

CV - Kathy Barolsky

PERSONAL DETAILS

Date of birth 05.02.1983
Gender Female
Citizenship South Africa
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Phone personal 45845941
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Current profession NTNU-IKM

EDUCATION / ACADEMIC QUALIFICATIONS

2018-01 - 2022-04 NTNU - Degree: Ph.D. PhD Faculty / Department: Institute of Art and Media Studies-Drama & theatre
Thesis: Playback Theatre: Intra-acting with stories in post-apartheid South Africa

2021-01 - 2022-01 NTNU - Degree: Other ESTET8861 Foundational Discussions in Aesthetics Faculty / Department: Institute for Art and Media Studies Credits: 10

2020-02 - 2020-04 NTNU - Degree: Other KULT8850 Theories of Science Credits: 7.5

2019-02 - 2019-03 The University of the Witwatersrand - Degree: Other Advanced Research on Theatre and Democracy Faculty / Department: Humanities Credits: 5

2018-08 - 2018-09 NTNU - Degree: Other ESTET8863 Arts Based Research Methodology. Practice-Led Research: Discipline Research and Ways of Human Knowledge Faculty / Department: Institute of Art and Media Studies Credits: 5

2018-05 - 2018-05 University of South-Eastern Norway - Degree: Other PH-AEC9120-1 Arts-based research in education and culture Credits: 5

2011-09 - 2013-02 University of London - Degree: Master Drama and Movement Therapy Faculty / Department: The Royal School of Speech and Drama
Research Report: Stepping in & Moving Through: How can the embodied role in Sesame facilitate healing?'

2008-01 - 2010-01 University of the Witwatersrand, South Africa - Degree: Master MA in Dramatic Arts Faculty / Department: Wits School of Arts
Research Report: The Telling of untold Stories through Playback Theatre Training: Breaking the Silence in South Africa around Stigma and Denial, concerning relationships & HIV/Aids

2003-01 - 2006-12 University of the Witwatersrand - Degree: Bachelor Bachelor of Arts in Dramatic Arts-Honours Faculty / Department: The Wits School of Arts

2000-01 - 2001-12 The National School of the Arts - Degree: Other Drama Faculty / Department: Drama

WORK EXPERIENCE

2023-07 - The Norwegian University of Science and Technology, Department of Teacher Education Job: Associate Professor in Drama/Theatre Education

2008-11 - 2019-08 Drama for Life Playback Theatre Job: Artistic Director and Performer
During my time with Drama for Life Playback Theatre, I performed as a 'Conductor' in up to 30 performances a year over a period of eleven years. Performances took place in educational, community, NGO and corporate settings. Institution abroad

2017-08 - 2018-12 The Norwegian University of Science and Technology Job: Department of Art and Media Studies: ASSISTANT RESEARCHER
Design and assemble Drama and Theatre studies audio and visual archive
Facilitate workshops for students and staff when required
Coordinate visiting professor visits

2016-04 - 2017-05 The African Leadership Academy Job: Drama and Movement Therapist
Provide individual and group therapy sessions for learners
Facilitate compulsory Wellness class for students once a week
Run support sessions for staff Institution abroad

2014-03 - 2014-12 Tara Hospital-South Africa Job: Drama and Movement Therapy
Running individual and group therapy sessions for inpatients for adult client groups with bipolar, schizophrenia and depression Institution abroad

2013-08 - 2014-06 Sparrow School-South Africa Job: Drama and Movement Therapy
Holding individual and group therapy sessions for primary school children.
Client Focus: Children with mild learning difficulties Institution abroad

2012-08 - 2013-02 Trinity Hospice-England Job: Drama and Movement Therapy
CLINICAL PLACEMENT -DRAMA AND MOVEMENT THERAPIST
Client Focus: Adults affected by terminal illness Institution abroad

2012-10 - 2012-12 Bethlam Royal Hospital - England Subject Job: Drama and Movement Therapy
CLINICAL PLACEMENT
Client Group: Adults with Bipolar, Schizophrenia, Depression Institution abroad

2012-08 - 2012-12 Brook School-England Job: Drama and Movement Therapy
CLINICAL PLACEMENT
Client Group: Children with Autism Institution abroad

2012-08 - 2012-12 Drayton Crisis House for Women - England Job: Drama and Movement Therapy
CLINICAL PLACEMENT
Client Group: Adults with bipolar, schizophrenia, depression Institution abroad

TEACHING / MENTOR QUALIFICATIONS

2019-08 - 2022-11	NTNU Subject: TEACHER:DRA3000- Research Theory and Practice-Based Methods in Drama and Theatre Teaching Masters students practice as research through seminars & studio work
2019-08 - 2022-10	NTNU Subject: TEACHER:DRA3003- Research Theory and Practice-Based Methods in Drama and Theatre Responsible for holding a lecture on the relationship between Applied Theatre and decolonisation. Supporting Masters students with feedback on their reserch project proposals
2022-03 - 2022-03	St Andrews School for Girls -Johannesburg Subject: APPLIED THEATRE FACILITATOR -Life Skills Consent and Body autonomy: Workshops for grade 11 learners
2022-02 - 2022-02	Michael Mount Waldorf School-Johannesburg Subject: APPLIED THEATRE FACILITATOR- Student forum Consent and body autonomy workshops: Workshops for grade 11 learners:
2019-02 - 2020-04	The University of Science and Technology Subject: TEACHER:DRA1002-Improvisation and Role-play Responsible for holding lectures and workshops for first-year drama students on improvisation and role-play.
2014-02 - 2017-12	University of the Witwatersrand-Drama for Life Subject: Playback Theatre ACADEMIC SUPERVISOR Supervising Honours and Masters students dissertations
2014-02 - 2017-04	University of the Witwatersrand-Drama for Life Subject: : Playback Theatre The South African School of Playback Theatre, South Africa ARTISTIC DIRECTOR AND FOUNDER Managing and executing accredited training by the Centre for Playback Theatre and the University of the Witwatersrand
	Key Accomplishments: Establishing the first affiliate school of Playback Theatre in Africa Running three successful years of Playback theatre Core and Intermediate training for Drama for Life Advanced Diploma Students The establishment of structures to run Playback theatre training throughout Africa
2016-07 - 2016-07	University of the Witwatersrand Subject: Drama therapy theory & practice-FACILITATOR Addressed and workshoped how Playback Theatre can be adapted as a psycho-therapeutic model.
2016-05 - 2016-06	Kairos School of Inquiry Subject: Playback Theatre PLAYBACK THEATRE TRAINER Training grade 5 to 7 learners in Playback Theatre techniques
2014-02 - 2016-06	Ububele-The Educational and Psychotherapy Trust Subject: : Persona Doll PERSONA DOLL TRAINER Facilitating Persona Doll practitioner training groups
2016-03 - 2016-04	University of the Witwatersrand Subject: Drama therapy-FACILITATOR Introduced Honours students to the practical and theoretical underpinnings of the Sesame\Drama and Movement therapy approach.
2013-05 - 2015-11	Themba Interactive Theatre Subject: PRACTICAL SUPERVISION Providing creative supervision for the theatre in education company
2015-08 - 2015-08	The International Association of Theatre for Children and Young People (ASSITEJ) South Africa Subject: GUEST SUPERVISOR Assist theatre groups in working with audiences and developing workshops
2014-07 - 2015-06	University of the Witwatersrand-- Music Department Subject: : Drama DRAMA FACILITATOR Teach classes aimed at developing facilitation skills, embodiment and the use of drama for community music students
2010-02 - 2010-11	University of the Witwatersrand- Drama for Life Subject: Applied Theatre SPECIAL STUDIES COURSE LECTURER & COURSE CO-ORDINATOR Co-ordinate and design the Special Studies Course with a focus on HIV & Aids for postgraduate students and carry out lecturing duties
2010-06 - 2010-06	Standard Bank Maths Winter School Programme Subject: FACILITATOR WELL-BEING WORKSHOPS Design and facilitate de-stress workshops for Matric students studying maths and science
2009-05 - 2009-11	Enhancing Children's HIV/AIDS Outcomes (ECHO) Harriet Shezi Clinic Subject: APPLIED THEATRE FACILITATOR Design and plan session support children who are affected and infected by HIV & Aids using Applied Theatre methodologies
2009-03 - 2009-11	University of the Witwatersrand-Wits School of Arts Subject: Improvisation LECTURER IMPROVISATION Lecturing and planning improvisation classes for first-year drama students

ICT EXPERIENCE

Microsoft Word	Knowledge level: Good
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PROJECT / RESEARCH EXPERIENCE

2022-08 - 2022-12	Project: Playback Theatre and social justice Scope / workload: CO-CONVENER Education and peer support group initiative
2022-05 - 2022-12	Project: For Palestine Playback Theatre Festival Scope / workload: CO-CONVENER Curation of event,programme planning and partnership coordination
2021-12 - 2022-12	Project: The International Playback Theatre Network: South Africa 2023 Scope / workload: CO-CONVENERPROGRAMMING HEAD I was part of the South African committee that won the bid to host the world Playback Theatre conference in 2023. I am the head of the programme portfolio which holds the vision and programming responsibilities for the conference
2021-01 - 2022-12	Project: • Playback Theatre Reflects Seminar series Scope / workload: CONVENER Profiles practitioner-researchers in Playback Theatre who publish in peer-reviewed journals.
2017-07 - 2017-11	Project: The Norwegian University of Science and Technology-Department of Art and Media Studies: The Democracy Through Theatre Project Scope / workload: COORDINATOR and ASSISTANT CURATOR Design, execute and report on conference Funding source: DIKU
2008-09 - 2017-02	Project: ARTISTIC DIRECTOR AND FOUNDER OF DRAMA FOR LIFE PLAYBACK THEATRE Scope / workload: Implement vision and mission of project Project planning and implementation Project design Execution of

ongoing group training
 Key Accomplishments:
 Founding the first officially recognised Playback Theatre Company in Southern Africa recognised by the Centre for Playback Theatre in New York.
 Running a successful company from inception working with many high-profile clients.
 Developing inter-disciplinary playback theatre training relevant to the socio-political landscape of South Africa for company members such as HIV & Aids, emotional well-being and diversity issues concerning race, gender, identity and sexuality themes

- 2014-11 - 2014-11 Project: Breaking Down the Wall Festival Scope / workload: CURATORr and PERFORMER
 Breaking Down the Wall gathered Jewish and non-Jewish South African artists to speak out against the military occupation Isreal\Palestine and the bombardment of Gaza in 2014. It created a space for alternative Jewish voices to express their dissent through art. The event involved art installations, music, performance, films and talks by famous Jewish and non-Jewish South Africans in solidarity with Palestine.
- 2009-06 - 2011-06 Project: University of the Witwatersrand- Acting Against Conflict Scope / workload: FACILITATOR AND PROJECT CO-ORDINATOR
 Co-ordinate the project and facilitate conflict resolution sessions using applied theatre methodologies

PUBLICATIONS / SCIENTIFIC PRODUCTIONS

- 2022-08 Type: Thesis Degree: Ph.D.
 Barolsky, Kathy, and Norges Teknisk-naturvitenskapelige Universitet Institutt for Kunst- Og Medievitenskap.
 Playback Theatre : Intra-acting with Stories in Post-apartheid South-Africa 2022:2022-240 (2022).
- 2022-04 Type: Scientific Journal Degree: Other
 Barolsky, K. (2022). Playback Theatre and the significance of intra-actions in staging social artistry. Applied Theatre Research, 10(1), 55-70.
- 2021-07 Type: Scientific Journal Degree: Other
 Barolsky, K. (2021). Playback Theatre, social justice and empathy: A diffractive review. Applied Theatre Research, 9(2), 117-132.
- 2021-07 Type: Peer Reviewed Anthology Chapter Degree: Other
 Barolsky, K., & Halley, C. (2021). Liezel's story-# NotInMyName: Playback Theatre in Post-apartheid South Africa. Theatre and Democracy: Building Democracy in Post-War and Post-Democratic Contexts, Oslo: Cappelen Damm NOASP, 239-59.
- 2021-02 Type: Scientific Journal Degree: Other
 Barolsky, K. (2021). Doing white differently? Playback Theatre and whiteness in post-apartheid South Africa. Research in Drama Education: The Journal of Applied Theatre and Performance, 26(2), 224-239.
- 2021-01 Type: Peer Reviewed Book Anthology Chapter Degree: Other
 BAROLSKY, K. (2022). Capter Seventeen Drama for Life Playback Theatre: Playback Theatre values in practice. Innovative Methods for Applied Drama and Theatre Practice in African Contexts: Drama for Life, 323.

REFERENCES

- Anna-Lena Østern Emeritus Professor Location: University Phone: +47 472 50383 anna.l.ostern@ntnu.no
- Helen Nicholson Professor & Director of Research and Knowledge Exchange, School of Performing and Digital Arts Location: Royal Holloway, University of London Phone: +441784443944 H.Nicholson@rhul.ac.uk
- Bjørn Rasmussen Professor in Drama & Former Project Head of the Building Democracy Through Theatre Project Location: University of Science and Technology Phone: +479187425 bjorn.rasmussen@ntnu.no

COURSES

- 2015-02 Tavistock Accredited Level 2-Working with Groups Ububele-The Educational and Psychotherapy Trust, Johannesburg, South Africa Duration: One Year
- 2014-02 Tavistock Accredited Level 1-Working with Groups :Ububele-,The Educational and Psychotherapy Trust Johannesburg, South Africa Duration: One Year
- 2013-07 Centre for Playback Theatre-Leadership Training Duration: Three weeks
 Highest level training in Playback Theatre after a minimum of five years of Playback Theatre Practice
- 2013-02 Ububele-The Educational and Psychotherapy Trust : Persona Doll Training Duration: One Month
 Training in Persona Doll facilitation for children
- 2009-06 Global Majority and the University of Johannesburg- Promoting Peace Through Dialogue; South Africa Duration: Three Weeks
 Training seminar on conflict resolution, transitional justice and peacebuilding
- 2008-07 Centre for Playback Theatre- Core Course in Playback Theatre Duration: Five Days
 Training in the foundation skills of Playback Theatre practice
- 2008-07 Centre for Playback Theatre-Advanced Skills Course Duration Duration: Five Days
 Advanced skills training in Playback Theatre
- 2008-07 Centre for Playback Theatre-Conductor Training Duration: Four Days
 Specialised Playback Theatre training focusing on the role of the Conductor

LANGUAGES

- English Verbal skills: Native language Written skills: Native language
- Norwegian - bokmål Verbal skills: Basic skills Written skills: Basic skills