

Education

Visiting Assistant in Research, Yale Graduate School of Arts and Sciences, Yale School of Public Health, Sept 2024 –

PhD student, Department of Public Health and Nursing, NTNU, October 2023 -

PhD education, Norwegian Researcher School in General Practice, University of Oslo, 2023 -

Introduction to Leadership for General Practitioners, BI Norwegian Business School,

Executive Short Management Courses on Master level, 5 credits, 2022

SHE Leads Program, SHE Community and Deloitte, 2021

Management Competence at Board Level, BI Norwegian Business School, 2020

Candidata medicinae (Medical Doctor), Faculty of Medicine, University of Oslo, 2007

Exchange term, Uppsala University, 2006

The Medical Student Research Program (PhD level), Faculty of Medicine, University of Oslo, 2007

Laboratory methods, advanced course and medical research methods, 24 credits 2003

Research paper and seminar series, 98 credits 2006

Norwegian School of Entrepreneurship (Gründerskolen), University of Oslo, 2003

Entrepreneurship culture, International entrepreneurship, Idea generation and business plan, 30 credits, 2003

Entrepreneurial management, Boston University, 2003. Credit hours 4.0. Honor Points 14.8. A-.

Entrepreneurial Practice, Angstrom Medical, Boston, 2003. Credit hours 4.0. Honor Points 16.0. A.

Work Experience

Deputy Mayor, Steinkjer municipality, Oct 2023 -

Family Physician, Specialist in Family Medicine, Sjøisia legekontor, Steinkjer, 2010-2023

Supervisor for interns, Doctor at outpatient emergency clinic, 2010-2023

CEO, Sjøisia legekontor ANS, 2021-2024

Leader of board, Sjøisia legekontor ANS, 2021-2023

Resident, Dept. of Neurology, Akershus University Hospital, 2007-2008 and 2011-2012

Norwegian Medical Association

Norwegian Medical Association, deputy board member, 2023 -

Norwegian Association of General Practitioners, board member, 01.09.2021 – 21.6.2024

Standing Committee of European Doctors CPME, deputy member, 2021 -

Norwegian College of General Practice, Pregnancy and childrens health, member, 2020 -

Nord-Trøndelag Medical Association, board member and county GP representative, 2019-2021

Member several boards for cooperation between Nord-Trøndelag Hospital Trust and County Primary Health Care Services 2018-2023

Reference Groups

Norwegian Directorate of Health: Member, External reference group for revision of National guideline for postpartum care 2023-

Norwegian General Practice Research Network (Praksisnett): Member, National reference group
Western University of Applied Sciences: Advisory Board, Designing, developing and testing a risk assessment tool for clinicians caring for pregnant immigrant women in antenatal care (PreGO!)

Scholarships

American-Scandinavian Foundation Fellow 2024-2025

Norwegian Research Fund of General Practice: PhD scholarship 2024-2025

Norwegian College of General Practice: Research scholarship, 6 months 2020-2022

Norwegian College of General Practice: Research scholarship, 6 months 2023-2024

Norwegian Medical Association Fund for Quality Improvement: Scholarship, 3 months 2024

Teaching/supervision/course leadership

Supervisor for interns, Steinkjer municipality, 2013 - 2023

Lecturer, Nord-Trøndelag Hospital Trust, Course in cooperation for residents, 2022, 2023

Course leader, Course in health politics, Norwegian Association of General Practice, 2022, 23, 24

Lecture, Cooperation in community health care, SKIL Forum, Bergen, 2023

Lecture, Coordination of health care services, Interaction meeting in psychiatry, Nord-Trøndelag Hospital Trust, 2016

Publications and presentations

Agdestein, C. Councils for cooperation between hospitals and primary health care – from trenches to cooperation. Utposten, 2022, 4.

Agdestein, C. Maternity care provided by the General Practitioner. Scientific oral presentation. Nordic Congress of General Practice, Stavanger, 2022.

Vervaeke K, Gu N, Agdestein C, Hu H, Storm JF. Kv7/KCNQ/M-channels in rat glutamatergic hippocampal axons and their role in regulation of excitability and transmitter release. J Physiol. 2006 Oct 1;576(Pt 1):235-56.

12.5.20: Dagbladet: GPs talk about more than sex on the postpartum control! Lien, B.M., Agdestein, C., Mogstad, K.L.

27.4.18: Dagsavisen: Let the small children come to us, but not a few hours after birth. Brelin, P., Agdestein, C., Waldum-Grevbo, K.S.

7.3.18: Adresseavisen, Trønder-Avisa: Reducing length of hospital stay after birth can be a threat to women's and children's health, Agdestein C et al.

Elected office

Elected representative, Deputy Mayor, Steinkjer municipality council, 2023 -

Elected representative and group leader, Steinkjer municipality council 2019 -2023

Deputy representative, Steinkjer municipality council 2015-2019

Leadership positions in voluntary organizations

Co-Founder and administrative leader, Frampeik – Medical Students Research Conference, 2005

Co-Founder and board member, Frampeik Alumni, Medical Student Researchers' Alumni Organization, 2007

Founder and board leader, Women in Business Network, «Nettverket Fredrikke Marie», 2021-24

Prizes

Family Physician of the Year, Awarded from Norwegian Association of General Practice, 2019

Prize for best oral presentation, Entrepreneurial Management, Boston University, 2003

Prize for best written assignment, Entrepreneurial Management, Boston University, 2003
