

Education

- PhD, NTNU, University of Trondheim, April 2015
- Orthopedic surgeon, senior consultant, May 2005
- MD (Cand Med), University of Oslo, December 1993

Relevant working experience

Senior consultant / post doc., Orthopedic department, IHT* - Lillehammer	01.08.16–today
Visiting researcher, Massachusetts General Hospital/Harvard Medical School	01.08.15–01.08.16
Senior consultant, Orthopedic department, IHT* - Lillehammer	01.04.15–01.08.15
Chief senior consultant, Orthopedic department, IHT - Lillehammer	01.09.11–01.04.15
Senior consultant, Orthopedic department, IHT* - Lillehammer	01.08.06–01.09.11
Resident, Neurosurgical department, University Hospital in North-Norway	01.08.05–01.08.06
Senior consultant, Spine surgery department, Martina Hansen Hospital	01.01.05–01.08.05
Fellow, Orthopedic department, Martina Hansen Hospital, Bærum	01.09.03–01.01.05
Resident, Orthopedic department, Hedmark Central Hospital, Elverum	21.08.00–31.08.03
Resident, Surgical department, Hedmark Central Hospital, Hamar	01.02.98–20.08.00
Intern, Surgical department, Nordfjordeid Hospital	04.08.97–06.02.98

*IHT=Innlandet Hospital Trust [Sykehuset Innlandet]

Research experiences

- Associate professor (20%), **The Norwegian University of Science and Technology**, Trondheim, Norway 01.01.18–today
- Researcher (20%), **National Advisory Unit on Spinal Surgery**, St. Olavs Hospital, Trondheim University Hospital, Norway 01.09.16–31.12.17
- Visiting researcher (Fulbright), **Massachusetts General Hospital/Harvard Medical School**, Boston, USA 15.08.15–01.08.16
- Research Fellow, (PhD candidate), **National Advisory Unit on Spinal Surgery**, St. Olavs Hospital, Trondheim University Hospital, Norway. 01.01.08–21.04.15
Defended the dissertation April 21 2015: “**Surgical Treatment Of Lumbar Spinal Stenosis: X-Stop Vs Minimally Invasive Decompression. Image assessment, treatment effects, and health economic evaluations.**”

Teaching Experience

- University Lecturer at **Oslo University, The Faculty of Medicine**, Institute of Clinical Medicine, students of 10th 01.08.06–31.07.15

Supervisor for Ph.D. candidate Ole Kristiann Alhaug in the project: **Criteria for success and failure after surgery for lumbar spinal stenosis: Assessing data quality, cut-off values and predictors from a spine registry** 01.01.2019–today

Other experiences

- President of **The Norwegian Orthopedic Association** (2019–today)
- Vice president of **The Norwegian Orthopedic Association** (2017–2019)
- President of **The Norwegian Society for Spinal Surgery** (2011–2015)
- Member of steering committee of **Norwegian Registry of Spine Surgery (NORspine)** (2010–today).
- Member of the faculty board and course leader: **Spine surgery for orthopedic candidates** (The Norwegian Medical Association). Svolvær (2013, 2014 and 2018)
- Member of the faculty board: **One day simulator course: Real Spine - by Real Surgical Training Technologies**, St.Olav Hospital (2017)
- Founder and present CEO/Editor: **Legeforlaget AS** – a publisher company for medical books. (1998–today)

Prizes

- MUSS: (Norwegian musculoskeletal research network) – National conference 2016. Best presentation: Variation in selection criteria and approaches to surgery for Lumbar Spinal Stenosis among patients treated in Boston and Norway.
- Fulbright award 2015: Comparing selection criteria for surgical treatment of lumbar spinal stenosis between Boston and Norway
- Researcher prize: Norwegian Spine Research Association conference in Oslo 20-21. April 2012: Innovation Prize 2012: [“Normalisering av muskelstyrke etter kirurgisk behandling av lumbalt prolaps med preoperativ parese”]

Memberships

Norwegian Orthopedic Association, alternate in the board since 2013

Norwegian Spine Research Association,

The Norwegian Society for Spinal Surgery

European Spine Society Advisory Board, EuSSAB