse – fysisk aktivitet – helse*. Tapir Akademiske Forlag, Trondheim 2006. ISBN 82-519-2096-5.
2. Stalsberg & Pedersen (2011): Where are we talking from? Leisure-time physical activity and daily-life physical activity from a global perspective. **Comments to Letter to the Editor**. *Sports Medicine Update. Scandinavian Journal of Medicine and Science in Sports* 2011: 21: 153-154.
3. Pedersen, A. V., & Stalsberg, R. (2019). Differences in Soccer Heading Injuries between Male and Female Soccer Players May Be Due to Equal Ball Weight Causing Differences in Relative Impacts. **Letter to the Editor** *Radiology*, 182384.
4. Stalsberg, Ragna. (2021) Social inequalities in physical activity. Implications of research practices - the case of studying breast cancer survivors. 2021. ISBN 978-82-326-6189-3. **Doctoral theses** at NTNU (276).

5. **Pedersen, AV; Stalsberg, R. (2025) Programdeltagelse:** Frauen sind die Heldinnen im Fussball – Wissenschaftlich belegt. SRF 26.06.2025
6. **Pedersen, AV; Stalsberg, R (2026).** Workshop leader For scientific insights that question a male-dominated sports system. RESEARCH & SCIENCE Rethinking perspectives. **Invited Workshop, FeMale Sports Conference**, Linz, Austria, April 8.

Scientific Presentations:

Posters:

1. Stalsberg, Sigmundsson og Ingebrigtsen (2005): *Sammenhenger mellom fysisk aktivitet og motoriske ferdigheter hos norske skolebarn*. Konferansen Sammen for fysisk aktivitet – fokus på barnehage. Stjørdal, 17.-18. november 2005. **Poster**
2. Stalsberg & Pedersen (2007): *Effects of Socioeconomic Status on Physical Activity in Adolescents. A systematic Review*. Konferansen Sport in a Global world. København, 31. juli – 5. august 2007. **Poster**
3. Stalsberg, J Reidunsdatter, Brattheim og Lundgren (2014): *Benefits of triangulating methods when studying self-reported physical activity in breast cancer survivors*. "The European Cancer Rehabilitation & Survivorship Symposium (ECRS), København September 2014. **Poster**
4. Reidunsdatter RJ, Brattheim B, Stalsberg R og Lundgren S (2014): The optimal care pathway? Breast cancer survivors' experiences with the cancer follow-up services. "The European Cancer Rehabilitation & Survivorship Symposium (ECRS), København September 2014. **Poster**
5. Stalsberg R, Bertheussen GF, Lundgren S, Thune I, Reidunsdatter RJ (2015): Brystkreftpasienters aktivitetspraksis – utfordringer i forskningsdesign. Kreftrehabiliteringskonferansen, Trondheim 2015. **Poster**
6. Stalsberg, Ragna; Lundgren, Steinar; Reidunsdatter, Randi Johansen. Physical Activity in Long-term Breast Cancer Survivors: Levels, Routines and Experiences. The European Cancer Rehabilitation & Survivorship Symposium (ECRS) 2018, the 17th Acta Oncologica Symposium; 2018-09-10 - 2018-09-11. **Poster**
7. Stalsberg, Ragna; Pedersen, Arve Vorland (2018): Are differences in physical activity across socioeconomic Groups dependent on which PA-variables are studied? The 50th Anniversary Annual Conference. Celebrating the Legacy – Medical Sociology: The Next 50 years. Glasgow September 2018. **Poster**

Lectures:

1. Stalsberg R (2007). Betydningen av sosioøkonomisk status for fysisk aktivitet blant ungdom. "*Perspektiver på motorikk*". Fagkonferanse, Avdeling for helse- og sosialfag, Høgskolen i Sør-Trøndelag Trondheim 27. og 28. september. 2007
2. Thingnes ER, Stalsberg R and **Sitter B** (2015): Er forelesninga effektiv, interessant og meningsfull? **Muntlig konferansebidrag** presentert på MNT-konferansen, Bergen, 18. og 19. mars 2015.
3. **Thingnes ER & Stalsberg R** (2015): Identitetsdannelse i radiografprofesjonen: Hvilken identitet gis radiografer i norske media? **Muntlig konferansebidrag** presenter på Nordic Congress, Røntgenveckan; Malmö, 7.-11. september 2015.
4. Stalsberg R (2017): En tidsgeografisk forståelse av ulik fysisk aktivitetspraksis 7-8 år etter brystkreftbehandling (programført som «Tid og geografi i forståelsen av fysisk aktivitet hos brystkreftoverlevende: kontekst og begrensinger»). **Muntlig konferansebidrag** presentert på Kreftrehabiliteringskonferansen, Bergen 27.-28. april 2017

5. Kvande, MN.; Stalsberg, R. Sand, K, Haugan, G, Reidunsdatter, RJ. (2018). Psychological adjustment in long-term breast cancer survivorship – the role of meaning-making processes in quality of life. European Conference on Mental Health; 19.-21.9.
6. Sand, K, Kvande, MN, Stalsberg, R. Reidunsdatter, RJ. Meaning-making among breast cancer survivors with high and low quality of life 8 years after diagnosis. The 17th Acta Oncologica Symposium: European Cancer Rehabilitation & Survivorship Symposium (ECRS) 2018; 2018-09-10 - 2018-09-11
7. **Bertheussen GF**/Stalsberg R. Nørskov S, Thune I, Lundgren S. (2019): Adherence to supervised outdoor group exercise and prescribed at-home physical activity in a randomized controlled trial for breast cancer patients **Fagseminar**, EBBA-II, Kongsvoll 2019
8. **Bertheussen GF**/Stalsberg R. Nørskov S, Thune I, Lundgren S. (2019): Adherence to supervised outdoor group exercise and prescribed at-home physical activity in a randomized controlled trial for breast cancer patients Kreftrehabiliteringskonferansen Stavanger, april 2019
9. **Steinsbekk, KS; Sørhagen, G;** Stalsberg, R; Laugen, NJ; Kjørstad, K; Steinsbekk, A. (2021) Tverrfaglig digital samhandling fra første time! Hvordan koble på og koble sammen helt ferske førsteårsstudenter? Læringsfestivalen 2021; 2021-05-10 - 2021-05-11 NTNU
10. Kolstad, RB; Thingnes, ER; Olsen, EJ; Stalsberg, R. (2021) Refleksjonsnotater i studiet av radiografstudenters identitetsutvikling - en beskrivelse av en pågående studie. Nasjonal forskningskonferanse om medisinsk og helsefaglig pedagogikk; 2021-10-21 - 2021-10-22, NTNU
11. **Sitter, B & Stalsberg, R** (2025): Praktisk øving laget av student eller underviser. Studenters refleksjoner over effekt på læring. MNT-konferansen 6. Mai 2025, NTNU, Trondheim
12. Stalsberg, R, Thyness, C, Grimstad, H, Rusandu, A, Andre, B, Juul, R **Steinsbekk A** (2025): Profesjonsidentitet i helse- og sosialprofesjonsutdanningene. Er det sammenheng mellom studenters profesjonsidentitet og studieprogresjon? Læringsfestivalen 2025, 20-05-2025. NTNU, Trondheim.
13. **Steinsbekk, AI;** Stalsberg, R; Thyness, C; Grimstad, H. (2025) [Sammenligning av et globalt enkeltspørsmål og Macleod Clark Professional Identity Scale \(MCPIS-9\)](#). Nasjonal forskningskonferanse i medisinsk og helsefaglig pedagogikk , Trondheim 30.10.2025 - 31.10.2025
14. **Kolstad RB & Stalsberg, R** (2025): Strengthening supervision in practice placement (SVIP) - a professional and pedagogical collaboration between NTNU and clinical placement partners. Nordic Congress of Radiology, Radiography & Medical Physics NCR. May 22nd. 2025, Trondheim, Norway.
15. **Kolstad R.B., Thingnes E.R. & Stalsberg R.** (2025): Styrket veiledning i praksisstudier (SVIP) i radiografutdanningen: En aksjonsforskningsbasert tilnærming. Konferansebidrag Nasjonal forskningskonferanse i medisinsk og helsefaglig pedagogikk