Curriculum Vitae

Personal information

First name / Surname | Sajan / Shrestha

Address 141- Shri Shantinagar Marga, Balaju, Ward No. 16, Kathmandu, Nepal

Telephone | Mobile: +47 41193417, +977 9841414255

E-mail sajansh@stud.ntnu.no, mecher.sajan@gmail.com

Nationality Nepal

Date of birth 15.05.1987

Gender Male

Marital Status Married

Work experience

Dates 17 March 2016- 07 January 2023 (study leave effective from 08 January 2023)

Occupation or position held Deputy Manager

Main activities and responsibilities | Construction Supervision, Operation, Maintenance, Procurement, Planning, Budgeting

Name and address of employer | Nepal Electricity Authority- Upper Tamakoshi Hydroelectric Project (456MW), Dolakha, Nepal

Type of business or sector Utilities - Electricity

Dates | 13 June 2012 – 16 March 2016

Occupation or position held | Mechanical Engineer

Main activities and responsibilities | Operation, Maintenance, Procurement, Planning, Budgeting

Name and address of employer Nepal Electricity Authority Middle Marsyangdi Hydropower Station (70MW), Lamjung, Nepal

Type of business or sector Utilities - Electricity

Dates | 17 April 2011 – 11 June 2012

Occupation or position held Deputy Manager

Main activities and responsibilities | Quality control, inspection and monitoring

Name and address of employer | Nepal Oil Corporation, Babarmahal, Kathmandu, Nepal

Type of business or sector Utilities - Petroleum

Dates 24 October 2010 – 16 April 2011

Occupation or position held | Apprentice Operation and Maintenance Engineer

Main activities and responsibilities | Daily plant operation along with daily and annual maintenance

Name and address of employer Bhotekoshi Hydropower Plant, Jhirpu, Sindhupalchok, Nepal

Type of business or sector | Hydropower

Dates 28 March 2010 – 23 October 2010

Main activities and responsibilities | Deliver lectures on Thermodynamics and Engineering Drawing, Conduct labs

Name and address of employer | Kathmandu Engineering College, Kalimati, Kathmandu, Nepal

Type of business or sector | Education

Education

Dates 2023 – onwards

Title of qualification awarded PhD (Double degree)

Research Topic | Condition monitoring of Pelton turbines in sediment affected power plants

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Name and type of organisation providing education and training

Kathmandu University (KU) and Norwegian University of Science and Technology (NTNU)

Dates 2012 - 2017

Title of qualification awarded

Master of Science, Renewable Energy Engineering (MSREE)

Marks obtained

81.37% (Distinction Division)

Principal subjects/occupational skills covered

al skills Thesis- "Operation Optimization Based Upon Discharge and Power Requirement of Middle

Marsyangdi Hydropower Station", Research Methodology, Fluid Mechanics, Instrumentation, Energy

Resources, Sociology, Economics, Energy System Planning and Management

Name and type of organisation providing education and training

Pulchowk Campus, Institute of Engineering, Tribhuvan University, Nepal

Dates 2006 – 2010

Title of qualification awarded

Bachelor's Degree in Mechanical Engineering (BME)

Marks Obtained

87.38% (Distinction Division)

Principal subjects/occupational skills covered

Fluid Mechanics, Fluid Machines, Electrical Circuit, Electric Machine, Mini and Micro Hydropower Design

Name and type of organisation providing education and training

Pulchowk Campus, Institute of Engineering, Tribhuvan University, Nepal

Publications

Shrestha, S. & Lunitel, M. C. (2016). Plant Operation Optimization- A Case Study of Middle Marsyangdi Hydropower Station. Proceedings of IOE Graduate Conference, (pp. 245-252)

Personal skills and competences

Nepali

Mother tongue(s)
Other language(s)

Self-assessment

English Nepali Hindi

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C1	Proficient user	C1	Proficient user	B2	Independent user	B2	Independent user	C2	Proficient user
C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user
B1	Independent user	B1	Independent user	A2	Basic user	A2	Basic user	A2	Basic user

Computer skills and competences

- Office Applications
- AutoCAD, Autodesk Inventor, MATLAB, Ansys, Mathcad