###### CURRICULUM VITAE

**PERSONALIA**

**Name** Heidi Marie Hjelmeland

**Date of birth** April 27, 1960

**Place of birth** Trondheim, Norway

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**Current position** Professor, Department of Mental Health

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### EDUCATION

PhD in Psychology (Dr. polit.), Faculty of Social Sciences and Technology Management, Norwegian University of Science and Technology, 1997

Master of Science in Psychology (Cand. polit.), Department of Psychology, Universitety of Trondheim, 1992

Bachelor’s Degree (Cand.mag.), content: psychology, pedagogics, genetics, cell biology, environmental toxins, University of Trondheim, 1987

Medical Laboratory Engineer, Trondheim Technological College, 1985

### WORK EXPERIENCE

Professor II of Mental Health Work, Faculty of Nursing, Sør-Trøndelag University College, Trondheim, 20% position, 01.09.2014-31.12.15

Advisor, Regional Ressource Centre on Violence, Traumatic Stress and Suicide Prevention, Trondheim, 20% position, from 01.09.2013-31.08.2014

Senior Researcher, Norwegian Institute of Public Health, Division of Mental Health, Oslo, 20% position, from 01.01.2005-31.08.2013

Professor of Health Science, Department of Social Work and Health Science, Norwegian University of Science and Technology, Trondheim, 01.08.2004-31.12.16

Professor of Health Psychology, Department of Psychology, Norwegian University of Science and Technology, Trondheim, 01.09.2003-31.07.2004

Associate Professor, Department of Psychology, Norwegian University of Science and Technology, Trondheim, 20% position in the period 01.06.1997-31.12.1998, 100% position in the period 01.01.1999-30.08.2003

Head/researcher, The Resource Center for Suicide Research and Prevention in Central Norway, Department of Psychiatry, Norwegian University of Science and Technology, 100% position in the period 01.01.1997-31.12.1998, 20% in the period 01.01.1999-31.12.2003

Research Fellow, Department of Psychology, Norwegian University of Science and Technology, 01.10.1992-31.12.1996

Researcher, Center for Social Science Research, Trondheim, 01.07.1992-30.09.1992

Medical Laboratory Engineer, Department of Pathology, mainly Section for Electron Microscopy, St.Olav’s Hospital (then The Regional Hospital, Trondheim), 100% position 01.07.1985-31.08.1989, 50% position 01.09.1989-31.07.1992

Various jobs as nursing assistant, physiotherapy assistant and office assistant 1979-1984

**SCIENTIFIC PRODUCTION**

### PUBLICATIONS IN REFEREE-BASED SCIENTIFIC JOURNALS

94) Hagen J, Knizek BL, Hjelmeland H (2024) Corrosion of care and disempowerment in acute psychiatry: As seen from the positions of the therapists and suicidal patients. *Health.* DOI: 10.1177/13634593241303617

93) Knizek BL, Mugisha J, Kinyanda E, Hagen J, Hjelmeland H (2024) «When you are alone you have a narrow mind, but when you are with others you think broader into the other aspects”. A qualitative study on the role of sense of belonging and mattering in attempted suicide in Uganda. *International Journal of Qualitative Studies on Health and Well-being*, 19, https://doi.org/10.1080/17482631.2024.2424012

92) Espeland K, Knizek BL, & Hjelmeland H (2022) Lifesaving turning points: First-person accounts of recovery after suicide attempt(s). *Death Studies,* 47(5), 550-558. DOI: 10.1080/07481187.2022.2108941

91) Knizek BL, Andoh-Arthur J, Osafo J, Mugisha J, Kinyanda E, Akotia C, & Hjelmeland H (2021) Religion as meaning-making resource in understanding suicidal behavior in Ghana and Uganda. *Frontiers in Psychology*. Doi: 10.3380/fpsyg.2021.549404

90) Espeland K, Hjelmeland H, Knizek BL (2021) A call for change from impersonal risk assessment to a relational approach: professionals’ reflections on the national guidelines for suicide prevention in mental health care in Norway. *International Journal of Qualitative Studies on Health and Well-being*, 16:1, 1868737, DOI: 10.1080/17482631.2020.1868737

89) Espeland K, Knizek BL, Hjelmeland H (2021) “Time to try something new” – Professionals’ experiences and reflections on suicide prevention in Norway. *Crisis*, 42(6), 434-440. https://doi:10.1027/0227-5910/a000740

88) Hagen J, Knizek BL, & Hjelmeland H (2020) “ … I felt completely stranded”: liminality and recognition of personhood in the experiences of suicidal women admitted to psychiatric hospital. *International Journal of Qualitative Studies on Health and Well-being*, 15(1). https://doi:10.1080/17482631.2020.17311995

87) Andoh-Arthur J, Hjelmeland H, Osafo J, Knizek BL (2020) Substance use and suicide among men in Ghana: A qualitative study. *Current Psychology*, https://doi.org/10.1007/s12144-02-00644-0

86) Andoh-Arthur J, Knizek BL, Osafo J, Hjelmeland H (2019) Societal reactions to suicide in Ghana. A qualitative study of experiences of the bereaved. *Crisis*, http://dx.doi.org/10.1027/0227-5910/a000618

85) Stoor P, Berntsen G, Hjelmeland H, Silviken A (2019) «If you do not birget [manage] then you don’t belong here”: a qualitative focus group study on the cultural meanings of suicide among Indigenous Sámi in arctic Norway. *International Journal of Circumpolar Health,* 78:1565861, p. 1-11

84) Hjelmeland H, Jaworski K, Knizek BL, Marsh I (2019) Problematic advice from suicide prevention experts. *Ethical Human Psychology and Psychiatry,* 20(2), 79-85

83) Hjelmeland H & Knizek BL (2019) The emperor’s new clothes? A critical look at the Interpersonal Theory of Suicide. *Death Studies,* <https://doi.org/10.1080/07481187.2019.1614112>

82) Akotia CS, Knizek BL, Hjelmeland H, Kinyanda E, Osafo J (2019) Reasons for attempting suicide: An exploratory study in Ghana. *Transcultural Psychiatry*, 56(1), 233-249*.* DOI: 10.1177/1363461518802966

81) Knizek BL & Hjelmeland H (2018) To die or not to die: A qualitative study of men’s suicidality in Norway. *BMC Psychiatry* (2018) 18:263. https://doi.org/10.1186/s12888-018-1843-3

80) Mugisha J, Muyinda H, Hjelmeland H, Kinyanda E, Vancampfort D, Knizek BL (2018) Cultural responses towards the aftermath of suicide among the Acholi in northern Uganda. *International Journal of Social Psychiatry.* DOI: 10.1177/0020764018784625

79) Hagen J, Knizek BL, Hjelmeland H (2018) Former suicidal inpatients’ experience of care in psychiatric wards in Norway. *International Journal of Qualitative Studies in Health and Well-being.* https://doi.org/10.1080/17482631.2018.1461514

78) Andoh-Arthur J, Knizek BL, Osafo, J, & Hjelmeland H (2018) Suicide among men in Ghana: The burden of masculinity. *Death Studies,* 42(10), 658-666*.* https://doi.org/10.1080/07481187.2018.1426655*s*

77) Andoh-Arthur J, Hjelmeland H, Osafo J, & Knizek BL (2018) Walking the tightrope: reflections on police gatekeeping roles in suicide research in Ghana. *International Journal of Social Research Methodology*, 21(3), 289-301

76) Osafo J, Akotia CS, Hjelmeland H, Knizek BL (2017) From condemnation to understanding: Views on suicidal behaviour in Ghana in transition. *Death Studies (Special Issue on Critical Suicidology)*, 41(8), 532-541

75) Hjelmeland H & Knizek BL (2017) Suicide and mental disorders: A discourse of politics, power and vested interests. *Death Studies (Special Issue on Critical Suicidology),* 41(8), 481-492

74) Rasmussen ML, Hjelmeland H, Dieserud G (2017) Barriers toward help-seeking among young men prior to suicide. *Death Studies.* DOI:10.1080/07481187.2017.1328468

73) Hagen J, Hjelmeland H, Knizek BL (2017) Connecting with suicidal patients in psychiatric wards: Therapist challenges. *Death Studies,* 41(6), 360-367

72) Hagen J, Hjelmeland H, Knizek BL (2017) Relational principles in the care of suicidal inpatients: Experiences of therapists and mental health nurses. *Issues in Mental Health Nursing, 38(2),* 99-106*.* DOI: 10.1080/01612840.2016.1246631

71) Hagen J, Knizek BL, & Hjelmeland H (2016) Mental health nurses’ experiences of caring for suicidal patients in psychiatric wards: An emotional endeavour. *Archives of Psychiatric Nursing, 31,* 31-37*.* http://dx.doi.org/10.1016/j.apnu.2016.07.018

70) Hjelmeland H, Espeland B, Småvik R (2014) Om undervisning i selvmordsforebygging ved relevante universitets- og høgskoleutdanninger. *Tidsskrift for psykisk helsearbeid,* 348-357

69) Mars B, Burrows S, Hjelmeland H, Gunnel D (2014) Suicidal behaviour across the African continent: A review of the literature. *BMC Public Health*.   
DOI: 10.1186/1471-2458-14-606

68) Hjelmeland H, Osafo J, Akotia CS, Knizek BL (2014) The law criminalising attempted suicide in Ghana: The views of clinical psychologists, emergency ward nurses and police officers. *Crisis,* 35(2), 132-136

67) Akotia CS, Knizek BL, Kinyanda E, Hjelmeland H (2014) “I have sinned”: Understanding the role of religion in the experiences of suicide attempters in Ghana. *Mental Health, Religion and Culture,* 17(5), 437-448

66) Milner A, Hjelmeland H, Arensman E, De Leo D. (2013) Social and environmental factors and suicide mortality: A narrative review of over 200 articles. *Sociology Mind*, 3(2), 137-148

65) Straiton M, Roen K, Dieserud G, Hjelmeland H (2013) Pushing the boundaries: Understanding self-harm in a non-clinical population. *Archives of Psychiatric Nursing,* 27(2), 78-83

64) Osafo J, Knizek BL, Kinyanda E, Hjelmeland H. (2013) Influence of religious factors on attitudes towards suicidal behaviour in Ghana. *Journal of Religion and Health,* 52(2), 488-504

63) Hjelmeland H & Knizek BL (2013) Hva er meningen? Selvmordsatferd som kommunikasjon. *Sosiologi i dag, 43(1),* 7-30

62) Mugisha J, Knizek BL, Kinyanda E, Hjelmeland H (2013) Religious views on suicide among the Baganda, Uganda: A qualitative study. *Death Studies*, http://dx.doi.org/10.1080/07481187.2011.641136

61) Straiton M, Hjelmeland H, Grimholt TK, Dieserud G (2013) Self-harm and conventional gender roles in women. *Suicide and Life-Threatening Behavior*, 43(2), 161-173. DOI: 10.1111/sltb.12005

60) Mugisha J, Hjelmeland H, Kinyanda E, Knizek BL (2012) The internal dialogue between the individual and the community: A discourse analysis of public views on suicide among the Baganda, Uganda. *International Journal of Culture and Mental Health,* DOI: 10.1080/17542863.2012.732589 (Printed in 2014: 7(2), 122-136)

59) Kizza D, Knizek BL, Kinyanda E, Hjelmeland H (2012) Men in Despair: A Qualitative Psychological Autopsy Study of Suicide in Northern Uganda. *Transcultural Psychiatry*, 49(5), 696-717

58) Kizza D, Knizek BL, Kinyanda E, Hjelmeland H (2012) An escape from agony: A qualitative psychological autopsy study of women’s suicide in a post-conflict Northern Uganda. *International Journal of Qualitative Studies in Health and Well-being*. dx.doi.org/10.3402/qhw.v7i0.18463

57) Knizek BL, Kinyanda E, Akotia CS, Hjelmeland H (2012) Between Hippocrates and God: Ugandan mental health professionals’ views towards suicide. *Mental Health, Religion and Culture.* DOI:10.1080/13674676.2012.719223

56) Hjelmeland H, Dieserud G, Dyregrov K, Knizek BL, Leenaars AA (2012) Psychological autopsy studies as diagnostic tools: Are they methodologically flawed? *Death Studies,* 36, 605-626

# 55) Kizza D, Hjelmeland H, Kinyanda E, Knizek BL (2012) Alcohol and Suicide in Postconflict Northern Uganda. A qualitative psychological autopsy study. *Crisis, 33(2),* 95-105

54) Hjelmeland H, Kinyanda E, Knizek BL (2012) Mental health workers’ views on the criminalization of suicidal behavior in Uganda. *Medicine, Science, and the Law, DOI: 10.1258/msl.2012.011107*

53) Straiton M, Røn K, Hjelmeland H (2012) Gender roles, suicidal ideation and self-harming in young adults. *Archives of Suicide Research, 16,* 29-43

52) Osafo J, Knizek BL, Akotia CS, Hjelmeland H (2012) Attitudes of Psychologists and Nurses toward Suicide and Suicide Prevention in Ghana: A qualitative Study. *International Journal of Nursing Studies,* 49(6), 691-700

51) Osafo J, Hjelmeland H, Akotia CS, Knizek BL (2011) Social injury: An interpretative phenomenological analysis of the attitudes towards suicide of lay persons in Ghana. *International Journal of Qualitative Studies in Health and Well-being, 6:8708. DOI: 10.3402/qhw.v6i4.8708*

50)Osafo J, Hjelmeland H, Akotia CS, Knizek BL (2011) The meaning(s) of suicidal behaviour to psychology students in Ghana: A qualitative approach. *Transcultural Psychiatry, 48(5),* 643-659*.* DOI:10.1177/1363461511417318

49)Mugisha J, Hjelmeland H, Kinyanda E, Knizek BL (2011) Distancing: A traditional mechanism of dealing with suicide among the Baganda, Uganda. *Transcultural Psychiatry, 48(5),* 624-642*.* DOI: 10.1177/1363461511419273

48) Dyregrov K, Dieserud G, Hjelmeland H, Straiton M, Rasmussen ML, Knizek BL, Leenaars AA (2011) Meaning-making through psychological autopsy interviews: The value of participating in qualitative research for those bereaved by suicide. *Death Studies, 35,* 685-710

47) Kinyanda E, Wamala D, Musisi S, Hjelmeland H (2011) Suicide in urban Kampala, Uganda: A preliminary exploration. *African Health Sciences, 11(2),* 219-227

46) Kizza D, Hjelmeland H, Kinyanda E, Knizek BL (2011) Qualitative psychological autopsy interviews on suicide in post-conflict Northern Uganda: The participants’ perceptions. *Omega – The Journal of Death and Dying, 63(3),* 235-254

45) Mugisha J, Knizek BL, Kinyanda E, Hjelmeland H. (2011) Doing qualitative research on suicide in a developing country: practical and ethical challenges. *Crisis*, *32(1)*, 15-23

44) Knizek BL, Hjelmeland H, Kinyanda E, Owens V. (2011) Ugandan Men’s Perceptions of What Causes and What Prevents Suicide. *Journal of Men, Masculinities and Spirituality*, *5(1),* 4-21

43) Knizek BL, Akotia C, Hjelmeland H (2010-2011) A qualitative study of attitudes towards suicide and suicide prevention among psychology students in Ghana. *Omega: The Journal of Death and Dying,* 62(2), 169-186

42) Dyregrov K, Dieserud G, Straiton M, Rasmussen ML, Hjelmeland H, Knizek BL, Leenaars AA (2010-2011) Motivation for research participation among people bereaved by suicide. *Omega – The Journal of Death and Dying*, 62(2), 149-168

41) Hjelmeland H & Knizek BL (2010) ”Selvmord er ikke akseptabelt og kan forebygges”: Holdninger til selvmord og selvmordsforebygging i Norge. *Tidsskrift for Norsk Psykologforening*, 47, 908-915

40) Skruibis P, Gailiene D, Hjelmeland H, Fartacek R, Fekete S, Knizek BL, Osvath P, Salander Renberg E, Rohrer RR (2010) Attitudes towards suicide among regional politicians in Lithuania, Austria, Hungary, Norway and Sweden. *Suicidology Online*, 1, 79-87

39) Hjelmeland, H. (2010) Cultural research in suicidology: Challenges and opportunities. *Suicidology Online*, 1, 34-52.

38) Zahl P-H, De Leo D, Ekeberg Ø, Hjelmeland H, Dieserud G. (2010) The relationship between sales of SSRIs, TCAs and suicide rates in the Nordic countries. *BMC Psychiatry* 10, 62.

37) Hjelmeland H & Knizek BL (2010) Why we need qualitative research in suicidology. *Suicide and Life-Threatening Behavior*, 40(1), 74-80

36) Salander Renberg E, Hjelmeland H, Koposov R (2008) Building models for the relationship between attitudes towards suicide and suicidal behaviour. Based on data from general population surveys in Sweden, Norway and Russia. *Suicide and Life-Threatening Behavior*, 38(6): 661-675

35) Hjelmeland H, Knizek BL, Kinyanda E, Musisi S, Nordvik H, Svarva K. (2008) Suicidal behaviour as communication in a cultural context. A comparative study between Uganda and Norway. *Crisis*, 29(3): 137-144

34) Knizek BL, Hjelmeland H, Skruibis P, Fartacek R, Fekete S, Gailiene D, Osvath P, Salander Renberg E, Rohrer RR. (2008) County council politicians’ attitudes towards suicide and suicide prevention. A qualitative cross-cultural study. *Crisis*, 29(3): 123-130

33) Hjelmeland H, Akotia C, Owens V, Knizek BL, Nordvik H, Schroeder R, Kinyanda E, (2008) Self-reported suicidal behaviour and attitudes towards suicide and suicide prevention among psychology students in Ghana, Uganda and Norway. *Crisis*, 29(1):20-31

32) Knizek BL & Hjelmeland H (2007) A theoretical model for interpreting suicidal behaviour as communication. *Theory & Psychology,* 17(5):697-720

31) Crane C, Williams JMG, Hawton K, Arensman E, Hjelmeland H, Bille-Brahe U, Corcoran P, De Leo D, Fekete S, Grad O, Haring C, Kerkhof A, Lönnqvist J, Michel K, Salander-Renberg E, Schmitdke A, van heeringen K, Wasserman D (2007) The association between life events and suicide intent in in self-poisoners with and without a history of deliberate self-harm.: A preliminary study. *Suicide and Life-Threatening Behavior*, 37(4):367-378

30) Hjelmeland H, Kinyanda E, Knizek BL, Owens V, Nordvik H and Svarva K (2006) A discussion of the value of cross-cultural studies in search of the meaning(s) of suicidal behaviour and the methodological challenges of such studies. *Archives of Suicide Research*, 10:15-27

29) McAuliffe C, Corcoran P, Keeley HS, Arensman E, Bille-Brahe U, De Leo D, Fekete S, Hawton K, Hjelmeland H, Kelleher M, Kerkhof AJFM, Lönnqvist J, Michel K, Salander-Renberg E, Schmidtke A, van Heeringen K, Wasserman D (2006) Problem-solving ability and repetition of deliberate self-harm: A multicentre study. *Psychological Medicine,* 36: 45-55

28) Hjelmeland H & Knizek BL (2005) The communicative aspects of suicidal behaviour: Are there gender differences? *The View. Acta Suicidologica Slovenica,* III(1-2):11-20

27) Kinyanda,E, Hjelmeland H, Musisi S, Kigosi F, Walugembe J (2005) Repetition of deliberate self-harm as seen in Uganda. *Archives of Suicide Research*, 9:333-344

26) Kinyanda E, Hjelmeland H, Musisi S (2005) Psychological factors in deliberate self-harm as seen in an urban African population in Uganda: A case-control study. *Suicide and Life-Threatening Behavior*, 35(4):468-477

25) Hjelmeland H and Grøholt B (2005) A comparative study of young and adult deliberate self-harm patients. *Crisis: The Journal of Crisis Intervention and Suicide Prevention,* 26(2):64-72

24) Kinyanda E, Hjelmeland H, Musisi S (2005) Negative life events in deliberate self-harm as seen in an African population in Uganda. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 26(1):4-11

23) Hjelmeland H and Knizek BL (2004) The general public’s views on suicide and suicide prevention, and their perception of participating in a study of attitudes towards suicide. *Archives of Suicide Research*, 8(4):345-359

22) Kinyanda E, Hjelmeland H, Musisi S (2004) Deliberate self-harm as seen in Kampala, Uganda: A case control study. *Social Psychiatry and Psychiatric Epidemiology*, 39:318-325

21) Hjelmeland H (2004) Norwegian action plan for suicide prevention: Practical implementation of some goals in one of the regions. *Pogled (The View) – Acta Suicidologica Slovenica*, II(1-2): 35-40

20) Hjelmeland H & Knizek BL (2003) Suicidal atferd som kommunikasjonshandling: betydningen av kjønn og kultur. *Suicidologi*, 3:12-15

19) Hjelmeland H, Knizek BL, Nordvik H (2002): The communicative aspect of nonfatal suicidal behaviour - are there gender differences? *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 23(4):144-155

18) Hjelmeland H, Hawton K, Nordvik H, Bille-Brahe U, De Leo D, Fekete S, Grad O, Haring C, Kerkhof AJFM, Lönnqvist J, Michel K, Renberg ES, Schmidtke A, Van Heeringen K, Wasserman D (2002) Why people engage in non-fatal suicidal behavior: A cross-cultural study of intentions. *Suicide and Life-Threatening Behavior*, 32(4):380-393

17) Hultén A, Jiang GX, Wasserman D, Hawton K, Hjelmeland H, De Leo D, Ostamo A, Salander-Renberg E, Schmidtke A (2001) Repetition of attempted suicide among teenagers in Europe: Frequency, timing and risk factors. *European Child and Adolescent Psychiatry*, 10(3):161-169

16) De Leo D, Padoani W, Scocco P, Lie D, Bille-Brahe U, Arensman E, Hjelmeland H, Crepet P, Haring C, Hawton K, Lönnqvist J, Michel K, Pommereau X, Querejeta I, Phillipe J, Salander-Renberg E, Schmidtke A, Fricke S, Weinacker B, Temesvary B, Wasserman D, Sampaio Faria J (2001) Attempted and completed suicide in older subjects: Results from the WHO/EURO Multicentre Study of Suicidal Behaviour. *International Journal of Geriatric Psychiatry,* 16(3):300-310

15) Hjelmeland H (2001) WHO-undersøkelsen i Sør-Trøndelag: Parasuicidraten øker for unge kvinner. *Suicidologi*, 1:12-13

14) Hjelmeland H, Nordvik H, Bille-Brahe U, De Leo D, Kerkhof A, Lönnqvist J, Michel K, Salander Renberg E, Schmidtke A, Wasserman D (2000) A cross-cultural study of suicidal intent in parasuicide patients. *Suicide and Life-Threatening Behavior,* 30(4):295-303

13) Hjelmeland H & Knizek BL (1999) Conceptual confusion about intentions and motives of nonfatal suicidal behavior: A discussion of terms employed in the literature of suicidology. *Archives of Suicide Research,* 5(4):275-281

12) Bille-Brahe U, Egebo H, Crepet P, De Leo D, Hjelmeland H, Kerkhof A, Lönnqvist J, Michel K, Salander-Renberg E, Schmidtke A and Wasserman D (1999) Social support among European suicide attempters *Archives for Suicide Research*, 5(3):215-231

11) Schmidtke A, Weinacker B, Apter A, Batt A, Berman A, Bille-Brahe U, Botsis A, De Leo D, Doneux R, Goldney R, Grad O, Haring C, Hawton K, Hjelmeland H, Kelleher M, Kerkhof A, Leenaars A, Lönnqvist J, Michel K, Ostamo A, Salander-Renberg E, Sayil I, Takahashi Y, Van Heeringen C, Värnik A and Wasserman D (1999) Suicide rates in the world: Update. *Archives of Suicide Research*, 5:81-89

10) Jessen G, Andersen K, Arensman E, Bille-Brahe U, Crepet P, De Leo D, Hawton K, Haring C, Hjelmeland H, Michel K, Ostamo A, Salander-Renberg E, Schmidtke A, Temesvary B, Wasserman D (1999) Temporal fluctuations and seasonality in attempted suicide in Europe. Findings from the WHO/EURO Multicentre Study on Parasuicide. *Archives of Suicide Research*, 5:57-69

9) Jessen G, Jensen BF, Arensman E, Bille-Brahe U, Crepet P, De Leo D, Hawton K, Haring C, Hjelmeland H, Michel K, Ostamo A, Salander-Renberg E, Schmidtke A, Temesvary B, Wasserman D (1998) Attempted suicide and major public holidays in Europe. Findings from the WHO/EURO Multicentre Study on Parasuicide. *Acta Psychiatrica Scandinavica*, 6:412-418

8) Hjelmeland H, Stiles TC, Bille-Brahe U, Ostamo A, Salander Renberg E & Wasserman D (1998) Parasuicide: the value of suicidal intent and various motives as predictors of future suicidal behaviour. *Archives of Suicide Research*, 4(3):209-225

7) Hjelmeland H (1996) Repetition of parasuicide: a predictive study. *Suicide and Life-Threatening Behavior,* 26(4):395-404

6) Nielsen AS, Bille-Brahe U, Hjelmeland H, Jensen B, Ostamo A, Salander-Renberg E, Wasserman D (1996) Alcohol problems among suicide attempters in the Nordic countries. *Crisis: The Journal of Crisis Intervention and Suicide Prevention,* 17(4):157-166

5) Hjelmeland H (1996) Verbally expressed intentions of parasuicide: II. Prediction of fatal and non-fatal repetition. *Crisis: The Journal of Crisis Intervention and Suicide Prevention,* 17(1):10-14

4) Hjelmeland H, Bjerke T (1996) Parasuicide in the county of Sør-Trøndelag, Norway: general epidemiology and psychological factors*. Social Psychiatry and Psychiatric Epidemiology*, 31:272-283

3) Hjelmeland H (1995) Verbally expressed intentions of parasuicide: I. Characteristics of patients with various intentions. *Crisis: The Journal of Crisis Intervention and Suicide Prevention,* 16(4):176-83

2) Hjelmeland H, Bjerke T, Stiles TC (1995) Parasuicid i Sør-Trøndelag 1989-92. Kliniske og psykologiske karakteristika. *Tidsskrift for Den norske lægeforening*, 15(115):1924-8

1) Bjerke T, Hjelmeland H, Jørgensen PT, Stiles TC, Skjærvold L (1995) Parasuicid i Sør-Trøndelag 1989-92. Rater og sosiodemografiske karakteristika. *Tidsskrift for Den norske lægeforening*, 10(115):1221-4

**Editorials in scientific referee-based journals**

2) Hjelmeland H & Kapusta ND (2013) Editorial: Suicidology Online: Past, present and future. *Suicidology Online*, 4, 1-3

1) Hjelmeland H (2011) Invited Editorial: Cultural context is crucial in suicide research and prevention. *Crisis, 32(2),* 61-64

**Chronicals, commentaries, letter to editors, and debate contributions**

20) Hjelmeland H (2022) Stygge forhold i selvmordsforskning og -forebygging. *Speilvendt,* 30, *Temanummer «Stygt»*

19) Hagen, J., Hjelmeland, H., Espeland, K., Knizek, B.L. (2021). Kan vi ha en reell debatt om selvmordsforebygging i Norge? *Tidsskrift for Den norske legeforening*, DOI:10.4045/tidsskr.20.0945

18) Hjelmeland H, Knizek BL, Rasmussen, ML (2020) Misvisende om selvmordsforebygging. *Tidsskrift for Norsk psykologforening,* 57(5), 377-380

17) Hagen J, Hjelmeland H, Knizek BL (2020) Suicidalitet er relasjonell. *Tidsskrift for Norsk psykologforening,* 57(2)

16) Hjelmeland H & Knizek BL (2019) Response to Bantjes and Swartz. *Qualitative Health Research*, DOI: 10.1177/1049732319890310

15) Hjelmeland, H. & Knizek, B.L. (2019). Epistemological differences in the discussion of the interpersonal theory of suicide: A reply to the response. *Death Studies*. https://doi.org/10.1080/07481187.2019.1614112

14) Hagen J, Hjelmeland H, Knizek BL (2018) Sykdommen dreper ikke. Klassekampen, 20.12.2018, s. 25

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### RESEARCH REPORTS

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### OTHER WRITTEN PRODUCTION

#### **Reports**

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#### **Published abstracts**

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Stiles TC, Hjelmeland H, Bjerke T and Jørgensen PT (1994) Impulsivity in repeated parasuicide. Abstract presentert ved “Fifth European Symposium on Suicide”, Cork, Ireland, 31.08-03.09.1994

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Hjelmeland H (2011) World Suicide Prevention Day 2011. *International Association of Suicide Prevention News Bulletin*, May/June, 1

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Schmidtke A, Löhr C, Fricke S, Bille-Brahe U, Arensman E, Crepet P, De Leo D, Fekete S, Grad O, Haring C, Hawton K, van Heeringen C, Hjelmeland H, Kerkhof A, Michel K, Lönnqvist J, Salander Renberg E, Wasserman D (2000) Imitation of suicidal behaviour: A cross-cultural study. I: O. Grad (ed.) Suicide Risk and Protective factors in the New Millennium. Cankarjev dom, Ljubljana, pp. 273-276

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Hjelmeland H (1998) Referat fra “Den 2. nettverkskonferansen om selvmordsforebygging i HelseregionIV”. *Nytt i Suicidologi - fra forskning til forebygging*, 3:21

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Hjelmeland H & Ostamo A (1997) WHO/EURO Multicentre Study on Parasuicide: Report from the Project Meeting in Bern, Switzerland, August 28-30, 1997. *Crisis,* 18(3):140-41

Hjelmeland H (1997) Regionalt kompetansesenter i Trondheim. *Nytt i Suicidologi - fra forskning til forebygging*, 1:11

**Contributions to reports and guidelines**

Contributed to *Psykiske lidelser i Norge: Et folkehelseperspektiv*. Rapport 2009:8 fra Folkehelseinstituttet

Contributed to *Guidelines for Country-Based Programmes of Suicide Prevention*, WHO, 2004

Contributed to *Mestring av depresjon. Veileder i forståelse og behavndling av stemningslidelser*. Tidsskrift for Norsk Psykologforening, april 2002

**CONFERENCE PRESENTATIONS**

**Invited talks at international and national conferences**

87) Hjelmeland H (2024) Selvmord i kontekst: Fra mening til forebygging. Foredrag på konferansen «Should I stay, or should I go? Selvmordsforebygging i Sápmi i et eksistensielt perspektiv», Tromsø 12.-13.11.24

86) Hjelmeland H (2024) Is suicide prevention destined to stagnate? Yes, unless… Opening Keynote at the Triple i: Intuition, Imagination and Innovation in Suicidology Conference: “Is Suicide Prevention Destined to Stagnate?”, Slovenia (Zoom), 14.-15.05.24

85) Hjelmeland H & Large M interviewed on stage by Lakshmi Vijayakumar in the session “In conversation” on our views on the “Present state and the future of suicide prevention” at the “IASP 32nd World Congress”, Piran, Slovenia, 19.-23.09.23

84) Intervjuet av Trond Idås på scenen om: Selvmord i journalistikken. Hellkonferansen 2023, Hell 11.02.23

83) Hjelmeland H (2022) For å kunne forebygge selvmord må vi forstå hva suicidalitet handler om. Foredrag ved «Regional konferanse om selvmordsforebygging», Trondheim, 27.-28.10.2022

82) Hjelmeland H (2022) Løft blikket – og du kan forebygge selvmord. Snap-kjappforedrag ved seminar ifm. Verdensdagen for psykisk helse: «Vi trenger hverandre – løft blikket!», Trondheim, 18.10.2022

81) Hjelmeland H (2022) Alle kan bidra til å forebygge selvmord. Foredrag ved Litteraturhuset i Trondheim, Trondheim, 18.08.2022

80) Hjelmeland H (2022) Alle kan bidra til å forebygge selvmord. Foredrag ved «God nok-festivalen», Engeløya i Steigen, 21.-24.07.2022

79) Hjelmeland H (2022) Selvmordsforskning mot strømmen. Åpent fagmøte «Selvmordsforebygging i Norge: Tilbakeblikk og fremtidsvisjoner», Oslo 31.05.2022

78) Hagen J & Hjelmeland H (2022) Selvmordsforebygging i psykisk helsevern – hva vektlegges, og hvordan ønsker personer i suicidal krise å bli møtt? Foredrag ved Fagkveld i anledning den internasjonale sykepleierdagen, NSF Viken. Fredrikstad, 11.05.22

77) Hagen J, Knizek BL, Hjelmeland, H (2020) Kvinners opplevelser av suicidalitet og innleggelse i psykiatrisk akuttpost. Snapp-kjapp-presentasjon av forskning i anledning Verdensdagen for psykisk helse (webinar), Trondheim, 13.10.20

76) Hjelmeland H (2020) Suicidalitet å forstås i kontekst. Plenumsforedrag ved Psykologikongressen, Oslo 03-04.09.2020

75) Hjelmeland H (2020) To prevent suicide, we need to understand (the meanings of) suicidality. UK Suicide Prevention Summit (webinar), 22.03.2020

74) Hjelmeland H (2020) Selvmordsforebygging: Et kritisk blikk på noen etablerte «sannheter». Plenumsforedrag ved Psykiatriveka (webinar), Trondheim, 09-13.03.2020

73) Hjelmeland H (2019) Established Truths in Suicidology: Are They Really True?Invited plenary presentation at the 4th Vilnius Conference on Suicide and Suicide Intervention Methods, Vilnius, Lithuania, 15.11.2019

72) Hjelmeland H (2017) Suicide must be understood in context. Invited plenary presentation at the “XXIX IASP World Congress: Preventing Suicide: A global Commitment, from Communities to Continents”, and, “The 21st Malaysian Conference of Psychological Medicine (MCPM), Kuching, Malaysia, 18-22.07.2017

71) Hjelmeland H (2015) Å forstå selvmord/suicidalitet i kontekst: Fra mening til forebygging. Invited talk in a parallel session at ”Septemberkonferansen: Kriser og psykososialt arbeid”, Bergen, 03-04.09.2015

70) Hjelmeland H (2015) Risikofaktorer, risikofaktorer, risikofaktorer: Er dagens selvmordsforskning relevant for selvmordsforebygging? Invited plenary talk at the conference ”Traume og evidens”, Bergen, 02.09.2015

69) Hjelmeland H (2015) Suicide research and prevention: Reflections and key issues to be taken forward in the Australian Context. Invited plenary talk and discussion at “The National Suicide Prevention Conference Australia 2015: Changing Systems, Changing Lives”, Hobart, Australia, 26-29.07.2015

68) Hjelmeland H (2015) Understanding suicide in a contextual perspective. Invited plenary talk at “The National Suicide Prevention Conference Australia 2015: Changing Systems, Changing Lives”, Hobart, Australia, 26-29.07.2015

67) Hjelmeland H & Knizek BL (2015) Qualitative suicide research: What is it and what can it contribute beyond what quantitative research is able to? Invited parallel plenary talk at the “28th World Congress of the International Association for Suicide Prevention: New Discoveries and Technologies in Suicide Prevention”, Montreal, 16-20.06.2015

66) Mugisha J, Knizek BL, Kinyanda E, Hjelmeland H (2015) Rituals and communication styles connected to suicide among the Baganda: Qualitative research where no suicide research previously has been conducted. Invited parallel plenary talk at the “28th World Congress of the International Association for Suicide Prevention: New Discoveries and Technologies in Suicide Prevention”, Montreal, 16-20.06.2015

65) Hjelmeland H (2014) Risk factors, risk factors, and more risk factors: Are we doing the right kind of research to guide clinical care? Invited plenary presentation at "APM 2014: 61st Annual Meeting of the Academy of Psychosomatic Medicine: Lessons from our best teachers: Patient-informed advances in clinical care, research and leadership", Fort Lauderdale, 12.-15.11.2014

64) Hjelmeland H (2014) Hva er meningen? Selvmordsatferd som kommunikasjon. Foredrag ved konferansen "Suicid och suicidprevention – ny kunnskap och erfarenheter från vården", Östersund, 22.-23.09.2014

63) Hjelmeland H (2014) The importance of culture in «biological times». Examples from suicide research and prevention. Invited plenary presentation at “Lithuanian National Psychology Conference”, Kaunas, Lithuania, 08.05.-09.05.2014

62) Knizek BL, Mugisha J, Osafo J, Kinyanda E, Akotia CS, Kizza D, & Hjelmeland H (2014) Ethical issues in qualitative research on a taboo subject in Africa: The case of suicide. Plenary presentation at the "World Psychiatric Association regional Congress: Global Mental Health: Innovation and Opportunities for Sub Saharan Africa", Kampala, 06-08.02.2014

61) Hjelmeland H (2013) Risk factors, risk factors, and more risk factors. Is today’s suicide research useful for patient care? Invited talk at Mayo Clinic’s “Aeschi West: Basic principles in working with suicidal patients”, Vail, Colorado, 31.05.-02.06.2013

60) Hjelmeland H (2012) Translating research into practice: What have we achived so far? The qualitative perspective. Invited talk at the “3rd TRIPLE i: intuition, imagination and innovation in suicidology”, Koper, Slovenia, 10.-11.05.2012

59) Hjelmeland H (2012) Suicidal behaviour in a cultural perspective – the umbrella project. Presentation at the “Workshop on Suicide Prevention”, Butabika Hospital, Kampala, 23.02.2012

58) Hjelmeland H (2012) The cultural perspective in suicide research and prevention. Invited talk at the workshop “Suicidal behaviour of immigrants and their descendants in Europe”, Berlin, 26-27.01.2012

57) Hjelmeland H & Knizek BL (2012) Suicidal behaviour as communication in a cultural context. Invited talk at the workshop “Suicidal behaviour of immigrants and their descendants in Europe”, Berlin, 26-27.01.2012

56) Hjelmeland H (2011) Do we have the right research? Some reflections on the best way forward. Plenary presentation at the “6th Aeschi Conference: Patient-oriented Concepts of Suicide: Trauma and Suicide”, Aeschi, Switzerland, 20.-23.03.2011

55) Hjelmeland H & Knizek BL (2011) Qualitative research in suicidology: Challenges and opportunities. Invited presentation and workshop at the “6th Aeschi Conference: Patient-oriented Concepts of Suicide: Trauma and Suicide”, Aeschi, Switzerland, 20.-23.03.2011

54) Hjelmeland H (2011) Selvmordsforebygging i et flerkulturelt Norge. Plenumsforedrag ved ”Psykisk helse 2011: Nye tider – nye forventninger. Trondheim, 17.-19.01.2011

53) Hjelmeland H (2010) Why cultural aspects are important in studying and preventing suicide. Plenary presentation at the “4th Asia Pacific Regional Conference of the International Association of Suicide Prevention: Suicide Prevention: A Dialogue across Disciplines & Cultures”, Brisbane, 17.-20.11.2010

52) Hjelmeland H (2010) Mellom hjerneskanner og datamaskin? Holdninger og menneskesyn i dagens selvmordsforskning. ”Vivat jubileumskonferanse: Å forebygge selvmord”, Tromsø, 01.10.2010

51) Selvmordsforebygging i et flerkulturelt Norge. Foredrag ved Verdensdagen for selvmordsforebygging 2010, nasjonal konferanse, Oslo, 10.09.2010.

50) Hjelmeland H (2010) Transcultural issues in suicidology: Challenges and opportunities for research and prevention. Plenary presentation at the “13th European Symposium on Suicide and Suicidal Behaviour: Integrating knowledge for an interdisciplinary approach to suicidology and suicide prevention”, Rome, 01-04.09.2010

49) Hjelmeland H (2010) Hva slags forskning trenger vi nå? Holdninger og menneskesyn i dagens selvmordsforskning. Holdningskonferansen: Hva tenker du om meg egentlig? Bergen, 04-05.02.2010

48) Hjelmeland H (2010) Holdninger til selvmord og suicidalitet. Holdningskonferansen: Hva tenker du om meg egentlig? Bergen, 04-05.02.2010

47) Hjelmeland H (2009) Transcultural issues in suicidology in the 21st century. Invited paper presented at the “XXV World Congress on Suicide Prevention of the International Association for Suicide Prevention: Suicide Prevention in Different Cultures”, Montevideo, 27-31.10.2009

46) Dyregrov, K, Dieserud, G, Hjelmeland, H, Straiton, M, Rasmussen, M.L., Knizek, B.L., Leenaars, A.A. (2009) Etterlatte ved selvmord. Reaksjoner på kvalitativt intervju. Invited plenary talk at the 1. Nasjonalt folkehelseinstitutts forskningskonferanse om psykisk helse, Strømstad, 11-12.06.2009

45) Hjelmeland H. Selvmordsforebygging i et flerkulturelt samfunn. Invitert plenumsforedrag ved ”Forebyggingsforum: Selvmordsforebygging i et flerkulturelt samfunn”. Bergen, 12.05.2009

44) Hjelmeland H. Selvmordsforebygging i et flerkulturelt Norge. Invitert plenumsforedrag ved ”6. Nasjonale konferanse om selvmordsforebygging: Fra forskning til klinikk. Trondheim, 07-08.05.2009

43) Hjelmeland H. What kind of research do we need in suicidology today? Invited opening key note address at the “42nd American Association of Suicidology Annual Conference: A Global Agenda on the Science of Prevention, Treatment, and Recovery”. San Francisco, 15-18.04.2009

42) Hjelmeland H. Transcultural aspects of suicidal behaviour. Invited pleany talk at the “XVI International Symposium about Current Issues and Controversies in Psychiatry”. Barcelona, 26-27.03.2009

41) Hjelmeland H. Kulturelle perspektiver på selvmord of selvmordsforebygging. Invitert plenumsforedrag ved Åråsenseminaret 2009: Når livsviljen svekkes. Om selvmord og selvmordsforebygging. Lillestrøm, 03-04.03.2009

40) Hjelmeland H. What kind of research do we need in suicidology today? Invited plenary talk at the 12th European Symposium of Suicide and Suicidal Behaviour: Working together to prevent suicide: Research, policy and practice, Glasgow, 28.08-01.09.2008

39) Hjelmeland H. Suicidal behaviour – not about mental illness but a way to communicate distress? Implications for suicide prevention in Uganda. Invited keynote address at the “3rd Uganda Psychiatric Association Scientific Conference: Mental health in a changing world: The impact of culture and diversity”, Kampala, 28-29.02, 2008

38) Hjelmeland H. Introduction to cross-cultural issues in suicide research and prevention. Invited pleanary talk at the “XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities”, Killarney, Ireland, 28.08.-01.09.2007

37) Hjelmeland H. Suicide preventive activities in Norway. Invited talk at the “XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities”, Killarney, Ireland, 28.08.-01.09.2007

36) Hjelmeland H. Keynote address: World Mental Health Day. Building awareness – reducing risk: Mental illness and suicide. Invited plenary lecture at “World Mental Health Day Celebration Symposium – First National Conference on Suicide Prevention”, Kampala, Uganda, 17.01.07

35) Hjelmeland H. Developing a suicide prevention strategy – the Norwegian experience. Invited plenary lecture at “World Mental Health Day Celebration Symposium – First National Conference on Suicide Prevention”, Kampala, Uganda, 17.01.07

34) Hjelmeland H, Akotia CS, Owens V, Knizek BL, Kinyanda E (2007) Attitudes towards suicide prevention among health workers: a comparison of Uganda, Ghana and Norway. Invited plenary lecture at “World Mental Health Day Celebration Symposium – First National Conference on Suicide Prevention”, Kampala, Uganda, 17.01.07

33) Hjelmeland H. Årsakssammenhenger ved selvmord. Foredrag ved Nasjonal konferanse i anledning Verdensdagen for selvmordsforebygging, Bergen, 10.09.2007

32) Hjelmeland H. Nytt fra selvmordsforskningen. Foredrag ved Nettverkskonferanse om selvmordsforebygging, Trondheim, 13.10.2005

31) Hjelmeland H & Knizek BL. Psykiatrisk diagnostisering av suicidale – ser vi hva de ”sier” bak diagnosen? Presentasjon av en kommunikasjonsmodell. Foredrag ved Nettverkskonferanse om selvmordsforebygging, Trondheim, 13.10.2005

30) Hjelmeland H & Knizek BL. Villet egenskade som kommunikasjonshandling. Invited talk at ”4. nasjonale konferanse om selvmordsforebygging: Villet egenskade blant ungdom. Fra forståelse til forebygging”. Tromsø, 10.-11.05.2005

29) Hjelmeland H. The communiactive aspects of suicidal behaviour: Are there gender differences? Invited plenary talk at 2nd National Slovenian Conference on Suicidal Behaviour: 2. Memorial Leva Milcinskega”, Ljubljana, Slovenia, 11.-12.11.2004

28) Hjelmeland H. Holdninger til selvmord: Konsekvenser for selvmordsforebygging. Invited plenary talk at ”Nettverkskonferanse om selvmordsforebygging”, Trondheim, 21.10.2004

27) Hjelmeland H. Holdninger til selvmord: Sammenheng mellom holdninger og atferd - konsekvenser for selvmordsforebygging. Foredrag ved Forebyggingsforum, Oslo, 27.05.2004

26) Hjelmeland H & Knizek BL. Politicians’ attitudes towards suicide prevention. Invited plenary talk at the 3rd International Meeting: Suicide – Interplay of Genes and Environment: Suicide as Premature Mortality, Portoroz, Slovenia, 13.-16.05. 2004

25) Hjelmeland H. Statlig handlingsplan mot selvmord – bakgrunn og gjennomføring. Foredrag gitt ved konferansene ” Selvmordsatferd blant barn og unge – forståelse, behandling og forebygging” og ”Selvmordsatferd blant ungdom – forståelse og forebygging”. Trondheim, 08.10. og 09.10. 2003

24) Hjelmeland H. Forekomst og utvikling av selvmordsatferd blant barn og unge. Foredrag gitt ved konferansene ” Selvmordsatferd blant barn og unge – forståelse, behandling og forebygging” og ”Selvmordsatferd blant ungdom – forståelse og forebygging”. Trondheim, 08.10. og 09.10. 2003

23) Hjelmeland H. Suicidal behaviour as communication: Gender and culture issues. Invited panel talk at XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, Sweden10.-14.09.2003

22) Hjelmeland H. Det kommunikative aspekt ved suicidale handlinger. Invited plenary talk at ”Norsk psykologikongress 2003: Følelsenes og bevissthetens anatomi”, Oslo, 28.-29.08.2003

21) Hjelmeland H. Seks år med prosjekt selvmordsforebygging. Foredrag gitt ved ”Den 8. Nettverkskonferansen om selvmordsforebygging i Midt-Norge”, Trondheim, 07.-08.10.2002

20) Hjelmeland H. Nytt fra forskningsfronten: Parasuicidets kommunikative aspekter. Foredrag gitt ved ”Den 7. Nettverkskonferansen om selvmordsforebygging i Helseregion Midt-Norge”, Trondheim, 10.10.2001

19) Hjelmeland H. Nytt fra forskningsfronten: 1) Psykologiske risikofaktorer for suicidal atferd, 2) Selvmordsforebygging blant suicidale pasienter som nekter å ta i mot oppfølging/behandling, og 3) Utvikling i forekomst av parasuicid i Sør-Trøndelag de siste 11 år. Foredrag gitt ved ”Den 6. Nettverkskonferansen om selvmordsforebygging i Helseregion Midt-Norge”, Trondheim, 22.-23.11.2000

18) Hjelmeland H. Nytt fra forskningsfronten: Homofili og suicidalitet og holdninger til selvmords blant helsepersonell. Foredrag gitt ved ”Den 5. nettverkskonferansen om selvmordsforebygging i Helseregion Midt-Norge”. Trondheim, 14.-15.02.2000

17) Hjelmeland H. Nytt fra forskningsfronten: Sammenhengen mellom seksuelt misbruk i barndommen og suicidal atferd i voksen alder. Foredrag gitt ved Den 4. nettverkskonferansen om selvmordsforebygging i Helseregion IV. Trondheim, 10.05.1999

16) Hjelmeland H. Hvorfor tar noen livet av seg i dagens velferdssamfunn? Hvilke utviklingstendenser ser vi – selvmordsårsaker og risiko. Invited plenary talk at the NSH-conference ”Forebygging av selvmord blant barn og ungdom”, Trondheim, 11.-12.02.1999

15) Hjelmeland H. Selvmordsatferd - Nytt fra forskningsfronten: Selvmordsatferd blant unge, behandling av suicidalitet, holdninger til suicidale blant psykiatriske sykepleiere. Foredrag gitt ved “Den 3. nettverkskonferansen om selvmordsforebygging i Helseregion IV”. Trondheim, 23.11.1998

14) Hjelmeland H. Selvmordsforebygging i Helseregion IV. Invited plenary talk at “Handlingsplan mot selvmord - prosjektlederkonferansen 1998: Etikk og verdivalg i selvmordsforebygging”. Trondheim, 16.-18.06.1998

13) Hjelmeland H. Kjønnsforskjeller i suicidal atferd. Invited plenary talk at “Kvinner og psykisk helse”. Trondheim, 05.06.1998

12) Hjelmeland H. Selvmordsatferd - Nytt fra forskningsfronten: Epidemiologi, kjønnsforskjeller, kroppsopplevelse, smitteeffekt, medias rolle og selvmordsforebygging via internett. Foredrag gitt ved “Den 2. nettverkskonferansen om selvmordsforebygging i Helseregion IV”. Trondheim, 11.05.1998

11) Hjelmeland H. Suicidal atferd som ikke ender med døden: Begrepsavklaring, utbredelse og risikofaktorer. Foredrag gitt ved konferansen “Selvmordsforebyggende arbeid”. Verdal, 19.03.1998

10) Hjelmeland H. Prediksjon av suicidale handlinger. Invited talk at “Konferanse om selvmordsforskning og -forebygging”. Oslo, 23.-24.01.1997

9) Hjelmeland H. Selvmordsforsøkere (parasuicidpasienter) som risikogruppe for senere selvmord. Invited talk at “Konferanse om selvmordsforskning og -forebygging”. Oslo, 23.-24.01.1997

8) Hjelmeland H. Kjønnsforskjeller i suicidal atferd. Invited talk at the conference “Självmordsbeteende som språk. 2:a Nordiska Humanistisk-Medisinska Symposiet om Självmordsbeteende”. Linköping, Sweden, 9.-10.11.1995

7) Hjelmeland H. Hva sier ny selvmordsstatistikk? Invited pleanry talk at ”Bygge og forebygge – 2. nasjonale konferanse om selvmordsforebygging, Oslo, 18.-19.10.1999

6) Hjelmeland H. Suicidal men and women - more alike than different? Invited talk at the 7th European Symposium on Suicide and Suicidal Behaviour. Ghent, Belgium, 09.-12.09.1998

5) Kerkhof AJFM, Arensman E, Bille-Brahe U, Crepet P, De Leo D, Hjelmeland H, Lönnqvist J, Michel K, Salander Renberg E, Schmidtke A, Wasserman D (1998) Epidemiology of suicidal processes in Europe: findings of the WHO/EURO study on parasuicide. Invited plenary talk at the 7th European Symposium on Suicide and Suicidal Behaviour. Ghent, Belgium, 09.-12.09.1998

4) Hjelmeland H. Handlingsplan mot selvmord i Helseregion IV. Åpningsforedrag ved Den første Nettverkskonferansen om selvmordsforebygging i Helseregion IV (Handlingsplan mot selvmord), Trondheim, 10.11.1997

3) Hjelmeland H. Parasuicid: Prediksjon av gjentak. 25 Nordiske Psykiaterkongress, Trondheim, 07.-11.05.1997

2) Hjelmeland H. Hva opprettholder suicidal atferd? Foredrag gitt ved konferansen “Sjølmord, sjølmordsforsøk og sjølmordsproblematikk hos barn og unge”. Inderøy, 29.-30.11.1996

1) Hjelmeland H and Bjerke T. Epidemiological aspects of parasuicide in Sør-Trøndelag, Norway, 1989-1991. Conference of Attempted suicide in Europe, Wassenaar, The Netherlands, 11.-13.11.1993

##### **Masterclass**

Hjelmeland H and Kahn M (2010) Master class in suicide research. Symposium at the “4th Asia Pacific Regional Conference of the International Association of Suicide Prevention: Suicide Prevention: A Dialogue across Disciplines & Cultures”, Brisbane, 17.-20.11.2010

##### **Symposia and workshops at international conferences**

12) Hjelmeland H (2015) From risk factors to meaning: Suicidal behavior as communication. Pre-conference workshop at “The National Suicide Prevention Conference Australia 2015: Changing Systems, Changing Lives”, Hobart, Australia, 26-29.07.2015

11) Hjelmeland H (2015) Cultural suicide research. Symposium at the “28th World Congress of the International Association for Suicide Prevention: New Discoveries and Technologies in Suicide Prevention”, Montreal, 16-20.06.2015

10) Hjelmeland H (2015) Qualitative suicide research. Invited parallel plenary symposium at the “28th World Congress of the International Association for Suicide Prevention: New Discoveries and Technologies in Suicide Prevention”, Montreal, 16-20.06.2015

9) Knizek BL & Hjelmeland H (2014) Attitudes towards suicidal behavior in Ghana and Uganda. Invited symposium at the "World Psychiatric Association regional Congress: Global Mental Health: Innovation and Opportunities for Sub Saharan Africa", Kampala, 06-08.02.2014

8) Hjelmeland H & Knizek BL (2014) Suicidal behavior in Ghana and Uganda. Invited symposium at the "World Psychiatric Association regional Congress: Global Mental Health: Innovation and Opportunities for Sub Saharan Africa", Kampala, 06-08.02.2014

7) Hjelmeland H & Knizek BL (2011) Qualitative research in suicidology: Challenges and opportunities. Invited workshop at the “6th Aeschi Conference: Patient-oriented Concepts of Suicide: Trauma and Suicide”, Aeschi, Switzerland, 20.-23.03.2011

6) Biong S & Hjelmeland H (2010) The basic foundation and contribution of qualitative methodology in suicide research: Ideas, challenges and empirical examples. Symposium at the “13th European Symposium on Suicide and Suicidal Behaviour: Integrating knowledge for an interdisciplinary approach to suicidology and suicide prevention”, Rome, 01-04.09.2010

5) Owens C & Hjelmeland H (2010) Qualitative approaches in suicide research: ethical and methodological challenges. Symposium at the “13th European Symposium on Suicide and Suicidal Behaviour: Integrating knowledge for an interdisciplinary approach to suicidology and suicide prevention”, Rome, 01-04.09.2010

4) Knizek BL & Hjelmeland H (2009) Religion, spirituality and suicide seen from three continents. Symposium at the “XXV World Congress on Suicide Prevention of the International Association for Suicide Prevention: Suicide Prevention in Different Cultures”, Montevideo, 27-31.10.2009

3) Colucci E. & Hjelmeland H. Spirituality, meanings, and suicide. A multicultural perspective. Symposium at “The 2nd World Congress of Cultural Psychiatry: Cultural Brain and Living Societies”, Norcia, 27.09.-30.09.2009

2) Hjelmeland H (2007) PhD-symposium on Suicide Research. “XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities”, Killarney, Ireland, 28.08.-01.09.2007

1) Salander Renberg E, Fartacek R, Fekete S, Hjelmeland H, Nindl T, Osvath P (2002) Attitudes towards suicide in different regions and target groups in Europe. Workshop ved “9th Symposium on Suicide and Suicidal Behaviour”, University of Warwick, 14.-17.09.2002

##### **Paper presentations at international and national conferences and workshops**

206) Hagen J, Knizek BL, Hjelmeland H (2023) Women’s experiences of suicidality and psychiatric hospitalization. Paper presented at the Suicide Cultures Conference, Edinburgh, 13.-14.06.2023

205) Hjelmeland H & Knizek BL (2023) Fighting iFightDepression. Paper presented at the Suicide Cultures Conference, Edinburgh, 13.-14.06.2023

204) Knizek BL & Hjelmeland H (2022) People are not alone: Norwegian women’s experiences of help offered after a suicide attempt. Paper presented at the “19th European Symposium on Suicide & Suicidal Behaviour,” Copenhagen, 24.-27.08.2022

203) Stoor P, Berntsen G, Hjelmeland H, Silviken A (2019) «If you do not birget [manage] then you don’t belong here”: a qualitative focus group study on the cultural meanings of suicide among Indigenous Sámi in arctic Norway. Paper presented at NUNAMED, Grønlandsmedicinsk conference, Nuuk, Grønland, 05.-07.10.2019

202) Hagen J, Hjelmeland H, Knizek BL (2019) Interpretative phenomenological analysis: exploring former suicidal inpatients’ experiences. Part of methodology symposium: Qualitative methods applied to suicide research. Paper presented at the “30th World Congress of the International Association of Suicide Prevention: Breaking Down Walls and Building Bridges,” Derry-Londonderry, Northern Ireland, 17.-21.09.2019

201) Hagen J, Knizek BL, Hjelmeland H (2019) The care for patients experiencing suicidality is under pressure. Paper presented at the “30th World Congress of the International Association of Suicide Prevention: Breaking Down Walls and Building Bridges,” Derry-Londonderry, Northern Ireland, 17.-21.09.2019

200) Hjelmeland H & Knizek BL (2019) Qualitative (psychological) autopsies: useful research tools in different cultural contexts. Paper presented at the “30th World Congress of the International Association of Suicide Prevention: Breaking Down Walls and Building Bridges,” Derry-Londonderry, Northern Ireland, 17.-21.09.2019

199) Knizek BL & Hjelmeland H (2019) Cross-cultural qualitative suicide research: Methodological and ethical perspectives during the qualitative research process in traditional and/or under-resourced contexts. Paper presented at the workshop “Cross-cultural qualitative suicide research: Methodological and ethical perspectives during the qualitative research process in traditional and/or under-resourced contexts” and the “30th World Congress of the International Association of Suicide Prevention: Breaking Down Walls and Building Bridges,” Derry-Londonderry, Northern Ireland ,17.-21.09.2019

198) Knizek BL & Hjelmeland H (2019) Cross-cultural qualitative suicide research: Methodological and ethical perspectives during the qualitative research process in traditional and/or under-resourced contexts. Paper presented at the workshop “Cross-cultural qualitative suicide research: Methodological and ethical perspectives during the qualitative research process in traditional and/or under-resourced contexts” and the “30th World Congress of the International Association of Suicide Prevention: Breaking Down Walls and Building Bridges,” Derry-Londonderry, Northern Ireland, 17.-21.09.2019

197) Hagen J, Knizek BL, Hjelmeland H (2019) Omsorgen for pasienter i selvmordsfare er under press. Paper presented at the «10. Nasjonale konferanse om selvmordsfordskning og -forebygging». Stavanger, 01.-03.04.2019

196) Espeland K, Hjelmeland H, Knizek BL (2019) Fagfolks refleksjoner om brukermedvirkning i selvmordsforebyggingen. Paper presented at the «10. Nasjonale konferanse om selvmordsfordskning og -forebygging». Stavanger, 01.-03.04.2019

195) Hjelmeland H, Knizek BL (2019) Suicide research: qualitative inquiry as activism. Paper presented at “ECQI 2019 – 3rd European Congress of Qualitative Inquiry”, Edinburgh, 13.-15.02.2019

194) Hagen J, Hjelmeland H, Knizek BL (2018) A critical look at suicide prevention in mental health services. Paper presented at “The 3rd Conference of the Critical Suicide Studies Network: Building Critical Bridges”, Perth, Australia, 12-13.12.2018

193) Hjelmeland H & Knizek BL (2018) Time for a paradigm shift in suicide research and prevention. Paper presented at the “7th European Conference on Mental Health”, Split, Croatia, 19.-21.09.2018

192) Hjelmeland H & Knizek BL (2018) Suicidal men’s experiences with the health care system in Norway. Paper presented at the “17th European Symposium on Suicide & Suicidal Behaviour”, Ghent, 05.-08.09.2018

191) Espeland K, Hjelmeland H, Knizek BL (2018) Professionals’ views on user involvement in suicide prevention: Very important, but… Paper presented at the “17th European Symposium on Suicide & Suicidal Behaviour”, Ghent, 05.-08.09.2018

190) Hjelmeland H & Knizek BL (2018) Meanings of suicidal behavior and consequences for suicide prevention. Paper presented at the “10th Biennial International Meaning Conference: Courage, Faith, and Meaning: Existential Positive Psychology’s Response to Adversity”, Vancouver, Canada, 02.-05.08.2018

189) Knizek BL, Akotia CS, Osafo J, Hjelmeland H (2017) Men’s suicide attempts in Norway and Ghana: Triggers and responsibility attribution. Paper presented at the “XXIX IASP World Congress: Preventing Suicide: A global Commitment, from Communities to Continents”, Kuching, Malaysia, 18-22.07.2017

188) Knizek BL & Hjelmeland H (2017) High time to change direction in suicide research – but how do we solve the accompanying ethical dilemmas? Paper presented at “Critical Suicidology 2.0”, Canterbury, England, 29.06.-01.07.2017

187) Espeland K, Hjelmeland H, Knizek BL (2017) Embracing the complexity: Reframing suicide prevention through a recovery approach. Paper presented at “Critical Suicidology 2.0”, Canterbury, England, 29.06.-01.07.2017

186) Hagen J, Hjelmeland H, Knizek BL (2017) Reconsidering the focus in the care of suicidal patients. Paper presented at “Critical Suicidology 2.0”, Canterbury, England, 29.06.-01.07.2017

185) Knizek BL & Hjelmeland H (2017) Too distant? Too close? Between science and ethics. Paper presented at the “1st European Congress on Qualitative Inquiry, Leuven, Belgium, 07-10.02.2017

184) Andoh-Arthur J, Hjelmeland H, Osafo J, Knizek BL (2017) Reflexivity on gatekeeper roles: A canon for quality in qualitative research? Paper presented at the “1st European Congress on Qualitative Inquiry, Leuven, Belgium, 07-10.02.2017

183) Hagen J, Knizek BL, Hjelmeland H (2016) Experiences of suicidal patients. Paper presented at a workshop of the African-Norwegian Research Group on Mental Health, Entebbe, Uganda, 31.10-04.11.2016

182) Knizek BL & Hjelmeland H (2016) Too distant? Too close? Between science and ethics. Paper presented at a workshop of the African-Norwegian Research Group on Mental Health, Entebbe, Uganda, 31.10-04.11.2016

181) Hjelmeland H & Knizek BL (2016) The purpose/necessity of science is to question established truths. But: is there room for critical voices in suicidology? Paper presented at a workshop of the African-Norwegian Research Group on Mental Health, Entebbe, Uganda, 31.10-04.11.2016

180) Andoh-Arthur J, Hjelmeland H, Knizek BL, Osafo J (2016) Beyond ‘metaphorical gates’ to social actors influencing relations of power in the research field: reflections on police gatekeeping in suicide research in Ghana. Departmental seminar, Department of Social Work and Health Science, NTNU, Trondheim, 29.09.2016

179) Andoh-Arthur J, Hjelmeland H, Knizek BL, Osafo J (2016) Between legitimacy and threat of police gatekeeping role: Reflections on access to participants for suicide research in Ghana. Departmental seminar Department of Applied Social Science, NTNU, Trondheim, 08.09.2016

178) Osafo J, Akotia CS, Hjelmeland H, Knizek BL (2016) Understanding suicidal behaviour in Ghana: A contestation between moral transgression and health crisis. Paper presented at the conference “Suicidology’s cultural turn, and beyond”, Prague, 19.-20.03.2016

177) Mugisha J, Knizek BL, Kinyanda E, Hjelmeland H (2016) Rituals and communication styles connected to suicide among the Baganda: Qualitative research where no suicide research previously has been conducted. Paper presented at the conference “Suicidology’s cultural turn, and beyond”, Prague, 19.-20.03.2016

176) Hjelmeland H & Knizek BL (2016) Going in circles, getting nowhere? A critical look at current suicide research. Paper presented at the conference “Suicidology’s cultural turn, and beyond”, Prague, 19.-20.03.2016

175) Knizek BL, Kinyanda E, Akotia CS, Hjelmeland H (2016) Four moral discourses as the basis of attitude formation on suicide among health personnel in Uganda. Paper presented at the conference “Suicidology’s cultural turn, and beyond”, Prague, 19.-20.03.2016

174) Andoh-Arthur J, Knizek BL, Hjelmeland H, Osafo J (2016) Access dilemma in suicide research: The empowering role of formal system engagement on suicide survivors. Paper presented at the conference “Suicidology’s cultural turn, and beyond”, Prague, 19.-20.03.2016

173) Knizek BL & Hjelmeland H (2015) To die or not to die - a qualitative study on attempted suicide among Norwegian men. Paper presented at the project group workshop of the African-Norwegian Research Group on Mental Health. Accra, Ghana, 31.10-04.11.2015

172) Hjelmeland H (2015) State of affaires in suicide research. Paper presented at the project group workshop of the African-Norwegian Research Group on Mental Health. Accra, Ghana, 31.10-04.11.2015

171) Hagen J, Knizek BL, Hjelmeland H (2015) Relationships between mental health professionals and suicidal patients in psychiatric wards. Paper presented at the project group workshop of the African-Norwegian Research Group on Mental Health. Accra, Ghana, 31.10-04.11.2015

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68) Hjelmeland H & Knizek BL (2006) A cross-cultural study on suicide research – the umbrella project. Work-Shop on Suicide Research, Kampala, Uganda, 25-28.01.2006

67) Knizek BL & Hjelmeland H (2006) The meaning(s) of parasuicide – a qualitative study. Work-Shop on Suicide Research, Kampala, Uganda, 25-28.01.2006

66) Hjelmeland H (2006) Suicidal behaviour and suicide prevention in Norway. Work-Shop on Suicide Research, Kampala, Uganda, 25-28.01.2006

65) Hjelmeland H & Knizek BL (2006) Attitudes towards suicide and suicide prevention. A follow-up of the ATTS-study. Work-Shop on Suicide Research, Kampala, Uganda, 25-28.01.2006

64) Hjelmeland H, Akotia CS, Kinyanda E, Knizek BL, Owens V, Schroeder R (2005) Initiation of suicide preventive efforts in African countries. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

63) Hjelmeland H, Kinyanda E, Knizek BL, Musisi S (2005) A cross-cultural study of psychological factors associated with DSH in Norway and Uganda. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

62) Akotia CS, Hjelmeland H, Schroeder R and Knizek BL (2005) Psychology students’ attitudes to suicide prevention in Ghana. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

61) Knizek BL & Hjelmeland H (2005) En kvalitativ krysskulturell studie av politikeres holdninger til selvmord. Psykisk helse 2005: Kompetanse – kvalitet – konsekvenser, Trondheim, 17.-19.01.2005

60) Skruibis P, Gailiene D, Hjelmeland H, Knizek BL, Salander Renberg E (2004) Comparison of Lithuanian, Norwegian and Swedish politicians’ attitudes towards suicide. 2nd Conference of World Lithuanian Psychologists, Vilnius, 18-19.09.2004

59) Hjelmeland H & Grøholt B (2004) Comparison of young and adult DSH patients. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

58) Zadravec T, Grad O, Hjelmeland H, Music E, Öncu B, Salander Renberg E, Sayil I, Yapar F, Zavasnik A (2004) Psychiatric nurses and nursing students attitudes towards suicide. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

57) Salander Renberg E, Fekete S, Gailiene D, Grad O, Hjelmeland H, Koposov R, Music E, Öncu B, Osvath P, Sayil I, Skruibis P, Zadravec T (2004) Medical students’ attitudes towards suicide in eight European regions. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

56) Hjelmeland H, Kinyanda E, Knizek BL, Nordvik H & Owens V (2004) Methodological challenges in cross-cultural studies on suicide. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

55) Knizek BL, Hjelmeland H, Skruibis P & Gailiene D (2004) A qualitative, cross-cultural study on politicians’ attitudes to suicide. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

54) McAuliffe C, Corcoran P, Keeley HS, Arensman E, Bille-Brahe U, De Leo D, Fekete S, Hawton K, Hjelmeland H, Kelleher M, Kerkhof A, Lönnqvist J, Michel K, Salander Renberg E, van Heeringen K (2004) Problem-solving and repeated DSH: WHO/EURO multicentre study findings. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

53) Hjelmeland H, Kinyanda E, Knizek BL, Owens V & Nordvik H (2004) A cross-cultural study of attitudes towards suicide and suicide prevention in Norway and Uganda. 28th International Congress of Psychology, Beijing, 08.-13.08.2004

52) Knizek BL & Hjelmeland H (2004) Suicidal behaviour as meaningful communication – a semiotic model as an interpretative tool. 28th International Congress of Psychology, Beijing, 08.-13.08.2004

51) Hjelmeland H, Akotia C, Kinyanda E, Knizek BL, Owens V and Schroeder R (2004) Suicide prevention in developing countries. 3rd International Meeting: Suicide – Interplay of Genes and Environment: Suicide as Premature Mortality, Portoroz, Slovenia, 13.-16.05. 2004

50) Skruibis P, Gailiene D, Hjelmeland H, Knizek BL (2004) Qualitative study on politicians’ attitudes towards suicide in Lithuania and Norway. Conference for Young Scientists in Psychology: Problems and Perspectives, Vilnius, 23.04.2004. The presentation won the 1st price.

49) Hjelmeland H and Hansen K-M (2003) Myths of suicide in the general population. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, 10.-14.09.2003

48) Hjelmeland H, Kinyanda E, Knizek BL (2003) A cross-cultural study of DSH as a speech-act in Norway and Uganda. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, 10.-14.09.2003

47) Kinyanda E, Hjelmeland H, Musisi S (2003) Psychological correlates of deliberate self-harm as seen in Uganda. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, 10.-14.09.2003

46) Salander Renberg E, Fartacek R, Fekete S, Gailiene D, Hjelmeland H, Nindl T, Osvath P and Skruibis P (2003) Politicians’ attitudes towards suicide – a European interregional study. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, 10.-14.09.2003

45) Kinyanda E, Hjelmeland H, Musisi S (2003) Clinical factors in deliberate self-harm as seen in an urban African population in Uganda: A case-control study. Research seminar at the University of Oslo, 06.-07.05.2003

44) Hjelmeland H, Haukø W, Opdahl A (2003) Resultater av seks år med “prosjekt selvmordsforebygging” i Midt-Norge.Psykisk helse 2003, dialog – kunnskap – velferd, Trondheim, 20.-22.01.2003

43) Hjelmeland H and Knizek BL (2002) Suicidal behaviour as communication: an empirical test of a speech-act theory. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

42) Hjelmeland H and Knizek BL (2002) Do people in general believe that suicide can be prevented? 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

41) Hjelmeland H and Knizek BL (2002) People’s reactions to a questionnaire on attitudes towards suicide.9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

40) Salander Renberg E, Fartacek R, Fekete S, Hjelmeland H, Nindl T, Osvath P (2002) Politician’s attitudes towards suicide prevention – A European interregional perspective. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

39) Salander Renberg E, Fekete S, Gailiene D, Hjelmeland H, Koposov R, Music E, Osvath P (2002) Attitudes towards suicide among medical students in six European regions. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

38) Arensman E, Kerkhof AJFM, Hjelmeland H, Aardema A, Bille-Brahe U, Crepet P, De Leo D, Fekete S, Grad O, Haring C, Hawton K, van Heeringen K, Lönnqvist J, Michel K, Salander Renberg E, Schmidtke A, Wasserman D (2002) Prediction of repeated suicidal behaviour: The role of traumatic events and mediating factors. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

37) Kerkhof AJFM, Blees W, Bille-Brahe U, De Leo D, Fekete S, Hawton K, Hjelmeland H*,* Lönnqvist J, Michel K, Salander Renberg E, van Heeringen K, Wasserman D (2002) One-year follow-up characteristics associated with repeated non-fatal suicidal behaviour. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

36) Steunenberg B, Kerkhof AJFM, Bille-Brahe U, De Leo D, Fekete S, Hawton K, Hjelmeland H*,* Lönnqvist J, Michel K, Salander Renberg E, van Heeringen K, Wasserman D (2002) Prediction of repetition of deliberate self-harm. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

35) Knizek BL and Hjelmeland H (2002) Psychosomatic language in modern family structure. 24th European Conference on Psychosomatic Research, Lisbon, 19.-22.06.2002

34) Knizek BL and Hjelmeland H (2002) The semiotic approach to parasuicide. 24th European Conference on Psychosomatic Research, Lisboa, 19.-22.06.2002

33) Hjelmeland H, Mehlum L, Reinholdt NP (2002) The Norwegian plan for suicide prevention – what has been achieved? 6th World Conference on Injury Prevention and Control, Montreal, Canada, 12.-15.05.2002

32) Knizek BL & Hjelmeland H (2002) The meaning(s) of parasuicide – a qualitative study. 2nd Aeschi conference: Meeting the suicidal person. The therapeutic approach to the suicidal patient: New perspectives for health professionals, Aeschi, Switzerland, 06.-09.03.2002

31) Hjelmeland H & Knizek BL (2001) Psychological factors in parasuicide: Are there sex differences? XXI Congress of the International association for Suicide Prevention: Together in Suicide Prevention – Meeting the Challenge. Chennai, India, 22.-26.09.2001

30) Kerkhof A, Arensman E, Aardema A, Bille-Brahe U, Crepet P, De Leo D, Hjelmeland H, Lönnqvist J, Michel K, Salander-Renberg E, Schmidtke A, Wasserman D (2001) Prediction of repetition of attempted suicide. XXI Congress of the International association for Suicide Prevention: Together in Suicide Prevention – Meeting the Challenge. Chennai, India, 22.-26.09.2001

29) Hjelmeland H (2001) Competence building as part of suicide prevention. 34th annual conference of the American Association of Suicidology: Mind, Body & Soul: Three dimensions of suicide. Atlanta, USA, 18.-21.04.2001

28) Knizek BL & Hjelmeland H (2001) Why? A phenomenological study of intentions involved in nonfatal suicidal behaviour.Workshop om kvalitativ metode i forskning på suicidal atferd”, Oslo, 27.-28.03.2001

27) Weinacker B, Schmidtke A, Löhr C, Bille-Brahe U, De Leo D, Hawton K, Hjelmeland H, Kerkhof A, Michel K, Lönnqvist J, Salander Renberg E, van Heeringen C, Wasserman D (2000) Rates and trends in attempted suicide i Europe: WHO/EURO study. 8th European Symposium on Suicide and Suicidal Behaviour: Suicide Risk and Protective Factors in the New Millenium, Bled, Slovenia, 06.-09.09.2000

26) Schmidtke A, Löhr C, Fricke S, Bille-Brahe U, Arensman E, Crepet P, De Leo D, Fekete S, Grad O, Haring C, Hawton K, van Heeringen C, Hjelmeland H, Kerkhof A, Michel K, Lönnqvist J, Salander Renberg E, Wasserman D (2000) Imitation of suicidal behaviour: Results of the WHO/EURO study. 8th European Symposium on Suicide and Suicidal Behaviour: Suicide Risk and Protective Factors in the New Millenium, Bled, Slovenia, 06.-09.09.2000

25) Löhr C, Schmidtke A, Bille-Brahe U, Crepet P, De Leo D, Fekete S, Grad O, Haring C, Hawton K, Hjelmeland H, Kerkhof A, Lönnqvist J, Michel K, Salander Renberg E, van Heeringen C, Wasserman D (2000) Marital quality in suicide attempters. 8th European Symposium on Suicide and Suicidal Behaviour: Suicide Risk and Protective Factors in the New Millenium, Bled, Slovenia, 06.-09.09.2000

24) Hjelmeland H (1999) Implementing the national plan for suicide prevention in one of Norway’s health regions. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Aten, 06.-10.11.1999

23) Kerkhof AJFM, Arensman E, Aardema A, Bille-Brahe U, Crepet P, Fekete S, Grad O, Haring C, Hawton K, van Heeringen K, Hjelmeland H, De Leo D, Lönnqvist J, Michel K, Salander-Renberg E, Schmidtke A, Wasserman D (1999) Repetition of attempted suicide: findings from the WHO/EURO Multicentre Study on Parasuicide. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

22) Aish AM, Salander-Renberg E, Schmidtke A, Wasserman D, Bille-Brahe U, Crepet P, Hjelmeland H, Kerkhof AJFM, De Leo D, Lönnqvist J, Michel K (1999) The cross-cultural equivalence of Beck’s depression and hopelessness scales. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

21) Schmidtke A, Salander-Renberg E, van Heeringen K, Wasserman D, Weinacker B, Bille-Brahe U, De Leo D, Hawton K, Hjelmeland H, Kerkhof A, Michel K, Lönnqvist (1999) Rates and trends in attempted suicide in European countries, 1989-1997. Results of the WHO/EURO Multicentre Study on Parasuicide. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

20) Knizek BL & Hjelmeland H (1999) A qualitative study on nonfatal suicidal behaviour. Symposium on Qualitative Research, Perugia, Italia, 02.-06.08.1999

19) Hjelmeland H (1999) Selvpåførte forgiftninger i Norge på 90-tallet: Utvikling, kjønns- og aldersforskjeller og forskjeller mellom landsdelene. Forskningsforum for selvmordsforskere, Oslo, 03.05.1999

18) Knizek BL & Hjelmeland H (1999) A qualitative study of parasuicide patients. 12th Norwegian Research Conference on Mental Health”, Øyer, 08.-10.02.1999

17) Hjelmeland H (1999) Psychological gender differences in parasuicide patients. 12th Norwegian Research Conference on Mental Health, Øyer, 08.-10.02.1999

16) Arensman E, Kerkhof AJFM, Dirkzwager A, Verduin CJ, Bille-Brahe U, Crepet P, De Leo D, Haring C, Hawton K, Hjelmeland H, Lönnqvist J, Michel K, Querejeta I, Salander Renberg E, Schmidtke A, Temesvary B, Wasserman D (1998) Prevalence and risk factors for repeated suicidal behaviour: results from the WHO/EU multicentre study on parasuicide, 1989-1992. 7th European Symposium on Suicide and Suicidal Behaviour. Ghent, Belgium, 09.-12.09.1998

15) Renberg ES, Lindgren S, Österberg I, Bille-Brahe U, Crepet P, De Leo D, Hjelmeland H, Kerkhof A, Lönnqvist J, Michel K, Schmidtke A, Wasserman D (1998) Parasuicide and sexual abuse - findings from the WHO/EURO Multicentre Study on Parasuicide - Repetition-Prediction Study (EPSIS). 7th European Symposium on Suicide and Suicidal Behaviour. Ghent, Belgium, 09.-12.09.1998

14) Hjelmeland H (1998) Implementing the Plan for Suicide Prevention - Primary emphasis on research results and networking. American Association of Suicidology 31st Annual Conference: Suicide Across the Lifespan: Developmental Approaches on Prevention and Healing. Washington, DC, 15.-18.04.1998

13) De Leo D, Scocco P, Marietta P, Padoani W, Schmidtke A, Bille-Brahe U, Kerkhof AJFM, Lönnqvist J, Crepet P, Salander-Renberg E, Wasserman D, Michel K & Hjelmeland H (1998) Somatic illness as a precipitating factor in parasuicide: Findings from the repetition/prediction project. American Association of Suicidology 31st Annual Conference: Suicide Across the Lifespan: Developmental Approaches on Prevention and Healing. Washington, DC, 15.-18.04.1998

12) Hjelmeland H, Nordvik H, Bille-Brahe U, De Leo D, Kerkhof A, Lönnqvist J, Michel K, Renberg ES, Schmidtke A, Wasserman D (1998) Parasuicide: Cross-cultural differences in suicidal intent. Results from the WHO/EURO Study on Parasuicide. 11th Norwegain Research Conference on Mental Health, Øyer, 02.-04.02.1998

11) Hjelmeland H (1997) Sex-specific risk factors for first-time engagement in nonfatal suicidal behaviour? Project conference in the WHO/EURO Multicentre Study on Parasuicide, Bern, Switzerland, 28.-30.08.1997

10) Schmidtke A, Bille-Brahe U, De Leo D, Kerkhof A, Crepet P, Haring C, Hawton K, Hjelmeland H, Lönnqvist J, Michel K, Querejeta I, Salander-Renberg E, Temesvary B, Wasserman D, Weinacker B & Sampaio-Faria J (1997) Suicide and suicide attempt rates in Europe: Covariation of trends (WHO/EURO). Project conferencve in the WHO/EURO Multicentre Study on Parasuicide, Bern, Switzerland, 28.-30.08.1997

9) Arensman E, Kerkhof AJFM, Dirkzwager A, Verduin CJ, Bille-Brahe U, Crepet P, De Leo D, Hjelmeland H, Lönnqvist J, Michel K, Salander-Renberg E, Schmidtke A, Wasserman D (1997) Repetition of attempted suicide: Results from the WHO/EURO Multicentre Study on Parasuicide, 1989-1992. Project conference in theWHO/EURO Multicentre Study on Parasuicide, Bern, Switzerland, 28.-30.08.1997

8) Kerkhof AJFM, Arensman E, Bille-Brahe U, Crepet P, De Leo D, Hjelmeland H, Lönnqvist J, Michel K, Salander-Renberg E, Schmidtke A, Wasserman D (1997) Repetition of attempted suicide: Results from the WHO/EURO repetition prediction study. Project conference in the WHO/EURO Multicentre Study on Parasuicide, Bern, Switzerland, 28.-30.08.1997

7) Schmidtke A, Fricke S, Bille-Brahe U, De Leo D, Kerkhof A, Crepet P, Hjelmeland H, Lönnqvist J, Michel K, Salander-Renberg E & Wasserman D (1997) Imitation of suicidal behaviour: a cross-cultural study. Project conference in the WHO/EURO Multicentre Study on Parasuicide, Bern, Switzerland, 28.-30.08.1997

6) Knizek BL and Hjelmeland H. Parasuicide: A semiotic study of the expressed intentions to commit suicide. VI International Congress of the International Association for Semiotic Studies: Semiotics Bridging Nature and Culture, Guadalajara, Mexico, 13.-18.07.1997

5) Hjelmeland H. Parasuicide: Prediction of repetition. XIX Congress of the International Association for Suicide Prevention: Suicide prevention - the global context, Adelaide, Australia, 23.-27.03.1997

4) Hjelmeland H. Parasuicide - Prediction of repetition in first-evers. 6th European Symposium on Suicide and Suicidal Behaviour, Lund, Sweden, 12.-15.06.1996

3) Hjelmeland H. WHO/EURO Multicentre Study on Parasuicide: Presentasjon av prosjektet og noen av de norske resultater. Handlingsplan mot selvmord, Oslo, 25.-26.04.1996

2) Hjelmeland H, Bjerke T, Stiles TC, Skjærvold L. A comparison of parasuicides with and without a verbally expressed intention to die. 5th European Symposium on Suicide, Cork, Ireland, 31.08-03.09.1994

1) Hjelmeland H. Motives in parasuicide. 7th Norwegian Research Conference on Mental Health, Øyer, Norway, 25.-28.01.1994

#### **Poster presentations at international and national conferences**

56) Hjelmeland H & Knizek BL (2016) Understanding suicide in context. Poster presented at the “Fusion seminar” at the Faculty of Medicine and Health Sciences, NTNU, Trondheim, 10.-11.11.2016

55) Straiton M, Hjelmeland H, Fekete S, Gailiene D, Grad O, Koposov R, Music E, Öncu B, Salander Renberg E (2015) Do attitudes towards suicide relate to suicide rates? A study from regions in 9 European countries. Poster presented at the “28th World Congress of the International Association for Suicide Prevention: New Discoveries and Technologies in Suicide Prevention”, Montreal, 16-20.06.2015

54) Osafo J, Hjelmeland H, Akotia CS, Knizek BL (2013) "He is a murderer": Perceptions of suicidal persons in Ghana. Poster presentation at "The XXVII World Congress of The International Association for Suicide Prevention: Preventing Suicidal Behavior on Five Continents – Innovative Treatments and Interventions". Oslo, 24.-28.09.2013

53) Hjelmeland H, Osafo J, Akotia CS, Kinyanda E, Knizek BL (2011) Psychology students' views on the criminalisation of suicidal behaviour in Ghana – the effect of education. Poster presented at "The 26th World Congress of The International Association of Suicide Prevention. Integrating Cultural Perspectives in the Understanding and Prevention of Suicide", Beijing, 13-17.09.2011

52) Straiton M, Hjelmeland H, Roen K (2011) Masculinity, femininity and suicidal behaviour. Poster presentert ved “Nasjonalt folkehelseinstitutts II. Forskningskonferanse om psykisk helse”, Strømstad, 16.-17.06.2011

51) Straiton M, Hjelmeland H, Roen K (2011) Masculinity, femininity and suicidal behaviour. Poster presented at the “4th World Congress on Women's Mental Health”, Madrid, 16.-19.03.2011

50) Hjelmeland H, Knizek BL, Naidoo A, de Vos H (2010) Attitudes towards suicide and suicide prevention: A comparative study between Norway and South Africa. Poster presented at the “20th World Congress of Social Psychiatry”, Marrakech, 23.-27.10.2010

49) Akotia C, Knizek BL, Hjelmeland H, Osafo J, Kinyanda E (2010) The researcher position in qualitative interviews with vulnerable groups in developing countries. Poster presented at the “13th European Symposium on Suicide and Suicidal Behaviour: Integrating knowledge for an interdisciplinary approach to suicidology and suicide prevention”, Rome, 01-04.09.2010

48) Kizza D, Hjelmeland H, Knizek BL, Kinyanda E (2010) Role of alcohol use in the events preceding suicide in post-conflict Northern Uganda. Poster presented at the “13th European Symposium on Suicide and Suicidal Behaviour: Integrating knowledge for an interdisciplinary approach to suicidology and suicide prevention”, Rome, 01-04.09.2010

47) Hjelmeland H, Knizek BL, Naidoo A., De Vos H (2009) Attitudes towards suicide and suicide prevention in Norway and South Africa. Poster presented at the “XXV World Congress on Suicide Prevention of the International Association for Suicide Prevention: Suicide Prevention in Different Cultures”, Montevideo, 27-31.10.2009

46) Hjelmeland H (2009) Suicide research/behaviour in a cultural perspective. Poster presented at 1. Nasjonalt folkehelseinstitutts forskningskonferanse om psykisk helse, Strømstad, 11-12.06.2009

45) Akotia CS, Hjelmeland H, Knizek BL (2008) Belief in myths and suicidal behaviour among college students in Ghana. 12th European Symposium of Suicide and Suicidal Behaviour, Glasgow, 28.08-01.09.2008

44) Hjelmeland H, Akotia CS, de Vos H, Kinyanda E, Knizek BL, Owens V, van Vuuren C (2007) Attitudes towards suicide and suicide prevention in three African countries. XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities, Killarney, Ireland, 28.08.-01.09.2007

43) Mugisha J, Knizek BL, Hjelmeland H, Kinyanda E (2007) Qualitative methods in studying attitudes and cultural responses to suicide in Uganda: reflecting on ethical dilemmas. XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities, Killarney, Ireland, 28.08.-01.09.2007

42) Kizza D, Hjelmeland H, Knizek BL, Kinyanda E (2007) Ethical challenges in conducting a qualitative psychological autopsy study in Northersn Uganda. XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities, Killarney, Ireland, 28.08.-01.09.2007

41) Knizek BL and Hjelmeland H (2007) When you kill your Self, who do you kill? Theories of entrapment or catastrophic field seen from a cultural perspective. XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities, Killarney, Ireland, 28.08.-01.09.2007

40) Akotia C, Hjelmeland H, Knizek BL (2007) Gender differences in suicide ideation in Ghanaian university students. XXIV World Congress of the International Association of Suicide Prevention: Preventing Suicide Across the Lifespan: Dreams and Realities, Killarney, Ireland, 28.08.-01.09.2007

39) Knizek BL & Hjelmeland H (2006) Suicidal behaviour as communication – a functional modell. 20th Annual Conference of the European Health Psychology Society: Social Change and New Challenges for Health Psychology, Warzawa, 30.08.-02.09.2006

38) Aarethun V, Espeland B & Hjelmeland H (2006) Holdninger til og kunnskap om selvmord blant ansatte i psykisk helsevern. Regional forsknings- og utviklingskonferanse: Forskning – undring satt i system. Stjørdal, 24.-25.04.2006

37) Hjelmeland H, Kinyanda E, Knizek BL, Nordvik H, Owens V, Svarva K (2005) Attitudes to suicide in Uagnda assessed by a questionnaire developed in Sweden. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

36) Hjelmeland H, Akotia CS, Kinyanda E, Knizek BL, Owens V, Schroeder R (2005) Estimation of prevalence of suicidal behaviour in Ghana and Uganda. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

35) Knizek BL, Hjelmeland H, Gailiene D, Salander Renberg E and Skruibis P (2005) A cross-cultural qualitative study on politicians’ attitudes towards suicide. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

34) Kinyanda E, Wamala D, Musisi S, Hjelmeland H (2005) Trends in completed suicide as seen in Kampala, Uganda. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

33) Kinyanda E, Walugembe J, Hjelmeland H, Musisi S (2005) DSH as seen in rural Uganda: Data from the SHSSP/Ministry of Health of Uganda Study. XXIII World Congress of the International Association for Suicide Prevention: Scaling the Summit – Preventing Suicidal Behaviour in Diverse Cultures, Durban, South Africa, 13-16.09.2005

32) Aarethun V, Espeland B & Hjelmeland H (2005) Holdninger til og kunnskap om selvmord blant ansatte i psykisk helsevern. Jubileumskonferanse ELF. Trondheim, 23.05.2005

31) Aarethun V, Espeland B & Hjelmeland H (2005) Holdninger til og kunnskap om selvmord blant ansatte i psykisk helsevern.4. nasjonale konferanse om selvmordsforebygging: Villet egenskade blant ungdom. Fra forståelse til forebygging. Tromsø, 10.-11.05.2005

30) Hjelmeland H & Knizek BL (2005) Methodological issues in qualitative analysis of open-ended questionnaire questions. The sixth International Interdisciplinary Conference: Advances in Qualitative Methods, Edmonton, Canada, 17.-20.02.2005

29) Knizek BL & Hjelmeland H (2005) Methodological issues in qualitative cross-cultural studies. The sixth International Interdisciplinary Conference: Advances in Qualitative Methods, Edmonton, Canada, 17.-20.02.2005

28) Akotia CS, Hjelmeland H, Schroeder R & Knizek BL (2004) Attitudes towards suicide prevention among university students in Ghana. 10th European Symposium on Suicide and Suicidal Behaviour: Research – Prevention – Treatment and Hope, Copenhagen, 25-28.08.2004

27) Knizek BL and Hjelmeland H (2003) Towards a theory on suicidal behaviour. Third International Conference on the (Non)Expression of Emotions in Health and Disease, Tilburg, The Netherlands, 19.-21.10.2003

26) Knizek BL, Brandal AK, Berge G and Hjelmeland H (2003) The expression of grief in two Ugandan contexts. Third International Conference on the (Non)Expression of Emotions in Health and Disease, Tilburg, The Netherlands, 19.-21.10.2003

25) Hjelmeland H and Knizek BL (2003) How people in general think suicide can be prevented. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, Sweden, 10.-14.09.2003

24) Kinyanda E, Hjelmeland H, Musisi S (2003) Deliberate self-harm in urban Uganda: Characteristics and methods. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, Sweden, 10.-14.09.2003

23) Salander Renberg E, Fekete S, Gailiene D, Grad O, Hjelmeland H, Koposov R, Music E, Öncu B, Osvath P, Sayil I, Skruibis P and Zadravec T (2003) Medical students’ attitudes towards suicide in eight European regions. XXII World Congress of the International Association for Suicide Prevention (IASP): Crossing Borders in Suicide Prevention – From the Genes to the Human Soul, Stockholm, Sweden, 10.-14.09.2003

22) Hjelmeland H and Knizek BL (2003) Hva folk flest mener skal til for å forebygge selvmord. Psykisk helse 2003, dialog – kunnskap – velferd, Trondheim 20.-22.01.2003

21) Hansen K-M & Hjelmeland H (2002) Myter om selvmord – eksisterer de fortsatt? 4th Conference on Social and Community Psychology, Trondheim, 21.-22.11.2002

20) Hjelmeland H, Haukø W, Opdahl A (2002) Ressurssenter for selvmordsforskning- og forebygging i Midt-Norge: Vår viktigste satsningsområder. Tredje nasjonale konferanse om selvmordsforebygging: Kliniske utfordringer i selvmordsforebygging. Bergen 22.-23.10.2002

19) Hjelmeland H, Skjærvold LO, Jørgensen PT (2002) 13 years of monitoring – the parasuicide rate is increasing for young females. 9th European Symposium on Suicide and Suicidal Behaviour, Warwick, UK, 14.-17.09.2002

18) Hjelmeland H, Skjærvold LO, Jørgensen PT (2001) The parasuicide rate is increasing in young females.XXI Congress of the International association for Suicide Prevention: Together in Suicide Prevention – Meeting the Challenge. Chennai, India, 22.-26.09.2001

17) Knizek BL & Hjelmeland H (2001) Parasuicide and semiotics. XXI Congress of the International association for Suicide Prevention: Together in Suicide Prevention – Meeting the Challenge. Chennai, India, 22.-26.09.2001

16) Hjelmeland H & Knizek BL (2001) The gendered body as a means of communication.34th annual conference of the American Association of Suicidology: Mind, Body & Soul: Three dimensions of suicide. Atlanta, USA, 18.-21.04.2001

15) Hjelmeland H (2000) Are there sex differences among parasucide patients? Review and implications of findings. 8th European Symposium on Suicide and Suicidal Behaviour: Suicide Risk and Protective Factors in the New Millenium, Bled, Slovenia, 06.-09.09.2000

14) Hjelmeland H, Heggestad T, Holen A (1999) Increasing rates of intoxications among the young in Norway, 1991-1996. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

13) Schmidtke A, Weinacker B, Bille-Brahe U, De Leo D, Hawton K, Hjelmeland H, Kerkhof A, Michel K, Lönnqvist J, Salander-Renberg E, van Heeringen C, Wasserman D (1999) Rates and trends in attempted suicide in European countries, 1989-1997. Results of the WHO/EURO Multicentre Study on Parasuicide. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

12) Weinacker B, Schmidtke A, Bille-Brahe U, De Leo D, Hawton K, Hjelmeland H, Kerkhof A, Michel K, Lönnqvist J, Salander-Renberg E, van Heeringen C, Wasserman D (1999) Statistical relationships between suicide rates and suicide attempt rates in different European countries, 1989-1997. Results of the WHO/EURO Multicentre Study on Parasuicide. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

11) Jessen G, Bille-Brahe U, Arensman E, Batt A, Bjerke T, Botsis AJ, Crepet P, De Leo D, Faria JGS, Fekete S, Felber W, Grad O, Hawton K, Haring C, van Heeringen C, Henderson J, Hjelmeland H, Kelleher M, Kerkhof AJFM, Kryzhanovskaya L, Lönnqvist J, Michel K, Mokhovikov AN, Philippe A, Pommereau X, Querejeta I, Rutz W, Salander-Renberg E, Sayil I, Schmidtke A, Selakovic-Bursic S, Stoligvo L, Temesvary B, Wasserman D, Värnik A (1999) The WHO/EURO Multicentre Study on Parasuicide. XX Congress of the International Association for Suicide Prevention: Preventing Suicide at the Dawn of the New Century. Athens, Greece, 06.-10.11.1999

10) Hjelmeland H (1999) WHO/EURO Multicentre Study on Parasuicide: Resultater fra Norge og Europa. Bygge og forebygge – 2. nasjonale konferanse om selvmordsforebygging, Oslo, 18.-19.10.1999

9) Hjelmeland H og Haukø W (1999) Selvmordsforebygging i Helseregion Midt-Norge. Bygge og forebygge – 2. nasjonale konferanse om selvmordsforebygging, Oslo, 18.-19.10.1999

8) Knizek BL and Hjelmeland H (1998) Intentions of parasuicide seen from a semiotic perspective. 7th European Symposium on Suicide and Suicidal Behaviour”. Ghent, Belgium, 09.-12.09.1998

7) Jessen G, Jessen BF, Arensman E, Bille-Brahe U, Crepet P, De Leo D, Hawton K, Haring C, Hjelmeland H, Michel K, Ostamo A, Salander-Renberg E, Schmidtke A, Temesvary B, Wasserman D (1998) Transposition of suicidal behaviour: suicide attempts around public holidays in Europe. 7th European Symposium on Suicide and Suicidal Behaviour”. Ghent, Belgium, 09.-12.09.1998

6) Hjelmeland H. Monitoring parasuicide: Changes in rates and sex-ratio. Psykologisk institutt, NTNU, i forbindelse med “Åpen dag” ved instituttet og instituttets 30-årsjubileum, Trondheim, 24.09.1997

5) Hjelmeland H. Monitoring parasuicide: Changes in rates and sex-ratio. XIX Congress of the International Association for Suicide Prevention: Suicide prevention - the global context, Adelaide, Australia, 23.-27.03.1997

4) Hjelmeland H, Bjerke T, Stiles TC. WHO/Euro Multicentre Study on parasuicide. Presentasjon av prosjekt - norske resultater. Handlingsplan mot selvmord, Oslo, 25.-26.04.1996

3) Hjelmeland H, Bjerke T. Rates, trends, and sociodemographic risk factors of deliberate self-harm in a Norwegian county. Building connections for suicide prevention, 6th annual conference. Banff, Canada, 11.10-14.10.1995

2) Hjelmeland H and Bjerke T. Epidemiological aspects of parasuicide in Sør-Trøndelag, Norway, 1989-1991. Conference of Attempted suicide in Europe, Wassenaar, The Netherlands, 11.-13.11.1993

1) Stiles TC, Wigers SH, Hjelmeland H & Landrø NI. Parental bonding in patients with primary fibromyalgia, major depression and normal controls. 7th World Congress on Pain. Paris, France, 22.-27.08.1993

# Other conference contributions

### Chairing of workshop at Parliament of Slovenia

Grad O & Hjelmeland H (2002) Workshop on the role of professionals in suicide prevention at seminar at the Parliament of Slovenia on national suicide prevention.

Debate contribution

Hjelmeland H (2010) Biomedical paradigm and suicide prevention: Dawn or sunset? Debate contribution at the “4th Asia Pacific Regional Conference of the International Association of Suicide Prevention: Suicide Prevention: A Dialogue across Disciplines & Cultures”, Brisbane, 17.-20.11.2010

Participation in Round Table discussion

Berman L, Canetto SS, Hjelmeland H, Ihan A, Selakovic-Bursic S, Slapsak S (2004) The Power of Gender. Round Table Discussion at “2. National Slovenian Conference on Suicidal Behaviour: 2. Memorial Leva Milcinskega”, Ljubljana 11.-12.11.2004

**BOOK LAUNCH**

Hjelmeland H (2022) *Alle* kan bidra til å forebygge selvmord. Public lecture at Cappelen Damm Akademisk (Publisher) at the launching of the book: Heidi Hjelmeland (2022) *Selvmordsforebygging: For å kunne forebygge selvmord må vi forstå hva suicidalitet handler om*. Foredrag ifm. boklansering ved Cappelen Damm, Oslo, 10.03.22

### ASSESSMENT OF THE SCIENTIFIC WORK OF OTHERS

**PhD assessment committees**

2018: University of Oslo, Department of Psychology. Kristin Østlie. Listening to suicidal patients in psychotherapy: How therapeutic relationships may expand patients’ prospects for living their lives. Second opponent.

2015: Norwegian University of Science and Technology, Department of Social Work and Health Science. Marianne Nilsen Kvande. Religiousness – Association to existential well-being and social support in a secular Norwegian context. Member and administrator of the committee.

2014: Norwegian University of Science and Technology, Department of Social Work and Health Science. Toril Elstad: Participation in a ‘low threshold’ community mental health service: an ethnographic study of social interaction, activities and meaning. Member and administrator of the committee.

2013: The University of Sydney, Faculty of Medicine, Centre for Values, Ethics and the Law in Medicine. Scott James Fitzpatrick: Talking suicide: A critical examination of narrative and the (re)moralization of suicidology. Examiner.

2011: Umeå University, Department of Clinical Sciences. Psychiatry. Claudia Maria Obando: When no-one notices…. Studies on suicidal expressions among young people in Nicaragua. Opponent.

2007: University of Tromsø, Faculty of Medicine. Anne Silviken: Suicidal behaviour among Idigenous Sami in Arctic Norway. A Special Focus on Adolescents and Young Adults. Second opponent.

2006: University of Oslo, Department of Psychology. Siri Thoresen: Suicide in Peacekeepers. A study of risk factors for suicide in Norwegian veterans of international military operations. Second opponent.

2005: University of Oslo, Faculty of Medicine. Anne Marie Berg: Work Stress and Health in the Norwegian Police Service. First opponent.

2005: Norwegian University of Science and Technology, Department of Psychology. Andrea Chioqueta: Assessment of suicide risk: The predictive role of psychiatric disorders, personality, cognitions and psychological buffers. Member and administrator of the committee.

2000: University of Oslo, Department of Psychology. Gudrun Dieserud: Suicide attempt. Unsolvable lives? First opponent.

**Appointment committees (member of assessment committees for professional positions at universities and university colleges)**

2022: Personal Chair of Sociology of Health and Illness, Edinburgh University, UK

2014: Two Professor positions in mental health work, University College of Oslo and Akershus, Oslo, 9 applicants

2012: Member and administrator of the assessment committee for promotion to Professor at Department of Social Work and Health Science, NTNU

2009: Personal Chair as Professor at Brunel University, Middlesex, UK

2008: Personal Chair as Professor at Stirling University, Glasgow, UK

2007: Associate Professor position in Health Science, Department of Social Work and Health Science, NTNU, 9 applicants

2006: Research Fellow position at Department of Social Work and health Science, NTNU, 17 applicants

2005: Research Fellow position in applied ethics at the Program for Applied Ethics, NTNU, 12 applicants

2001: Research Fellow position in Health Psychology at the Department of Psychology, NTNU, 6 applicants

2000: Project co-worker position at the Ressource Center for Suicide Research and Prevention in Central Norway, NTNU, 15 applicants

1997: Project co-worker position at the Ressource Center for Suicide Research and Prevention in Central Norway, NTNU, 10 applicants

**Other committees or assessments**

2019: Assessed application for Investigator Award in Humanities and Social Science scheme for the Welcome Trust.

2009: Member of the De Leo Fund Award Committee for the International Association for Suicide Prevention (for researchers from developing countries)

2003-2007: Stengel Research Award Committee for the International Association for Suicide Prevention

1999: Member of assessment committee for pedagogical skills and personal suitability for the postion as Associate Professor at the Department of Psychology, NTNU

**Editorship of Scientific Journal**

Co-Editor of Suicidology Online, 2010-2014

**Membership of Editorial Boards**

Frontiers in Publich Health, 2013-2018

Suicide and Life-Threatening Behavior, 2004-2015

Crisis, 2004-2021

**Referee-tasks for scientific journals (occasional reviewes over the years)**

Selection of journals: Frontiers in Public Mental Health; Crisis – The Journal of Crisis Intervention and Suicide Prevention; Suicide and Life-Threatening Behavior, Tidsskrift for Norsk psykologforening; British Journal of Psychiatry; The Journal of Clinical Psychiatry; Social Science and Medicine; Culture, Medicine and Psychiatry; Death Studies; British Medical Journal; European Child and Adolescent Psychiatry; Journal of Affective Disorders; Scandinavian Journal of Psychology; Tidsskrift for Den norske legeforening; Social Psychiatry and Psychiatric Epidemiology; Acta Psychiatica Scandinavica; Acta Suicidologica Slovenica; Archives of General Psychiatry; Bristish Journal of Medical Psychology; Archives for Suicide Research

#### **Book reviews**

2004: Reviewed the book: Retterstøl, Ekeberg og Mehlum (2002) Selvmord – et personlig og samfunnsmessig problem. *Psykologisk Tidsskrift (PT),* 7(1):42-43

1996: Reviewed the book: Hytten, Mehlum og Gjertsen (1995) Rom for unge liv. *Sosiologisk Tidsskrift*, 4(2):164-8

### PEDAGOGICAL COMPETENCE, SUPERVISION AND TEACHING EXPERIENCE

### PEDAGOGICAL EDUCATION

One-year study in pedagogics, bachelor’s level. Content: general introduction to the main principles of pedagogics; pedagogical sociology, University of Trondheim, 1982

Course in university pedagogics (UNIPED), University of Trondheim, 1993-94 (50 hours)

### SUPERVISION

**PhD-candidates**

Completed:

Johnny Andoh-Arthur (Ghanaian with a bachelor’s degree in Psychology and Political Science from the University of Ghana and a Master's degree in Human Development from the Norwegian University of Science and Technology). *It is a man’s world: Exploring the cultural meaning(s) of suicide among men in Ghana*. NTNU, 2019

Julia Hagen (Norwegian psychiatric nurse and Master of Health Science). *Care and control – Exploring experiences and perceptions of treatment and care of suicidal inpatients in psychiatric wards*. NTNU, 2018

Dorothy Kizza (Ugandan psychologist): *Suicide in Northern Uganda: A qualitative psychological autopsy study*. NTNU, 2013

James Mugisha (Ugandan social worker): *“Positioning for safety”: Attitudes and cultural responses toward suicide among the Baganda, Uganda*. NTNU, 2012

Joseph Osafo (Ghanaian psychologist): *Attitudes towards suicide: Exploring the cultural meaning(s) of suicide in Ghana*. NTNU, 2012

Melanie Straiton (British psychologist): *Understanding self-harm: Perceptions, intentions and the role of gender.* UiO, 2012

Eugene Kinyanda (Ugandan psychiatrist): *Deliberate self-harm in urban Uganda – a case-control study*. NTNU, 2006

Ongoing:

Kristin Espeland (Norwegian nurse and Master of Health Science). Project: How can we best prevent suicide? Started September 2016

**Master’s degree students**

Supervised clinical and master’s students in Psychology from 1999-2004, master’s students in Health Science from 2004-2016, and in Mental Health Work from 2017 to date

**TEACHING EXPERIENCE**

2023-2024 Approaches in applied mental health work (master’s level, NTNU)

2022-2023 Mental health in a multicultural society (master’s level, NTNU)

2019-2022 Directed study (Continuing education in mental health work, NTNU)

2018-2020 Mental health in a cultural perspective (master’s level, NTNU)

2018-2021 Mental health – an introduction (master’s level, NTNU)

2017 Research ethics (master’s level, NTNU)

2014-2017 A critical look at psychiatric diagnoses (master’s level, HiST)

2009-2014 Theories of Health Science (master’s level, NTNU)

2007 Culture and Health (Psychology). Concepts and Methods in a Cultural Perspective. PhD-Course in collaboration with Peter Berliner, University of Copenhagen and Birthe Knizek NTNU

2006-2007 Psychosomatics and health psychology (NTNU)

2006 Suicide prevention, post-experience course (NTNU)

2005 Research preparation course (master’s level, NTNU)

2004 - 2025 Suicide prevention (master’s level, NTNU & HiST)

2004 - 2007 Quantitative research methods and statistics (master’s level, NTNU)

1998 - 2008 Suicidology (for clinical psychology students, NTNU)

1997 - 2002 Research methods (bachelor’s level, NTNU)

1997 Research design and methods (master’s level, NTNU)

1996 - 2000 Suicidology (in psychiatry for medical students, NTNU)

1993 - 2004 Health psychology (master’s level, NTNU)

1992 - 1994 Thesis seminar (bachelor’s level, NTNU)

1986 - 1992 Training in electron microscopy and x-ray microanalysis (medical students, Medical laboratory engineer students and my successor in the job)

##### **Course leader experience**

1999-2002 First aid intervention in suicide risk (ASIST/VIVAT). 5 courses á 14 hours

#### **Invited talks and guest lectures**

135) Hjelmeland H (2024) Hvordan forstå selvmord/suicidalitet og møte suicidale personer. Foredrag for ansatte ved BFT Omsorgsenheten Trondheim kommune, Trondheim 12.04.24

134) Hjelmeland H (2024) Hva er viktig å fokusere på når Trondheim kommune skal lage handlingsplan for forebygging av selvmord? Foredrag ved Innspillseminar om selvmordsforebygging i Trondheim kommune, Trondheim 19.03.24

133) Hjelmeland H (2023) På høy tid å «kompleksifisere» årsakstenkningen knyttet til selvmord. Foredrag på «Kunnskapskaffen», Institutt for psykisk helse, NTNU, Trondheim, 18.10.23

132) Hjelmeland H (2023) På høy tid å «kompleksifisere» årsakstenkningen knyttet til selvmord. Foredrag på «Empowermentdagen»: «Livet i møtet med døden» - en fag- og forskningsdag om komplekse og kontroversielle temaer knyttet til døden. Fakultet for helsevitenskap, OsloMet, Kjeller 13.10.23

131) Hjelmeland H (2023) *Alle* kan bidra til å forebygge selvmord. Foredrag for ansatte og innbyggere i Frosta kommune, 11.10.23

130) Hjelmeland H (2023) De bakenforliggende årsakene til selvmord. Foredrag for Kors på halsen (Røde kors), Gardermoen 16.09.23

129) Hjelmeland H (2023) Lessons learned from 25 years of suicide research in very different cultural contexts. Presentation at hybrid Workshop on Transcultural Suicidology, Stockholm 05.05.23

128) Hjelmeland H (2023) Kultur i klinikk – kontekstuell selvmordsforebygging. Hvordan forstå suicidalitet og møte suicidale personer. Foredrag på fagdag ved SANKS, Karasjok, 27.04.23

127) Hjelmeland H (2023) Hvordan forstå suicidalitet og møte suicidale personer. Foredrag ved Workshop for Psykologistudenter uten grenser. Trondheim, 07.03.23

126) Hjelmeland H (2022) Selvmordsforebygging. For å kunne forebygge selvmord må vi forstå hva suicidalitet handler om. Foredrag ved SINTEF Helse. Trondheim, 02.03.22

125) Hjelmeland H (2021) Suicidalitet *må* forstås i kontekst – og i lys av livshistorien. Digitalt foredrag ved Vivat-seminar, 10.12.21

124) Hjelmeland H (2021) Hvordan best forebygge selvmord i psykisk helsevern? Foredrag for Kompetansenettverk i nord, Tromsø, 02.12.21

123) Hjelmeland H (2021) Selvmordsforebygging: For å kunne forebygge selvmord må vi forstå hva suicidalitet handler om. Digitalt foredrag ved webinar for Nettverk om selvmordsforebygging i Trøndelag og Møre og Romsdal, 23.11.21

122) Hjelmeland H (2021) Suicidalitet *må* forstås i kontekst – og i lys av livshistorien. Digitalt foredrag for ansatte ved RVTS Nord, 22.11.21

121) Hjelmeland H (2021) Suicidalitet må forstås i kontekst. Innspill til selvmordsforebygging i samiske områder. Foredrag ved Fagdag for arbeidsgruppa «Selvmordsforebygging i samiske områder», Tromsø, 26.08.21

120) Hjelmeland H (2021) Vi må forstå hva suicidalitet handler om, for å kunne forebygge selvmord. Foredrag ved Nidaros DPS, Trondheim, 25.08.21

119) Hjelmeland H (2021) Hvordan forstå suicidalitet og selvskading? Foredrag for SiT Psykososiale helsetjeneste, Trondheim, 11.05.21

118) Hjelmeland H (2019) På tide å tenke helt nytt om kartlegging og vurdering av selvmordsrisiko. Innlegg på møte i Helsedirektoratet om revisjon av Retningslinjene, Oslo, 17.12.19

117) Hjelmeland H (2019) How to understand suicidality? Plenary presentation at the symposium “How to understand suicidality and meet suicidal people.” Butabika National Referral Psychiatric Hospital, Kampala, Uganda, 22.10.2019

116) Knizek BL & Hjelmeland H (2019) What influences our attitudes towards suicide? Plenary presentation at the symposium “How to understand suicidality and meet suicidal people.” Butabika National Referral Psychiatric Hospital, Kampala, Uganda, 22.10.2019

115) Hagen J, Hjelmeland H, Knizek BL (2019) Suicidality and care – from the perspectives of patients and mental health workers. Plenary presentation at the symposium “How to understand suicidality and meet suicidal people.” Butabika National Referral Psychiatric Hospital, Kampala, Uganda, 22.10.2019

114) Espeland K, Hjelmeland H, Knizek BL (2019) Hvordan kan vi best forebygge selvmord? Markering av Verdensdagen for psykisk helse, Trondheim, 15.10.2019

113) Hjelmeland H (2019) På tide å skifte kurs i selvmordsforebyggingen? Offentlig foredrag på Verdensdagen for selvmordsforebygging, Trondheim, 10.09.2019

112) Hjelmeland H (2019) Bruk av antidepressiva i selvmordsforebygging: problematisk ekspertanbefaling. Foredrag på Forskerlunsj, IPH, NTNU, Trondheim, 13.06.2019

111) Hjelmeland H (2019) Kan man forutsi selvmord? Foredrag på Tiller DPS, Trondheim, 04.06.2019

110) Hjelmeland H (2019) Areas for Joint Research on Suicide Prevention. Lecture at symposium at the Department of Psychology, University of Ghana, Legon, Accra, Ghana, 09.05.2019

109) Hjelmeland H (2019) Kan man forutsi selvmord? Offentlig foredrag på Litteraturhuset i Trondheim, 13.03.2019

108) Knizek BL, Hagen J, Hjelmeland H (2018) Hvordan oppleves og møtes suicidalitet? Foredrag på Fagdag for Geminisenteret for helsetjenesteforskning, Trondheim, 13.12.18

107) Hagen J, Knizek BL, Hjelmeland H (2018) Suicide prevention in mental health services. Health in Context seminar, Butabika National Psychiatric Referral Hospital, Kampala, Uganda, 30.10.2018

106) Hagen J, Knizek BL, Hjelmeland H (2018) Selvmordsforebygging i psykisk helsevern – på tide å endre fokus! Foredrag på folkemøte på Verdensdagen for psykisk helse, Trondheim, 16.10.18

105) Hjelmeland H (2018) Selvmordsforebygging – på tide å skifte spor. Foredrag Helseforum, Rødt, 27.08.2018

104) Hjelmeland H (2018) Suicide prevention: What knowledge can the Global South (e.g., Ghana) contribute. Invited public lecture in connection with the Golden Jubilee of the Department of Psychology, University of Ghana, at the College of Physicians and Surgeons, Accra, 22.03.2018

103) Hjelmeland H (2018) Suicide prevention: What knowledge can the Global South contribute. Invited lecture at the University of Ghana, Department of Psychology, Legon, Accra, 12.03.2018

102) Hjelmeland H (2017) Forsker = aktivist? Fagseminar, Fagenhet for psykisk helsearbeid, IPH, NTNU, Trondheim, 23.11.2017

101) Hjelmeland H & Knizek BL (2017) Existential meaning-making in suicide research and prevention. HEIKO (Helse i kontekst) forskerseminar, NTNU, Trondheim, 21.11.2017

100) Hjelmeland H (2017) Selvmord i kontekst: Fra forståelse til forebygging. Verdensdagen for selvmordsforebygging, Kristiansand, 11.09.2017

99) Knizek BL & Hjelmeland H (2017) Selvmordsforsøk blant menn i Norge. Forskningsseminar, Institutt for psykisk helse, NTNU, Trondheim, 15.06.2017

98) Hjelmeland H & Knizek BL (2017) Et kritisk blikk på sammenhengen mellom psykiske lidelser og selvmord. Forskningsseminar, Institutt for psykisk helse, NTNU, Trondheim, 15.06.2017

97) Espeland K, Hjelmeland H, Knizek BL (2017) Selvmordsforebygging i et recoveryperspektiv. Forskningsseminar, Institutt for psykisk helse, NTNU, Trondheim, 15.06.2017

96) Hagen J, Knizek BL, Hjelmeland H (2017) Relasjoner mellom helsepersonell og selvmordstruede pasienter i psykiatriske døgnavdelinger. Forskningsseminar, Institutt for psykisk helse, NTNU, Trondheim, 15.06.2017

95) Hjelmeland H & Knizek BL (2017) Selvmord/suicidalitet i kontekst: Noen funn fra en studie i Norge, Ghana og Uganda. Forskerlunsj, Institutt for psykisk helse, NTNU, 02.02.2017

94) Hjelmeland H & Knizek (2016) Suicidalitet må forstås i kontekst. Funn fra kvalitative studier. RVTS fagdag, Trondheim, 13.12.2016

93) Hagen J, Knizek BL, Hjelmeland H (2016) Relasjoner mellom helsepersonell og selvmordstruede pasienter i psykiatriske døgnavdelinger. RVTS fagdag, Trondheim, 13.12.2016

92) Knizek BL, Kinyanda E, Akotia CS, Hjelmeland H (2015) Four moral discourses at the basis of attitude formation on suicide among health personnel in Uganda. Invited talk at the “Africa Seminar Series, Norwegian University of Science and Technology”, 15.10.2015

91) Hjelmeland H (2015) Er det noe vi overser når vi ikke får antallet selvmord ned? Invited talk at Helsedirektoratet, Oslo, 07.05.15

90) Hjelmeland H (2015) Selvmordsforskning. Invited talk at Fylkesmannen i Sør-Trøndelag, Trondheim, 13.04.15

89) Hjelmeland H (2015) Hva er meningen? Selvmordsatferd som kommunikasjon. Invited talk at «Faglunsj – Regional Ressource Centre on Violence, Traumatic Stress and Suicide Prevention», Trondheim, 19.03.15

88) Hjelmeland H (2015) Suicide among the Baganda, Uganda: Attitudes and rituals. Invited talk at the “Africa Seminar Series, Norwegian University of Science and Technology”, 19.02.15

87) Hjelmeland H (2015) Hva kan risikofaktorer egentlig brukes til? Kvalitativ forskning kan gi oss kunnskap av mye større relevans for selvmordsforebygging. Invited talk at «Faglunsj – Regional Ressource Centre on Violence, Traumatic Stress and Suicide Prevention», Trondheim, 08.01.15

86) Hjelmeland H (2015) Hva er meningen? Selvmordsatferd som kommunikasjon. Invited talk at «Faglunsj – Regional Ressource centre on Violence, Traumatic Stress and Suicide Prevention», Trondheim, 19.03.15

85) Hjelmeland H (2015) Suicide among the baganda, Uganda: Attitudes and rituals. Invited talk at the “Africa Seminar Series, Norwegian University of Science and Technology”, 19.02.15

84) Hjelmeland H (2015) Hva kan risikofaktorer egentlig brukes til? Kvalitativ forskning kan gi oss kunnskap av mye større relevans for selvmordsforebygging. Invited talk at «Faglunsj – Regional Ressource centre on Violence, Traumatic Stress and Suicide Prevention», Trondheim, 08.01.15

83) Hjelmeland H (2014) Impact meg her og impact meg der. Invited talk at «Fellesseminar for Institutt for sosialt arbeid, Senter for helsefremmende forskning og Senter for mangfold og inkludering», Trondheim, 06.10.2014

82) Hjelmeland H (2014) Selvmordsforebygging: Et kritisk blikk på etablerte «sannheter». Invited talk at «Psykologi- og medisinstudentenes Folkehelseuke", Trondheim, 29.09.2014

81) Hjelmeland H (2014) Selvmord: Fra etablerte «sannheter» til alternative tilnærminger til selvmordsforebygging i psykisk helsevern. Foredrag ved fagdag i «Prosjekt selvmordsforebygging Rogaland», Haugesund, 19.09.2014

80) Hjelmeland H (2013) Selvmordsatferd: Risikovurderinger, psykiatri og kommunikasjon I kulturelt perspektiv. Invited talk at SiT Psykososial helsetjeneste, Trondheim, 29.10.2013

79) Hjelmeland H, Kinyanda E, Akotia CS, Knizek BL (2013) Mental health workers’ views on the criminalization of suicidal behavior in Uganda. Guest lecture at the Department of Psychology, Stellenbosch University, South Africa, 30.04.2013

78) Knizek BL & Hjelmeland H (2013) Moral discourses among Ugandan mental health workers on suicide and suicidal individuals. Invited talk at the “Colloquium Series”, Department of Psychology, Stellenbosch University, South Africa, 25.04.2013

77) Hjelmeland H & Knizek BL (2013) What is the meaning? Suicidal behavior as communication. Invited talk at the “Colloquium Series”, Department of Psychology, Stellenbosch University, South Africa, 16.04.2013

76) Hjelmeland H & Knizek BL (2013) What is the meaning? Suicidal behavior as communication. Invited talk at “The National StanBy Response Service Seminar”, Noosa, Australia, 18.03.2013

75) Hjelmeland H (2013) Suicide research and prevention: the importance of culture in “biological times”. Invited talk at the Life Promotion Clinic Seminar Series, Australian Institute of Suicide Research and Prevention, Griffith University, Brisbane, Australia, 05.03.2013

74) Dieserud G & Hjelmeland H (2012) Psykiatri og selvmord: Sykdomsmodellens evidensgrunnlag og begrensninger samt alternative veier til Rom med sverd og skjold. Foredrag ved Avdelingsseminar, Nasjonalt folkehelseinstitutt, Oslo 17.10.2012

73) Hjelmeland H (2012) Betydningen av et kulturelt perspektiv på selvmordsforebyggende arbeid. Gjesteforelesning ved masterstudiet i psykososialt arbeid – selvmord, rus, vold og traumer, Universitetet i Oslo, 19.09.12

72) Hjelmeland H (2012) Hvorfor forskningssamarbeid med lavinntektsland? Eksemplifisert med forskningsprosjekt i Uganda. «Psykoforum», Nasjonalt folkehelseinstitutt, Oslo, 22.03.2012

71) Hjelmeland H (2011) Suicidological research. State of the art introductory presentation to PhD-defence Umeå University, Umeå, 09.12.2011

70) Hjelmeland H (2011) Suicidal behaviour in Ghana and Uganda. Global helsedag, NTNU, 20.10.2011

69) Hjelmeland H & Knizek BL (2011) Suicidal behaviour as communication in a cultural perspective. Invited talk at “Workshop on Suicide Prevention”, Department of Psychology, University of Ghana, Legon, 24.02.2011

68) Hjelmeland H (2011) Shneidman’s psychological theory of suicide. Invited talk at “Workshop on Suicide Prevention”, Department of Psychology, University of Ghana, Legon, 24.02.2011

67) Hjelmeland H (2011) Psykisk lidelse og selvmord – den biomedisinske modellen i selvmordsforebygging. Foredrag ved Fagmøte, Nasjonalt folkehelseinstitutt, Oslo, 13.01.2011

66) Hjelmeland H (2011) Kultursensitivitet: Kulturell kompetanse og forebygging av selvmord. Undervisning ved masterstudiet i psykososialt arbeid – selvmord, rus, vold og traumer, Universitetet i Oslo, 15.09.10

65) Hjelmeland H (2010) Et kulturperspektiv på selvmordsforebygging. Foredrag for ansatte ved Lovisenberg Diakonale Sykehus, 09.06.2010

64) Hjelmeland H & Knizek BL (2010) Suicidal behaviour as communication. Guest lecture at the Universidade Federal da Paraíba, João Pessoa, Brazil, 06.05.2010

63) Knizek BL & Hjelmeland H (2010) Suicidal behaviour as communication in a cultural perspective. Guest lecture at the Universidade Federal da Paraíba, João Pessoa, Brazil, 06.05.2010

62) Hjelmeland H (2010) Suicide prevention: general introduction. Lecture at “Workshop on attitudes towards suicidal behaviour”, Department of Psychology, University of Ghana, Legon, 13.04.2010

61) Hjelmeland H (2010) Selvmordsforebygging i et flerkulturelt samfunn. Foredrag for ansatte ved Lade behandlingssenter, Trondheim, 25.01.2010

60) Selvmordsforebygging i et flerkulturelt samfunn. Foredrag for ansatte ved Lade behandlingssenter, Trondheim, 25.01.2010

59) Selvmords- og selvskadingsatferd. Forlesning for ansatte i Trondheim kommune, boenhet psykisk helsevern, Trondheim, 30.100.2009

58) Selvmordsforebygging i et flerkulturelt samfunn. Foredrag ved Samisk nasjonalt kompetansesenter - psykisk helse, Lakselv, 24.09.2009

57) Selvmordsforebygging i et flerkulturelt Norge. Foredrag på Verdensdagen for selvmordsforebygging, Trondheim, 10.09.2009

56) Selvmordsforebygging i et flerkulturelt samfunn. Gjesteforelesning ved Videreutdanning i selvmordsforebygging, Universitetet i Oslo, 15.05.2009

55) Selvmordsforebygging i et flerkulturelt samfunn. Telematikkforelesning for studioer i Nord-Norge, 14.05.2009

54) Psychological autopsy studies as diagnostic tools: Are they methodologically flawed? Invited talk at research seminar at the Norwegian Public Health Institute, 30.04.2009

53) Hva slags forskning trenger vi i suicidologien i dag? Foredrag gitt ved avdelingsseminar ved Nasjonalt folkehelseinstitutt, Randsvangen, 05.03.2009

52) Cultural issues in suicidology. Invited talk at the Research Meeting in Suicidology, 18-21.05.2008

51) Hvem bryr det at folk i Afrika tar livet av seg? Forskning om mental helse og suicidalitet i et kulturelt perspektiv. Foredrag på seminar om global helse ved Nasjonalt folkehelseinstitutt, Oslo, 15.05.2008

50) Holdninger til selvmord i kulturelt perspektiv. Foredrag per telematikk til 15 studioer i Nord-Norge, Trondheim/Tromsø, 22.11.2007

49) Holdninger til selvmord i kulturelt perspektiv. Gjesteforelesning ved Videreutdanning for selvmordsforebygging, Universitetet i Oslo, 26.04.2007

48) Suicide research in Norway and Uganda: Theoretical and methodological issues. Guest lecture at a work-shop on suicide research at Institute of Developmental Psychology, Beijing Normal University, Beijing, China, 25.09.2006 (in collaboration with B.L. Knizek)

47) Holdninger til selvmord i et kulturelt perspektiv (4t). Foredrag for Ressurssgruppe i selvmordsforebygging i Nordland fylke, Bodø, 06.09.2006

46) Suicide prevention in Norway. Guest lecture at Department of Psychiatric Social Work, National Institute of Mental Health and Neuro Sciences, Bangalore, India, 06.06.2006

45) Selvmordsteorier som grunnlag for intervensjon ved selvmordsfare. Undervisning (4 t) for ansatte ved BUP, Tiller. Trondheim, 28.03.2006 (i samarbeid med Birthe Knizek),

44) Hvorfor selvmord? En psykologisk autopsistudie. Foredrag ved ”Psykoforum” ved Nasjonalt folkehelseinstitutt, Oslo, 23.02.2006 (i samarbeid med G. Dieserud og K. Dyregrov)

43) Holdninger til selvmord i et kulturelt perspektiv. Gjesteforelesning ved videreutdanning i selvmordsforebygging ved Universitetet i Oslo, 22.09.2005

42) Managing suicide. Guest lecture at the Department of Mental Health and Community Psychology, Makerere University, Kampala, Uganda, 08.06.2005

41) Suicidal behaviour as communication and politicians’ attitudes towards it. Guest lecture at Beijing Normal University, Beijing, 02.12.2004 (in collaboration with B.L. Knizek)

40) Talk to me or I top myself. Suicidal behaviour as communication. Guest lecture at Glamorgan University, Wales, 05.10.2004 (in collaborationwith B.L. Knizek)

39) Forskning på suicidal atferd: Fortid – nåtid – fremtid. Foredrag ved ”Psykoforum” ved Statens folkehelseinstitutt, Oslo, 26.05.2004

38) Resultater av 15 års registrering av parasuicid i Sør-Trøndelag: Rater og trender. Foredrag for ansatte ved Psykiatrisk poliklinikk Øya og Ressurssenter for selvmordsforskning og-forebygging. Trondheim, 29.04.2004

37) Suicidal atferd: Epidemiologi og kommunikasjon. Foredrag for ansatte ved Psykososial helsetjeneste, NTNU, Trondheim, 30.03.2004

36) Holdninger til selvmord i Norge og Uganda: Metodologiske utfordringer i kryss-kulturelle studier. Foredrag gitt ved Forum for selvmordsforskning, Oslo, 02.02.2004

35) Qualitative analysis of open-ended questions in the attitude towards suicide questionnaire – methodological issues. Lecture (in collaboration with B.L. Knizek) at SUPPORT group meeting, Vilnius, 15.01.2004

34) Med liv og helse som innsats: Suicidal atferd som kommunikasjon. Prøveforelesning ved Institutt for sosialt arbeid og helsevitenskap, NTNU, 15.10.2003

33) The communicative aspect of nonfatal suicidal behaviour: Gender and culture issues. Foredrag gitt ved National Parasuicide Registry in Ireland, Limerick, 06.08.2003

32) Suicide prevention in Norway. Guest lecture at the Graduate Certificate study in suicidology at the Australian Institute for Suicide Research and Prevention, Griffith University, Brisbane, Australia, 22.03.2003

31) Suicide prevention in Norway. Experiences from Norway. Guest lecture at the master’s study in suicidology at the Australian Institute for Suicide Research and Prevention, Griffith University, Brisbane, Australia, 22.03.2003

30) The communicative aspects of non-fatal suicidal behaviour. Guest lecture at Research Colloquium, Department of Applied Psychology, Griffith University, Brisbane, Australia, 21.03.2003

29) National plan for suicide prevention: Practical implementation of some of the goals in one of the regions. Lecture at the Parliament of Slovenia, Ljubljana, 14.10.2002

28) Våpen og selvmord – hva sier norsk statistikk? Foredrag gitt ved seminar om våpensikring og selvmordsforebygging ved Direktoratet for naturforvaltning, Trondheim, 28.11.2001

27) The Norwegian Plan for Suicide Prevention. Presentation at seminar of the ”Assembly of European Regions”, Cork, 12.-13.10.2001

26) Selvmordsforskning og –forebygging i Sør-Trøndelag. Foredrag gitt for Helse- og sosialutvalget (politikerne) i Sør-Trøndelag fylkeskommune, Trondheim, 10.09.2001

25) Forskning på selvmord. Foredrag gitt ved seminar for LEVE – Landsforeningen for etterlatte ved selvmord, avdeling Sør-Trøndelag, Trondheim, 01.09.2001

24) Suicidal atferd og kjønn. Foredrag gitt ved etterutdanning i suicidologi ved Høgskolen i Nord-Trøndelag, Namsos, 21.03.2001

23) National plan for suicide prevention: Activities and services rendered by the regional offices. Lecture for governmental delegation from Lithaunia. Invited by the Norwegian Board of Health, Oslo, 14.10.2000

22) Suicide prevention – an international perspective. Guest lecture at Butabika National Referral Mental Health Hospital, Kampala, Uganda, 09.03.2000

21) Suicidal behaviour among mental patients – Recent research findings. Guest lecture at Butabika National Referral Mental Health Hospital, Kampala, Uganda, 09.03.2000

20) ”Fornorsking” av det canadiske kurset ”Intervensjon ved selvmordsfare”. Foredrag gitt ved veiledningssamling for kursledere, Tromsø, 09.12.1999

19) Suicidal behaviour: Research and prevention in Norway. Guest lecture at Department of Psychology, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brasil, 07.10.1999

18) Kjønn i suicidal atferd – flere likheter enn forskjeller? Foredrag gitt ved konferansen ”Selvmordsforebyggende arbeid – kompetanseheving”. Levanger, 13.04.1999

17) Nettverksbygging i Helseregion IV i forbindelse med gjennomføringen av Handlingsplan mot selvmord. Foredrag gitt for Fagrådet i psykiatri (Statens helsetilsyn). Trondheim, 17.02.1999

16) Preventing suicidal behaviour: Research, education and follow-up. Guest lecture at Butabika National Mental Hospital, Kampala, Uganda, 29.10.1998

15) Selvmordsatferd - en smitte-effekt? - og - Selvmordsforebygging via Internett. Foredrag gitt ved Psykiatrisk institutt, NTNU. Trondheim, 26.05.1998

14) Handlingsplan mot selvmord - gjennomføring i Helseregion IV. Foredrag gitt ved Torsdagsmøtet for leger og psykologer ved Sør-Trøndelag Psykiatriske Sykehus, avdeling Østmarka. Trondheim, 07.05.1998

13) Handlingsplan mot selvmord og Det regionale ressurssenter for selvmordsforskning og -forebygging i Helseregion IV: Hvem er vi og hva gjør vi? Foredrag gitt for pleiepersonalet ved Sør-Trøndelag Psykiatriske Sykehus, avdeling Østmarka. Trondheim, 30.04.1998

12) Selvmordsatferd hos ungdom: Begrepsavklaring, forekomst, risikofaktorer. Foredrag gitt ved seminaret “Selvmordsforebyggende arbeid blant barn og unge”. Grong, 06.02.1998

11) Parasuicid: Risikofaktorer og prediksjon av gjentak. Foredrag gitt ved kurset “Selvmordsforebyggende arbeid - en tverrsektoriell utfordring”. Arrangør: Opplæringssenteret ved Sentralsjukehuset i Møre og Romsdal, Ålesund, 12.12.1997

10) Intensjoner med parasuicid - hvorfor begår noen suicidale handlinger? Foredrag gitt ved kurset “ Selvmordsforebyggende arbeid - en tverrsektoriell utfordring”. Arrangør: Opplæringssenteret ved Sentralsjukehuset i Møre og Romsdal, Ålesund, 12.12.1997

9) Selvmordsforebyggende arbeid - en tverrsektoriell utfordring. Presentasjon av Regionalt Ressurssenter for Selvmordsforskning og -forebygging. Foredrag ved Fredagsmøtet ved Sentralsjukehuset i Møre og Romsdal, Ålesund, 12.12.1997

8) Referat fra IASP-kongressen i Adelaide, Australia i mars 1997. Foredrag gitt ved prosjektkonferansen “Handlingsplan mot selvmord”, Bergen, 16.-18.06.1997

7) Selvmordsforebygging. Foredrag gitt ved presseseminar i forbindelse med den 25. Nordiske Psykiaterkongress, Trondheim, 07.05.1997

6) Parasuicid i Sør-Trøndelag. Foredrag gitt ved Medisinsk avdeling, Nyreseksjonen, Regionsykehuset i Trondheim, 19.02.1997

5) Parasuicid i Sør-Trøndelag - epidemiologi av prediksjon av gjentak av den suicidale atferd. Gjesteforelesning gitt ved Psykologisk institutt, NTNU, Trondheim, 17.02.1997

4) Min forskning. Presentasjon av WHO/EURO Multicentre Study on Parasuicide og andre prosjekter gitt ved Psykiatrisk institutt, Trondheim, 28.01.1997

3) Parasuicide in the county of Sør-Trøndelag, Norway: How many, whom and why? Foredrag gitt ved Faculty of Social and Behavioural Sciences, Section of Clinical, Health and Personality Psychology, University of Leiden, The Netherlands, 29.11.1995

2) Suicidal atferd: Hvem og hvorfor? Forskningsseminar, Psykologisk institutt, Universitetet i Trondheim, 23.03.1995

1) Hvordan erfares kompetansen fra hovedfagsstudiet i psykologi i forhold til de krav jobben stiller? Foredrag gitt ved møte i Norsk Forening for Atferdsvitere, Trondheim, 09.11.1992

##### **Other oral presentations**

11) Hjelmeland H (2022) Vi må forstå hva suicidalitet handler om, for å kunne forebygge selvmord. FIU-lunsj, IPH, NTNU. Trondheim, 24.03.22

10) Kvalitative analyse av åpne spørreskjemaspørsmål om holdninger til selvmord og selvmordsforebygging. Presentasjon ved K-Forum (kvalitativt forskningsforum) ved Psykologisk institutt, NTNU, Trondheim 18.10.2004 (i samarbeid med B.L. Knizek)

9) Attitudes towards suicide and suicide prevention – a quantitative and qualitative study. A Norwegian-Lithuanian collaborative study. Presentation at research seminar of collaboration project Norway-Lithuania, Oslo 08.05.2003

8) Suicide prevention activities in Norway. Presentation at the meeting of WHO European Network on Suicide Prevention, København, 30.11-02.12.2001

7) Forskning på suicidal atferd. Presentasjon gitt ved Forskningssemninar, Psykologisk institutt, NTNU, 28.09.2000

6) Suicide prevention in Central Norway. Presentation at the meeting of ”Assembly of European regions”, Västerås, 12.-14.05.2000

5) Presentasjon av kurset ”Førstehjelp ved selvmordsfare”. Presentasjon gitt ved ”Den 5. nettverkskonferansen om selvmordsforebygging i Helseregion Midt-Norge”. Trondheim, 14.-15.02.2000

4) Psykologisk institutt i Trondheim: Studieplaner og internasjonalisering. Presentasjon gitt ved NORDPLUS-møte i Odense, 06.-08.05.1999

3) Rapport fra Kurs i forskningsjournalistikk. Presentasjon ved Psykiatrisk institutt, Trondheim, 18.11.1997

2) Handlingsplan mot selvmord - regionalt ressurssenter i Helseregion IV. Presentasjon gitt ved Innherred sykehus, Levanger, 27.06.1997

1) Handlingsplan mot selvmord - en presentasjon av det regionale ressurssenter i Helseregion IV (Trondheim). Presentasjon ved “Konferanse om selvmordsforskning og -forebygging”. Oslo, 23.-24.01.1997

**EXAMINATION WORK**

##### **Grading of written exam papers**

2019 Mental health – an introduction (master’s level)

2019-2022 Fordypningsoppgave (continuing education in mental health work)

2017 Research ethics (master’s level)

2010-2013 Theories of health science (master’s level)

2006 Quantitative methods and statistics

Suicide prevention (post-experience education)

2004 - 2024 Suicide prevention (master’s level)

2002 – 2003 Research reports (master’s level)

2001 Health psychology (master’s level)

1999 – 2001 History and methodology of psychology (bachelor’s level)

1997 – 1999 Methods in psychological research (bachelor’s level)

1993 Psychology (bachelor’s level)

**Grading of master’s theses with or without oral examination**

2017-2021 Mental Health Work (NTNU)

2014 Suicide Prevention (University of Oslo)

2011 Disability and Society (NTNU)

2010 Social Work (NTNU)

2007 Special Education (University of Tromsø)

2004-2015 Health Science (NTNU)

2001-2004 Psychology (NTNU)

### COURSE DEVELOPMENT

##### 2018: Suicide prevention for master’s students in Mental Health (7.5 credits)

##### 2007: PhD-course: Culture and Health (Psychology). Concepts and Methods in a Cultural Perspective. 2.5 days (5 credits). In collaboration with B.L. Knizek

2006: Post-experience course in suicide prevention (15 credits)

2005: Introductory course in quantitative methods (master’s level; 1 week)

2004: Suicide prevention for master’s students in psychology and health science (7.5

credits). Ongoing development.

##### 2003: Master’s study in health, work and organisational psychology (in collaboration with several colleagues, 120 credits)

1999: Suicidology for psychology students (3-day course in clinical psychology)

1999: Suicidology for medical students (1-day course)

1999: Suicide prevention for master’s students in psychology and health science (1-day course)

### EDUCATIONAL INQUIRY

Member of a national reference group developing a 2-year part time study in suicidology at the Faculty of Medicine, University of Oslo (2000-2001)

**TEACHING ADMINISTRATION**

Study coordinator of the master’s study in Health Science 2005-2007

Coordinator of a number of different courses from 2001 onwards

POPULAR SCIENTIFIC ACTIVITIES

A number of the aforementioned lectures and presentations are of a popular science character. In addition:

#### **Communications in/with the press/internet**

Interviewd by Wenche Fuglehaug Fallsen (2023) Psykiatri-sporet har fått for stor plass. *Aftenposten*, 10.09.2023

Interviewed by Per Halvorsen (2020) Splittet i synet på selvmordsforebygging. *Tidsskrift for norsk psykologforening,* 57(2), 90-95. Published 03.02.2020

Interviewd by Merete Sternang in TrønderRødt at <https://tronderrodt.no/helse/pa-tide-a-skifte-spor/> På tide å skifte spor? Selvmordsforebygging: Hvordan få ned tallene på selvmord? 10.09.2019

Interviewed by Eli Wære at <http://erfaringskonsulenter.org/2019/03/22/selvmordsforebygging/>

Nybrottsarbeid innenfor psykisk helsevern. 22.03.2019

Interviewed by Donna Littelwood on career advice for the blog of the International Network of Early Career Researchers in Suicide and Self-harm. <https://netecr.wordpress.com/2018/10/10/interview-career-advice-from-heidi-hjelmeland/>, 10.10.2018

Interviewd by Sølvi Waterloo Normannsen, Universitetsavisa: Stiller spørsmål ved verdien av NTNUs arbeidsmiljøundersøkelse, 20.11.2017

Hjelmeland H (2015) Hva er meningen? Selvmordsatferd som kommunikasjon. NAPHA, 12.06.2015

Hjelmeland H (2015) Er alle som tar sitt liv psykisk syke? NAPHA, 08.06.2015

Participant in the debate panel on how to write, or not, about suicide in the media. Organised by Trondhjems journalisforening (the union of journalists in Trondheim) on World Suicide Prevention Day 2014, 10.09.2014

Interviewed by Leni Aurora Brækhus, ABC Nyheter: Dårlig søvn knyttet til økt risiko for selvmord hos eldre. [www.abcnyheter.no/nyheter/helse/2014/08/13/darlig-sovn-knyttes-til-okt-risiko-selvmord-ho-eldre](http://www.abcnyheter.no/nyheter/helse/2014/08/13/darlig-sovn-knyttes-til-okt-risiko-selvmord-ho-eldre), 13.08.2014

Interviewed by Leni Aurora Brækhus, ABC Nyheter: Ikke dokumentert at 9 av 10 som tar livet sitt er psykisk syke. [www.abcnyheter.no/nyheter/helse/2014/08/05/ogsa-psykisk-friske-tar-sitt-eget-liv](http://www.abcnyheter.no/nyheter/helse/2014/08/05/ogsa-psykisk-friske-tar-sitt-eget-liv), 05.08.2014

Interviewed by Hanna Helseth: Hva forteller et selvmord oss? <http://www.innblikk.com/Details.asp?article=Hva+forteller+et+selvmord+oss&aid=70>, lagt ut 26.09.2011

Interviewed by Psinforme-se. Student newspaper at Universidade Federal da Paraíba, João Pessoa, Brazil, 06.05.2010

Interviewed by Pasienthåndboka.no (Selvmordsforebygging i et flerkulturelt Norge) 08.05.2009

Interviewed by Adresseavisen (Vi kan hindre impulsselvmord) 26.04.2007

Interviewed by Radio-Adressa 22.08.2005

Interviewed by TV Slovenia 11.11.2004

Interviewed by Trønderavisa 17.01.2004

Interviewed by NRK Trøndelag 07.01.2004

Interviewed by NRK Sør-Trøndelag 02.05.2001

Interviewed by NTB 20.03.2001. Interview resulted in a press release that was published in several newspapers the 21.03.2001, for example, Adresseavisen, Aftenposten og Nordlys.

Interviewed by Trønderavisa on results from the WHO-study in Sør-Trøndelag, 20.03.1998

Interviewed by TV-Trøndelag on the National suicide prevention plan, 07.05.1997

Interviewed by NRK Møre og Romsdal on the National Suicide Prevention Plan, 28.04.1997

Interviewed by Adresseavisen om artikkel publisert i Tidsskrift for Den norske lægeforening, 19.06.1995

Interviewd by Avisa Trondheim on article published in Tidsskrift for Den norske lægeforening, 19.06.1995

Interviewed by Vårt Land on article published in Tidsskrift for Den norske lægeforening, 17.06.1995

Mention in Aftenposten on article published in Tidsskrift for Den norske lægeforening, 12.06.1995

Interviewed by Nationen on results from the WHO-study in Sør-Trøndelag, 05.05.1995

Interviewed by Adresseavisen on results from the WHO-study in Sør-Trøndelag, 11.08.1994

Interviewed by Avisa Trondheim on results from the WHO-study in Sør-Trøndelag, 22.01.1994

Interviewed by NRK Sør-Trøndelag on results from the WHO-study in Sør-Trøndelag, 1994

Interviewed by Arbeider-Avisa on results from the WHO-study in Sør-Trøndelag, 02.09.1993

**Podcast Interviews**

Julia Hagen & Heidi Hjelmeland intervjuet av Jimmy Westerheim til podcasten *Hverdagspsyken:* Selvmordsforebygging. 23.03.22 <https://www.hverdagspsyken.no>

Heidi Hjelmeland intervjuet av Birgit Valla til Mad in Norway sin podcast «Birgit inviterer»: For å kunne forebygge selvmortd må vi forstå hva det handler om. 10.06.2022 <https://www.madinnorway.org/2022/06/27-heidi-hjelmeland-for-a-forebygge-selvmord-ma-vi-forsta-hva-det-handler-om%EF%BF%BC/>

ADMINISTRATIVE EXPERIENCE

### Leadership

Project leader of the study "Meanings of attempted suicide in Uganda: A qualitative interview study", from 2013 onwards

Project leader of the international multicentre study (in Ghana, Uganda and Norway) “Suicidal behaviour in a cultural perspective”, 2008-2010 (Funded by the Norwegian Research Council, NOK 3.6 million)

Deputy Head of the Department of Social Work and Health Science, NTNU, 01.08.2005-31.12.2008

Head of Group for Health, Work and Organisational Psychology, Department of Psychology, NTNU, 01.07.2002-31.01.2004

Head of the Regional Ressource Center for Suicide Research and Prevention in Central Norway, 01.01.1997-31.12.2003

Project leader of the Norwegian part of the European multicenter study: ”WHO/EURO Multicentre Study on Suicidal Behaviour”, from 01.07.1997 onwards.

Project leader of the Norwegian part of the European multicentre study ”A cross-cultural study on self-reported suicidal behaviour, attitudes towards suicide and existential motivation”, from 01.07.1999 onwards

**Internationalisation work**

Coordinator for internationalisation at the Department of Social Work and Health Science, NTNU, 2004-2008

Coordinator for student and staff exchange at the Department of Psychology, NTNU, 1999-2004

Visited the following universities in relation to establishments of collaborative agreements on student exchange and/or research collaboration: University of Ghana, Legon, Accra (many times in the period 1998-2019), Makerere University, Kampala, Uganda (1998, 2000, 2005, 2006), University of Stellenbosch, Sør-Afrika (many times in the period 1999-2015), University of Padova, Italia (2001), Universidade Federal Do Rio Grande Do Sol, Porto Allegre, Brasil (1999).

**Appointments**

Member of the Scientific Committee for the “19th European Symposium on Suicide and Suicidal Behaviour”, to take place in Copenhagen, Denmark, 24-27.08.2022

Member of the Scientific Committee for “The 3rd Conference of the Critical Suicide Studies Network: Building Critical Bridges”, Perth, Australia, 12-13.12.2018

Representative of the master’s study in Mental Health Work in the group coordinating the teaching in philosophy of science and research ethics across the new master’s studies at the Faculty of Medicine and Health Sciences, NTNU, 2017

Member of the Organising and Scientific Committee of the “Second Critical Suicidology Confenrece”, Canterbury, UK, 29-06.-02.07.2016

Member of the Scientific Committee for the “XXIX World Congress of the International Association for Suicide Prevention: Preventing Suicide: A Global Commitment, from Communities to Continents, Kuching (Sarawak), Malaysia, 18.-22.07.2017

Member of Scientific Advisory Board for the “34th International Human Science Reseaerch Conference”, Trondheim, 12.-15.08.2015

Member of Faculty for the Mayo School of Continuous Professional Development conference "Aeschi 8: Bearing the struggle: Helping clinicians tolerate working with suicidal patients", Vail, Colorado, 11.-13.06.2015

Member of the Editorial Board of Frontiers in Public Health, from 2013 onwards

Member of Faculty for the Mayo School of Continuous Professional Development conference "Aeschi West: Basic principles in working with suicidal patients", Vail Colorado, 30.05-01.06.2013

Co-Founder and Co-Chair of the Special Interest Group on Culture and Suicidal Behaviour in The International Association for Suicide Prevention, from 2011 onwards

Member of the Scientific Committee for the “XXVI World Congress of the International Association of Suicide Prevention”, Beijing, 13-17.09.2011

Co-Editor of the international journal “Suicidology Online”, 2010 onwards

Member of the Scientific Committee for the “4th Asia-Pacific Regional Conference of the International Association for Suicide Prevention: A Dialogue across Disciplines and Cultures”, Brisbane, 17.11.2010

Member of the Scientific Committee for the “13th European Symposium on Suicide and Suicide Prevention”, Rome, 01.-04.09.2010

Vice President of the International Association of Suicide Prevention, 2007-2011

Member of the Scientific Committee for the “XXV World Congress of the International Association for Suicide Prevention”, Montevideo, Uruguay, 27-31.10.2009

Member of the Scientific Committee for the ”12th European Symposium on Suicide and Suicidal Behaviour”, Glasgow, Scotland (2006-2008)

Member of the Program Council for the master’s study in Health Science at the Faculty of Social Sciences and Technology Management, NTNU, 01.01.2006-31.12.2008

Member of the Scientific Committe for “XXIV World Congress of the International Association for Suicide Prevention” in Cork, Ireland (2006-2007)

Member of a working group appointed by the Directorate for Social and Health Affaires to make priority areas and strategic goals for the suicide preventive work in Norway for the perio 2005-2008 (2005)

Advisor for the Ressource Center for Suicide research and Prevention in Central Norway, from 2004 onwards

Deputy member of the Department Board of Department of Social Work and Health Science, 2004-2005

Member of the National Academic Council for Health Sciences, 2004-2007

Member of the Editorial Board of Crisis – The Journal of Crisis Intervention and Suicide Prevention, from 2004 onwards

Consulting Editor and Member of Editorial Board of the journal Suicide and Life-Threatening Behavior, from 2004 onwards

Member of national reference group for the continuation of a national centre for suicide research and prevention. Appointed by the Directorate for Social and Health Affaires, 2002-2003

Head of the Group of Health, Work and Organisational Psychology at the Department of Psychology, NTNU, 2002-2004

Member of Academic Council for assessment of project applications. Appointed by the Norwegian Board of Health, 2001-2003

Member of National Reference Group for the national project “Efforts against suicide” (follow-up of the National suicide prevention project). Appointed by the Norwegian Board of Health, 2000-2002

Member of the Scientific Committee for the ”6th World Conference on Injury Prevention and Control”, Montreal, 2001-2002

Member of National Reference Group for development of a 2-year post-experience education in suicidology at the University of Oslo, 2000-2001

National counterpart/focal point for WHO on suicide research, from 2000 onwards

Co-chair of Publication group for ”WHO/EURO Multicentre Study on Suicidal Behaviour, 2000-2001.

Deputy Head of Group for Health, Work and Organisational Psychology at the Department of Psychology, NTNU, 2000-2002

Member of the Internationalisation Team at the Department of Psychology, NTNU, 1999-2004

Deputy Member of the Regional Committee for Medical Research Ethics in Central Norway. Appointed by the Ministry of Education and Research, 1999-2008

Member of the Departmental Board of the Department of Psychology, NTNU, 1994-1996 + 1997-2004

Member of Academic Affaires Committee at the Department of Psychology, NTNU, 1993-1996 + 1999

Member of the Appointments Board at the Faculty of Social Sciences and Technology Management, NTNU, 1999-2005

Member of the Faculty Council at the Faculty of Social Sciences, NTNU, 1996

Deputy member of the Faculty Council at the Faculty of Social Sciences, NTNU, 1995

Member of the Research Committee of the University of Trondheim, 1995

Deputy Member of the Departmental Board of the Department of Psychology, NTNU, 1993-1994

**Organisation of conferences, workshops, courses, and seminars**

Organised the PhD-seminar “Culture and Health (Psychology). Concepts and Methods in a Cultural Perspective, Trondheim, 15.-17.10.07

Organised (in collaboration with Birthe Knizek og Li Tsingan) the “Work-shop on Suicide Research” at Beijing Normal University, Beijing, China, 25.09.06

Organised (in collaboration with B.L. Knizek) the ”Work-Shop on Suicide Research”. 15 particiapnts from Ghana, Uganda, Zambia og Norway. Kampala, Uganda, 25-28.01.2006

Organised the conference ”Selvmordsatferd blant ungdom – forståelse og forebygging” for councillors, health nurses and teachers. 61 participants. Trondheim, 09.10.2003

Organised the conference ”Selvmordsatferd blant barn og unge – forståelse, behandling og forebygging” for staff in the child- and adolescent psychiatry. 37 participants, Trondheim, 08.10.2003

Organised the conference ”Selvmordsatferd blant barn og unge – forståelse, behandling og forebygging” for the staff in child care services, 37 participants, Trondheim, 08.10.2003

Organised ”Den 8. Nettverkskonferansen om Selvmordsforebygging i Midt-Norge (Handlingsplan mot selvmord)”, 54 participants, Trondheim, 07.-08.10.2002

Organised a seminar on research ethics for member of the Regional Committee for Medical Research Ethics and staff at the Department of Psychology and department of Social Work and Health Science, NTNU, Trondheim 30.05.2002

Head of the organising committee for ” Den 7. Nettverkskonferansen om Selvmordsforebygging i Midt-Norge (Handlingsplan mot selvmord)”, 35 participants, Trondheim, 09.-10.10.2001

Head of the organising committee for ” Den 6. Nettverkskonferansen om Selvmordsforebygging i Helseregion IV (Handlingsplan mot selvmord)”, 40 participants, Trondheim, 22.-23.11.2000

Head of the organising committe for ” Den 5. Nettverkskonferansen om Selvmordsforebygging i Helseregion IV (Handlingsplan mot selvmord)”, 45 participants, 14.-15.02.2000

Organisor and course leader of the course ”Intervensjon ved selvmordsfare”, 24 participants, Verdal, 24.-25. november 1999.

Member of the organising committee for “Bygge og forebygge – 2. nasjonale konferanse om selvmordsforebygging”, Oslo 18.-19.10.1999

Organisor of seminar (in collaboration with B.L. Knizek) in relation to visits from Makerere University, Uganda. Trondheim, 25.08.1999

Head of the organising committe for “Den 4. Nettverkskonferansen om Selvmordsforebygging i Helseregion IV (Handlingsplan mot selvmord)”, 40 participants, Trondheim, 10.05.1999

Member of the organising committe for the “Det 3. Nordiske Humanistisk-Medisinske Symposium om Suicidal Atferd: Fra selvmordsforståelse til forebygging”. Oslo, 21.-23.04.1999

Organisor of the “Den 3. nettverkskonferansen om selvmordsforebygging i Helseregion IV”, 52 participants, Trondheim, 23.-24.11.1998

Member of the organising committe for “Handlingsplan mot selvmord - prosjektlederkonferansen 1998: Etikk og verdivalg i selvmordsforebygging”, 60 particiapnts, Trondheim, 16.-18.06.1998

Head of the organising committee for “Den 2. Nettverkskonferansen om Selvmordsforebygging i Helseregion IV (Handlingsplan mot selvmord)”, 46 particiapnts, Trondheim, 11.05.1998

Head of the organising committee for “Den 1. Nettverkskonferansen om Selvmordsforebygging i Helseregion IV (Handlingsplan mot selvmord)”, 41 particiapnts, Trondheim, 10.11.1997

Member of the organising committee for the working seminar: Undervisnings- og utdanningsprogram i selvmordslære for grunnutdanningene ved helsefaglige-, sosialfaglige- og pedagogiske høgskoler, 13 participants, Trondheim, april, 1997

**Research administration**

Suicidal behaviour in a cultural perspective. Collaborative project between Norway, Uganda and Ghana. Project leader, 2006 onwards

Self-Reported Suicidal Behaviour and Attitudes Towards Suicide in Ghana and Uganda. Project leader, 2003-2008

The meaning(s) of Parasuicide – A Qualitative Study. Project leader, 2003 onwards

Deliberate Self-Harm in Urban Uganda – a Case-control Study. Project leader, 2000-2006

National project leader of SUPPORT – European Multicentre Study on Attitudes towards Suicide, Existential Motivation and Self-reported Suicidal Behaviour (initiated by the Assembly of European Regions). National project manager, 1999 onwards

Project leader for NUFU-prosjekt DIS28/99: Collaborative project with Department of Psychiatry, Makerere University, Uganda

WHO/Euro Multicentre Study on Suicidal Behaviour: Co-worker in the period 01.10.1992-31.07.1997. National project manager from 01.08.1997 onwards.

### MISCELLANEOUS

**Development of network**

Directed the work of organising a network of professionals and voluntaires working with suicide prevention in Central Norway (1997-2003).

**Developmental work abroad**

Member of a delegation organised by the Directorate of Health that went to Slovenia to contribute to their work of developing a national suicide prevention plan. Invited by the Parliament of Slovenia, October 2002

Member of a delagation organised by the Norwegian Board of Health that went to Lithuania to contribute to their work on developing a national suicide prevention program. Invited by the Minstry of Health, Lithuania, August 2001

Been to Uganda three times (1998, 2000, 2008) to contribute to the establishment of suicide preventive work organised by the Ugandan Ministry of Health

**Guest researcher stays (1-3 months)**

2018 MRC/Uganda Research Unit on HIV/AIDS, Entebbe, Uganda

2018 Kyambogo University, Kampala, Uganda

2018 Canterbury Christ Church University, Canterbury, UK

2013 Department of Psychology, Stellenbosch University, Stellenbosch, South Africa

2013 Australian Institute for Suicide Researech and Prevention, Griffith University, Brisbane, Australia

2008 Makerere University, Uganda

2003 National Suicide Research Foundation, Cork, Irland

Australian Institute for Suicide Research and Prevention, Griffith University, Brisbane, Australia

1996 Psychiatrische Klinik und Poliklinik, Klinische Psychologie, Universität Würzburg, Germany

1995 Faculty of Social and Behavioural Sciences, Section of Clinical, Health and Personality Psychology, Rijks Universiteit Leiden, The Netherlands

**Previous membership of international organisations**

World Association of Cultural Psychiatry (WACP) (2009-2015)

American Association of Suicidology (AAS) (2004-2015)

International Association for Suicide Prevention (IASP) (1995-2021)